Winter break is FINALLY here!
MCAT PREP COURSE

Ready to achieve your dream score?

January 28 - April 22, 2023

Cost: $375
PRACTICE TESTS INCLUDED

Register by December 31, 2022 to receive the early-bird price of $325!

- 10 VIRTUAL sessions on Saturday mornings taught by UConn subject area experts.
- Designed as a high-quality, lower-cost option for students planning to take the MCAT in 2023 or 2024.
- The course will focus on test-taking strategies to conquer each of the four sections of the MCAT.
- The course will NOT review subject-specific content; rather, it will focus on question-based approaches to tackling the exam.

Register today at s.uconn.edu/MCAT
If you are planning on applying to medical or dental school this summer, with plans to matriculate in the fall of 2024, please keep reading.

Every year, our office works directly with applicants to medical and dental school to provide a letter packet. To receive a letter packet, every prospective applicant has to participate in our applicant support process. This process entails:

✻ Submitting a Health Professions Applicant Portfolio
✻ Participating in an Applicant Coaching Session
✻ Collecting letters of recommendation through the Health Professions Letter Packet

We are kicking off this process on January 25th, 2023 at 6 p.m. in our 2024 Cycle Application Orientation!

To learn even more about our process, visit our website here.

But wait, there's more...
The 2024 Cycle Application Orientation will take place virtually in WebEx on January 25th, 2023 from 6:00p.m. to 7:30p.m.

This orientation will cover:

- The formal application process + the **four main application components**
- How to work with our office to receive the **letter packet**
- The **timeline** for applying to health professional schools
- How to know whether or not you are **ready to apply**

Click here to read more about:

- **Application Basics**
- **Deciding When to Apply**
- **Primary Application**
- **Secondary Application**
- **Standardized Tests**
- **Letters of Recommendation**

Keep reading to learn what you can be doing now!
2024 CYCLE APPLICANT CORNER

DURING WINTER BREAK, WE ENCOURAGE YOU TO THINK ABOUT...

- Have you considered whether or not this is the "best time" for you to be applying? Our office defines the best time to apply as when you feel confident that you will achieve your goals.

- Have you scheduled/decided when you want to take your MCAT/DAT?

- Who you might ask for strong, supportive letters of recommendation?

- Doing your research into the application process and its various components; our website is a great place to start!

If you have questions, please come and meet with us! We are available during winter break ;)

READ CAREFULLY!
If you’re struggling to figure out what the right major for you is, Qristine has the advice you need. Read about her journey towards finding her plan of study and gain some tips to help you discover your best path.

OFFICE UPDATES

NEW PEER AMBASSADOR BLOG POST

CLICK HERE TO READ QIRSTINES NEWEST BLOG POST!

If you’re struggling to figure out what the right major for you is, Qristine has the advice you need. Read about her journey towards finding her plan of study and gain some tips to help you discover your best path.

UNIVERSITY OF CONNECTICUT
PRE-MEDICAL AND HEALTH PROFESSIONS
POST-BACCALAUREATE PROGRAM

UConn’s Pre-Medical and Health Professions Post-Baccalaureate Program is a small, highly selective certificate program for students who have completed an undergraduate degree and wish to strengthen their preparation for the health professions.

To learn more about our program, register for an upcoming information session!

Spring sessions will be held on:
* Thursday, January 19, 2023 from 12:00p.m. to 1:00p.m.
* Thursday, February 9, 2023 from 12:00p.m. to 1:00p.m.
* Thursday, March 9, 2023 from 12:00p.m. to 1:00p.m.
* Thursday, April 6, 2023 from 12:00p.m. to 1:00p.m.

Applications for Fall 2023 open January 1, 2023 and close May 1, 2023

Click here to visit our Post-Bacc website and learn more!

Rohin Thomas
UConn c/o 2017
Post-Bacc c/o 2019
The Spellman Lab is looking for a research technician to help discover how neural circuits drive higher-order cognition in mammals. Our work focuses on finding cell types and neural circuits that drive processes like attention, dynamic decision-making, working memory, and learning. We use cutting-edge tools and methods to measure and control neural activity in mouse models of complex decision-making.

Lab members get hands-on experience using 2-photon and 3D light field microscopy, in vivo electrophysiology, optogenetics/chemogenetics, automated high-throughput behavioral decision-making assays, and data analysis. A one-year minimum commitment needed. The position starts as early as January 2023, although it is flexible.

EMAIL DR. TIM SPELLMAN (TSPELLMAN@UCHC.EDU) FOR DETAILS!
UConn's Black Student Association currently has three executive board positions available! If you're interested, we encourage you to apply.

They're looking for:
- Treasurer
- Senior Advisor
- Event Coordinator

[Click this link to apply today!]

MLK DAY OF SERVICE
JANUARY 16TH, 2023 | 8:45 AM TO 3 PM

Dr. King believed in a nation of freedom and justice for all, and encouraged all citizens to live up to the purpose and potential of America by applying the principles of nonviolence to make this country a better place to live.

Join campus wide initiatives for a day full of enrichment and community outreach! For questions or accommodations: uconn.co.initiatives@gmail.com

THAT'S ALL, FOLKS...
DECEMBER 17TH, 2022 TO JANUARY 16TH, 2023

After a long semester, there's finally nothing going on. This is your time to rest, relax, unplug, and unwind.

We'll be sure to share more events with you next year but until then, we hope you enjoy your time off and take this opportunity to de-stress and reconnect :)

Scan here to RSVP
The Uniformed Services University of the Health Sciences (USU) is seeking applications for summer internship appointments for undergraduate students. This is a mentored research opportunity for students to be involved with improving the care of injured military service members and society at large. Participants will be exposed ongoing efforts in integrated science, technology and engineering solutions at the nation’s premier military medical school.

**SUMMER INTERNSHIP**

- The Uniformed Services University of the Health Sciences (USU) is seeking applications for summer internship appointments for undergraduate students.
- **This is a mentored research opportunity for students to be involved with improving the care of injured military service members and society at large.**
- Participants will be exposed ongoing efforts in integrated science, technology and engineering solutions at the nation’s premier military medical school.

**APPLY TO BECOME AN MCAT TUTOR!**

- MedSchoolCoach is actively seeking tutors who are bright, dynamic and engaging, preferably with teaching or tutoring experience (TA experience is great!).
- $50.00/hour w/ opportunities for raises
- Scheduling is flexible
- **Candidates must have taken the MCAT within the past 3 years, and achieved a score of 130 or higher in at least two sections of the exam.**

**PAY Biomedical Internship & Growth-Year Research Opps**

- The Buck Institute’s summer internship and gap-year programs offer undergraduate students the opportunity to investigate insights into the critical molecular and biological drivers of aging as well as translation of that research into new therapies which will improve healthspan.
- Both programs emphasize laboratory and communication skills training, such as a mock grant proposal and research presentations.
- Graduating seniors can apply to the internship program, and the gap-year program is designed to accommodate time for applications and interviews during the research.
- International students are encouraged to apply to both programs.

**NON-UCONN OPPORTUNITIES**

**SUMMER SCHOLAR**

- **App DUE**
  - January 17, 2023

**POST-BAC**

- **App DUE**
  - February 17, 2023
AAMC PREVIEW 2023 ADMINISTRATION UPDATES

WHAT IS THE PREVIEW EXAM?
The AAMC PREview™ professional readiness exam (formerly known as the AAMC Situational Judgment Test), was developed and is administered by the AAMC. It is a standardized exam designed to assess examinees’ understanding of effective pre-professional behavior across eight core competencies for entering medical school.

WHO DOES THIS EXAM APPLY TO?
- Those that are CURRENTLY applying to medical school (2022-2023 cycle)
- "During the 2022-2023 application cycle, more medical schools will begin to use the AAMC PREview™ professional readiness exam (formerly known as the AAMC Situational Judgment Test) as part of their admissions processes."

WHAT UPDATES HAS THE AAMC SHARED RECENTLY?
- The PREview exam will begin testing earlier in the calendar year. Registration will launch in January and the first administration will be offered in March.
- 2023 PREview registration will open in January 2023.
- A **single registration fee of $100 includes unlimited score delivery.** Registration fees are waived for examinees who have been approved for the AAMC Fee Assistance Program.
- PREview test dates will begin in March to ensure that 2023 PREview scores can be ready for schools to use when AMCAS opens.
- PREview scores will be conveniently released to all AMCAS schools via the AMCAS Data Exchange Service.
- Test takers will receive their AAMC PREview scores on the same day they are released to schools.

**CLICK HERE FOR MORE INFORMATION**
United States Army Health Professions and Medicine

Career and Educational Incentives Fair

Take this opportunity to learn about US Army Medical Department career opportunities and educational incentives, from graduate school scholarships to student loan repayment programs. You will also learn about Uniformed Services University of the Health Sciences (USU), America’s medical school.

December 20th 2022, 12:00 to 6:00 pm ET

Click here to register

Ongoing lectures during the day, all eastern time zone:

1:00pm—Current Health Care Trends and Indicators
Bradley Sakaguchi, MD, MBA

2:00pm—Graduate School Interview Tips
CAPT. Daniel Barbera, MD

3:00pm—Starting your Personal Statement
Charles W. Beadling, MD, FAAFP, IDHA, DMCC, Col. (Ret.) USAF

4:00pm—Experience as a Military Physician
CAPT. Kelly O. Elmore, MD

5:00pm—Health Professions Scholarship Program
Mr. David Dormann

Register today to watch all live Zoom seminars on December 20. Each seminar will have an assigned time. You can also visit virtual booths to speak with live recruiters about USU, scholarships, career opportunities, and more.

For More Information
Call or text David Dormann
410-507-3271
david.t.dormann.civ@army.mil

All registrants will be entered to win a Littmann Stethoscope
NYU LANGONE HEALTH

NYU Langone Health is the #1 Hospital in New York State. All of volunteer programs take place in the designated Emergency Department Level 1 Trauma Centers. In total, NYU Langone Health has 7 Emergency Departments across New York City, and their Emergency Departments see over 500k+ annual patient visits. NYU hospitals are teaching hospitals and their mission is to make a meaningful difference in the lives of patients, students, trainees and volunteers, and the broader community through excellence in patient care, education, and research. These programs accept undergraduates, recent graduates (within one to two years of graduation date and program start date), post-baccs, and master’s students who are interested in a career in Emergency Medicine or other area of Medicine.

PROJECT HEALTHCARE

Project Healthcare is a 9- or 10-week program that is offered at NYU Langone’s Manhattan and Brooklyn locations. The program offers hands-on experience for volunteers and allows them to grow skills as a patient advocate, observe procedures, and network with clinical staff. Volunteers will have the opportunity to rotate through different specialties, and will participate in mandatory community engagement events, a topical and appropriate NYU medical curriculum coupled with lectures and a climate medicine course and a scholarly presentation.

HEALTH CAREER OPPORTUNITY PROGRAM

The Health Career Opportunity Program (HCOP) in Emergency Medicine rotation takes a holistic approach to the Emergency Medicine field and includes rotations in complementary areas. Volunteers can expect to spend each weekday morning clinically observing in an Emergency Medicine or Emergency Medicine–related rotation, followed by mandatory HCOP lectures, small groups, and MCAT preparatory classes. Volunteers integrate with and work alongside multiple emergency care team members and travel to different neighborhoods in New York City.

RESEARCH ASSOCIATE INTERN

The Research Associate Internship grants students an opportunity to experience and observe multiple aspects of clinical research. Research Associates develop basic research skills and become an integral part of research projects and grants. Research Associates may be taught how to collect and enter data and maintain databases, participate in laboratory meetings, and gain Principal Investigator mentorship and shadowing experiences. The current Research Associate study seeking candidates is the Screening, Brief Intervention, Referral to Treatment, Opioid Education, and Naloxone Distribution (SBIRT-OEND) study.

Interested candidates can apply to all programs! To apply, click here.

- The applications should include: a program application, personal statement, a current resume, a photogram, and two letters of recommendation.
- Applications opened November 1, 2022 and will close February 1, 2023.
- Click here to register for an information session on January 5th from 6p.m. to 7p.m.
We are a group of Harvard undergraduates who work to raise awareness about humanitarian issues affecting children and mobilize the community’s resources to combat inequities worldwide.

WHAT IS THE HARVARD UNDERGRADUATE UNICEF CLUB?

"We are a group of Harvard undergraduates who work to raise awareness about humanitarian issues affecting children and mobilize the community’s resources to combat inequities worldwide."

WHAT IS THIS CONFERENCE ABOUT?

- Official Conference Title: Empowering Humanity: The Cost of Conflict and the Power of Peacemaking
- "In years past, we have brought together students from across the globe to engage with the underlying complexities and potential solutions to educational disparities, climate change, and humanitarian issues exacerbated by the Covid-19 pandemic."
- "This year, our conference is centered around international conflict. There will be workshops focused on advocacy and post-conflict reconciliation in present conflicts including Ethiopia-Tigray, Russia-Ukraine, Rwanda, and Afghanistan as well as panels featuring how wars arise, manifest, and shape the lives of children."
- Full of panels, presentations, and activities, Empowering Humanity is designed to inspire ideas, cultivate community, and create concrete change. We intend to bring the same experience to all attendees whether they are attending in-person or online."

CLICK HERE TO APPLY TO ATTEND
CLICK HERE TO LEARN MORE
The Passport to Dentistry Program has been designed to provide potential dental school applicants the opportunity to explore the world of dentistry as a career option. Through a challenging combination of academic and experiential activities, participants will gain insight and a greater appreciation for the dental profession. Students are introduced to the rewards and challenges of a career in dental medicine. Students are presented with step-by-step guidelines for applying to dental schools. Topics discussed include:

- Letters of recommendation
- Personal statements
- Interviewing skills
- The application process
- Application timelines
- Optimizing non-academic accomplishments
- Selection of schools.

The program consists of presentations and discussions with current UConn dental students. **VIRTUAL EVENT HAPPENING ON WEDNESDAY, JANUARY 4TH, 2023!**

**TO APPLY:**

Contact Ms. Tricia Avolt (avolt@uchc.edu) for an application. Seats are limited & going fast--apply today!
"The Knauert Lab at Yale School of Medicine seeks a postgraduate trainee to contribute to our studies aimed at understanding sleep and circadian disruption in the medical intensive care unit."

**TRAINING**

Candidates will receive training in various clinical research skills, including: identifying and enrolling eligible study participants in the intensive care unit, conducting study visits, laboratory handling and processing of blood and urine samples, design and maintenance of online databases. Trainees will gain extensive clinical experience by face to face interactions with patients and medical staff. Trainees will participate in the preparation of conference abstracts.

**MENTORING**

This opportunity includes 1:1 mentoring by Dr. Knauert. Direct supervision and bi-weekly meetings with Dr. Knauert to discuss short and long-term goals, scientific development, and career development. Additional informal mentorship will come from working closely with other lab members and collaborating with other researchers within the department of pulmonary, critical care, and sleep medicine.

**EDUCATION**

Candidates should have a Bachelor’s Degree in a related discipline prior to the beginning of the position.

- Prior clinical and research experience is not required, but highly preferred.
- Should be a team player, self-motivated, organized, responsible, enthusiastic, and eager to learn.
- Must have flexible schedule (able work weekends and rarely evenings).
- The position is for 1 year (extendable for one additional year with a 2-year maximum).

Interested candidates should send their applications to taylor.intihar@yale.edu

- The applications should include: a CV, cover letter and one letter of recommendation that speak directly to the candidate’s research and clinical experience and training.
- Recommendation letters must be emailed to taylor.intihar@yale.edu directly from the recommender.
- Please include your full name on every page of the items listed above.

For more information, please visit medicine.yale.edu/lab/knauert
VIRGINIA TECH CARILION SCHOOL OF MEDICINE
EARLY IDENTIFICATION PROGRAM

VT’s Early Identification Program is designed to offer students typically underrepresented in medicine engage in intensive medical school preparation during two summer sessions. The program offers lab research opportunities, clinical exposure, MCAT preparation, and professional coaching and mentorship. To apply, students must be sophomores or juniors with a 3.5 or above cumGPA, have completed one year of Biology or Chemistry with a laboratory, and express a sincere interest in medicine.

CLICK HERE TO APPLY
CLICK HERE TO LEARN MORE

HARVARD/MIT MD/PHD SUMMER PROGRAM

The Harvard/MIT Equitable Access to Research Training (HEART) MD–PhD Summer Program is a fully-funded summer research program for undergraduate students from backgrounds that are underrepresented in medicine—broadly defined. HEART Program Scholars will have unique access to clinical opportunities and conduct research at the Harvard Medical School campus in Boston, MA from May 31st - August 9th, 2023.

APPLICATION REQUIREMENTS:
- be a rising junior or senior
- have a 3.5 GPA or above
- show previous research experience
- have a committed interest in pursuing an MD/PhD

CLICK HERE TO APPLY
KENNEDY KRIEGER PUBLIC HEALTH DISPARITIES SUMMER PROGRAM

"The Maternal Child Health Careers/Research Initiatives for Student Enhancement-Undergraduate Program (MCHC/RISEUP) provides opportunities for public health education and experience to address health disparities and promote health equity. All scholars interested in maternal & child health, reducing health disparities, and promoting social justice, especially scholars from underrepresented populations in the field of public health, are strongly encouraged to apply."

CLICK HERE TO APPLY!

Remember Healthcare Husky: you are capable of achieving the stars & more! If you need help applying for any of the programs in our newsletter, please don't hesitate to reach out to us for advice. Your success is our mission!

APPLY BY JANUARY 31ST, 2023!
OPPORTUNITIES FOR STUDENTS UNDERREPRESENTED IN MEDICINE

PROGRAM FOR UNDOCUMENTED STUDENTS

PHD’s Peer Engagement and Enrichment Program (PEEP) is a graduate pipeline program for undocumented students pursuing health professions (med school, PT, nursing, etc.) that focuses on: empowerment, self-advocacy, story sharing, and professional skills. This is an 8 month long peer mentoring ONLINE program.

CLICK HERE TO LEARN MORE!

ANNUAL LMSA CONFERENCE

JANUARY 27TH & 28TH

The Latino Medical Student Association (LMSA) Conference taking place in Baltimore, Maryland will include:

- A Research Symposium
- Networking with Medical School Admissions
- Hands-On Workshops
- MCAT Workshops
- Networking with peers interested in Latino/a/x health

The Latino Medical Student Association

CLICK HERE TO LEARN MORE!

2023 BSCP CONFERENCE

MARCH 31ST & APRIL 1ST

The BSCSP Conference (taking place at The Westin Copley Place in Boston, MA) aims to provide students with an opportunity to network with individuals from the basic and clinical sciences, medicine, public health, academia and the biopharmaceutical industry. They will encourage students and provide concrete advice and information on available resources, opportunities and career paths in biomedical science and related fields.

BSCP: Biomedical Science Careers Program

CLICK HERE TO LEARN MORE!
Over winter break, our office is available for advising every week day from 10AM-3PM except for the last week of December and first week of January. You can reach us by email at any time over break!

WE HOPE THAT YOU ENJOY YOUR TIME OFF, AND PLEASE REST UP!

WARM WISHES,

The Pre-Medical & Pre-Dental Advising Office Team