Decembrrrrrrrr is here!

Back To December

Thursday, December 1st 2022
Be involved with things that that YOU like to do (rather than just "checking off boxes"). You’ll gain more from the experience and feel less tired afterwards. What matters is not how many hours or how related something is to medicine, but how PASSIONATE you are about it!

Consider joining a learning community to make friends who will inspire you to stay passionate!

Talk to upperclassmen for advice on how to set up your semesters (you don’t want to take too many hard classes in one semester if you can avoid it!).

Plan out your week every Sunday so the hustle of the week ahead feels more manageable. Think about how you can break down larger tasks for the week across different days.

Cut yourself some slack and have fun! There is value is sports and hanging out with friends if it leaves you feeling refreshed and excited to wake up the next day.

Go to office hours to help build relationships with professors and make big lecture courses to feel smaller.

Google Calendar (enough said).
The MLK Jr. Day of Service is a way to transform Rev. Dr. Martin Luther King Jr.'s life and teachings into community action that helps solve social problems. Join campus wide initiatives for a day full of enrichment and community outreach!

USG ORGANIZATIONS:

USG POP UP FOOD PANTRY

DEC 5TH & 7TH | 9 AM TO 1 PM
STUDENT UNION BALLROOM 331
All students deserve to have their food needs met. Come to the Student Union for free ingredients, non-perishables, and other goods! Please contact foodinsecurity@usg.uconn.edu with any questions.

MLK DAY OF SERVICE

JANUARY 16TH, 2023 | 8:45 AM TO 3 PM
The MLK Jr. Day of Service is a way to transform Rev. Dr. Martin Luther King Jr.’s life and teachings into community action that helps solve social problems. Join campus wide initiatives for a day full of enrichment and community outreach!

SUTURE CLINIC

MONDAY DECEMBER 5TH | 6 PM
MONTEITH 226
No experience needed to learn how to suture! Join UConn Rescue on Monday, December 5th at their suture clinic. All supplies will be provided and there will be prizes!

FOR QUESTIONS OR ACCOMODATIONS EMAIL: UCONN.CO.INITIATIVES@GMAIL.COM

FILL OUT THIS FORM TO RSVP
The Spellman Lab is looking for a research technician to help discover how neural circuits drive higher-order cognition in mammals. Our work focuses on finding cell types and neural circuits that drive processes like attention, dynamic decision-making, working memory, and learning. We use cutting-edge tools and methods to measure and control neural activity in mouse models of complex decision-making.

Lab members get hands-on experience using 2-photon and 3D light field microscopy, in vivo electrophysiology, optogenetics/chemogenetics, automated high-throughput behavioral decision-making assays, and data analysis.

A one-year minimum commitment needed. The position starts as early as January 2023, although it is flexible.

Email Dr. Tim Spellman (tspellman@uchc.edu) for details!
GET A MASTERS AT GEORGETOWN UNIVERSITY

MS in Physiology Info Session
Monday, December 5th 8-9PM
An intensive one-year, non-thesis Master of Science program that many alumni have used as a "stepping stone" prior to attending medical school, dental school, allied health programs or Ph.D. studies.

CLICK HERE TO REGISTER FOR THE INFO SESSION

MS in Pharmacology Info Session
Tuesday, December 6th 3-4PM
Georgetown University’s MS in Pharmacology program is a one-year, non-thesis degree program that offers a foundation of rigorous coursework as well as the option to do research or tailor the curriculum with a selection of elective courses from the biomedical departments.

CLICK HERE TO REGISTER FOR THE INFO SESSION

University of Notre Dame Master's in Global Health
"The University of Notre Dame’s Master of Science in Global Health (MSGH) program enables students to connect their classroom training with the complex, real health needs of low-resource communities around the world through hands-on experience. The two-year MSGH program leverages diverse resources and strengthens students’ capacities to effectively address the complex nexus of global health, development, and poverty."

CLICK HERE TO APPLY TODAY
Dr. Judy Yip is a board-certified pediatric dentist practicing in sunny California. She received her DDS from UCLA and went on to complete her pediatric dentistry training at Yale School of Medicine!

Interested in pediatric dentistry?
Friday, December 2nd 8-9PM EST
Dr. Judy Yip is a board-certified pediatric dentist practicing in sunny California. She received her DDS from UCLA and went on to complete her pediatric dentistry training at Yale School of Medicine!

2023 BIOMEDICAL SCIENCE CAREERS STUDENT CONFERENCE
The Westin Copley Place in Boston, MA
Friday, March 31 6:00 PM - 9:15 PM and Saturday, April 1 7:30 AM to 6:00 PM
The BSCSP Conference aims to provide students with an opportunity to network with individuals from the basic and clinical sciences, medicine, public health, academia and the biopharmaceutical industry. They will encourage students and provide concrete advice and information on available resources, opportunities and career paths in biomedical science and related fields.

WHOOSH! You now have everything you need within you to succeed this upcoming finals week season.
CANDIDATES will receive training in various clinical research skills, including: identifying and enrolling eligible study participants in the intensive care unit, conducting study visits, laboratory handling and processing of blood and urine samples, design and maintenance of online databases. Trainees will gain extensive clinical experience by face to face interactions with patients and medical staff. Trainees will participate in the preparation of conference abstracts.

**KNAUERT LAB | YALE SCHOOL OF MEDICINE**

_Full-time, paid position available for start on or about Feb 1, 2023_

"The Knauert Lab at Yale School of Medicine seeks a postgraduate trainee to contribute to our studies aimed at understanding sleep and circadian disruption in the medical intensive care unit."

**TRAINING**

Candidates will receive training in various clinical research skills, including: identifying and enrolling eligible study participants in the intensive care unit, conducting study visits, laboratory handling and processing of blood and urine samples, design and maintenance of online databases. Trainees will gain extensive clinical experience by face to face interactions with patients and medical staff. Trainees will participate in the preparation of conference abstracts.

**MENTORING**

This opportunity includes 1:1 mentoring by Dr. Knauert. Direct supervision and bi-weekly meetings with Dr. Knauert to discuss short and long-term goals, scientific development, and career development. Additional informal mentorship will come from working closely with other lab members and collaborating with other researchers within the department of pulmonary, critical care, and sleep medicine.

**EDUCATION**

Candidates should have a Bachelor’s Degree in a related discipline prior to the beginning of the position.

- Prior clinical and research experience is _not required_, but highly preferred.
- Should be a team player, self-motivated, organized, responsible, enthusiastic, and eager to learn.
- Must have _flexible_ schedule (able to work weekends and rarely evenings).
- The position is for 1 year (extendable for one additional year with a 2-year maximum).

Interested candidates should send their applications to taylor.intihar@yale.edu

- The applications should include: a CV, cover letter and one letter of recommendation that speak directly to the candidate’s research and clinical experience and training.
- Recommendation letters must be emailed to taylor.intihar@yale.edu _directly_ from the recommender.
- Please include your _full name_ on every page of the items listed above.

For more information, please visit [medicine.yale.edu/lab/knauert](http://medicine.yale.edu/lab/knauert)
Opportunity for Undocumented Pre-Health Students

- PHD’s Peer Engagement and Enrichment Program (PEEP) is a graduate pipeline program for undocumented students pursuing health professions (med school, PT, nursing, etc.).
- The program’s design supports students with complex immigration statuses such as DACA and Temporary Protective Status.

APPLICATION DUE: WEDNESDAY, JANUARY 4TH

CLICK HERE TO LEARN MORE!

Annual LMSA Northeast Conference

January 27 & 28 in Baltimore, MD

The Latino Medical Student Association (LMSA) Conference taking place in Baltimore, Maryland will include:

- A Research Symposium
- Networking with Medical School Admissions
- Hands-On Workshops
- MCAT Workshops
- Networking with other students interested in Latino/a/x health

Registration is only $15 for pre-med students!

CLICK HERE TO LEARN MORE
That's it for now!
Stay tuned for our next newsletter...

Until then, follow us on Instagram to stay in the loop: @UConn_Premed_Predental

And now time for some holiday shopping at the bookstore...