Welcome back to campus...
We’ve missed you!
The Health Professions Letter Packet (HPLP) application for the 2023 Cycle will close in one month on **Saturday, October 1st**. Anyone applying to medical or dental school for matriculation in the fall of 2023 that wants to receive a letter packet from our office must submit their HPLP by 10/1. **If you fail to meet this deadline, we will NOT submit a letter packet on your behalf.**

Both folks that met with us for an applicant coaching session and have a drafted cover letter and folks that did not meet with us are welcome to receive a letter packet.

**Q: What if I've decided to defer my application?**

**A:** If you have met with our office for an applicant coaching session and have decided to defer your application until a later cycle, please email us so that we can update our records.

**Q: I'm not sure whether or not to defer...**

**A:** Our advisors would be happy to discuss this decision with you. Please [make an appointment](mailto:premed_predental@uconn.edu) or email our office (premed_predental@uconn.edu).

**Q: What happens when I defer or when this HPLP closes?**

**A:** Please read the information on our website here.
This program strives to pair you with UConn graduates who are current or recent medical/dental students. You can be matched with students for up to three (3) schools, based on availability, that have invited you to interview.

These alumni are volunteering their time and, while informal, you should practice professional etiquette as they may become your future colleagues!

To participate please complete this survey. **Note: This form will remain open throughout this application cycle for you to request an alumni connection at any time.**

If you have any additional questions about the program, please contact Heather Nunes, Pre-Medical Advisor at heather.nunes@uconn.edu.

P.S. September is still very early for many schools to send interview invitations—don’t stress if you haven’t heard yet!
Welcome back, Huskies! I hope you all had a restful and fun-filled summer, whether it was time spent with friends/families, working an internship, getting clinical hours, serving your communities, or traveling. I hope you’re all ready for an exciting Fall 2022 semester. It’s nice to see things on campus going semi-back to normal as well.

—Yulianny De Los Santos

RETURNING PEER AMBASSADOR | PHYSIOLOGY AND NEUROBIOLOGY SENIOR

To the Freshmen: You’re in college!!!! Things may seem overwhelming at the moment as you navigate such a large campus while feeling the urge to find a place of belonging. That place will find you, so look into clubs you’re interested in and surround yourself with people with similar beliefs and aspirations as you. You will soon find your home away from home. Don’t be afraid to try new things—you may find hobbies and interests you didn’t know you had. Trust me, I didn’t know I would be into playing Frisbee with the Frisbee Club my freshman year. You’ll truly shock yourself (in a good way) with the new things you attempt these next few years.

To the Sophomores: Your first year at UConn was not traditional with the restrictions set in place due to the pandemic. Welcome to UConn again but officially this time, and I hope you get more out of college now than you may have last year. Classes are picking up and stress may be skyrocketing; just know that you have 300+ classmates with similar sentiments. Confide in and befriend one another—no one gets around life without the support of others. Don’t be afraid to create study groups, have study buddies to prepare for exams, and go to tutoring sessions and supplemental instruction sessions—they’re super helpful.
To the Juniors: “Battling the Unknown” should be all of your mottos in life. From a regular high school experience to a completely virtual world, you have all definitely faced barriers in ways that other classes of students may not be able to relate. Due to COVID, all of your realities became virtual for the most part, and proms, graduations, and freshman orientations were completely different. Yet here you all are overcoming those barriers put in your way. You’re all tough and I truly admire the determination and perseverance it took to remain motivated during those unconventional times.

To the Seniors: This is your last fall semester of your undergraduate careers, which is super exciting. As a senior, I have mixed feelings about these next few weeks. We are all overwhelmed with emotions—excited, anxious, nervous—for what’s to come. But here’s my advice to you all since I need to hear it from myself as well: Take it one day at a time and the days will go by before we even know it. May will come and we will graduate, so enjoy those lectures, go out with friends, and attend university events and the endless fun UConn has to offer.
Q: When can I start meeting with a pre-medical/pre-dental advisor?

A: Plan to attend a **group advising session** as your first point of contact with us! The Fall 2022 schedule will be posted at [premed.uconn.edu/events/](premed.uconn.edu/events/) as well as posted on our social media and highlighted on our newsletter.

Once you attend a group advising session, you will be able to **make an appointment** with one of our advisors. You can make appointments as frequently or infrequently as you want--it’s up to you!

To meet our advising staff, explore our profiles [here](premed.uconn.edu/faqs/) for more information.
Q: What are the prerequisites for medical/dental school?

- **Biology:** BIOL 1107 + 1108
- **Chemistry:** CHEM 1127 + 1128
- **Organic Chemistry:** CHEM 2443 + 2444 + 2445
- **Biochemistry:** MCB 2000
- **Physics:** PHYS 1201 + 1202 or 1401 + 1402
- **English:** 2 semesters of English classes
- **Math** requirements vary by school (typically 1-2 semesters)

These are the 'general' course requirements pre-health students. Please consult our advisors and the FULL list on our website if you have any questions. We are happy to help!

Q: Are AP credits accepted for prerequisite coursework?

A: AP credits are accepted on a variable basis from school to school. We strongly encourage applicants to review all of the information included on our AP Credit Policies page on our website.

**NOTE:** UConn School of Medicine does **NOT** accept AP credit for any prerequisite coursework.

There is not a "one-size-fits all" answer for whether or not to re-take courses--typically, as long as you take one year's worth of Biology, Chemistry, Organic Chemistry and Physics with a laboratory component at the collegiate level, accepting your AP credits to satisfy introductory sequences is OK. Please review the above information and request a 1-on-1 advising appointment with one of our advisors if you are unsure and we will gladly assist you.

Q: What about ECE courses?

A: Yes, ECE courses are collegiate-level coursework and will count to fulfill prerequisite requirements.
Volunteer for Charity at the Hartford Marathon!

Looking for a volunteer opportunity or another race to run? Join the Massachusetts Academy of General Dentistry (AGD), an official charity partner for the upcoming Hartford Marathon, on Saturday October 8th.

Currently the AGD is looking for both volunteers as well as runners to help support their cause (prevention of oral cancer through dentistry). This is a fantastic way to give back to the community while also meeting dentists and other healthcare professionals!

Click here to sign up to be a volunteer (shifts are 4 hours long) or click here to be a runner (marathon, half-marathon, 5K options available).

Please contact Sarita Patel DDS at sbp285@gmail.com or 860-857-7550 with any questions or concerns.

*Announcement Regarding Study Abroad Funding*

Effective spring 2023, Education Abroad will move from a fee-based program to a tuition-based model, which will allow students to apply their financial aid and university scholarships toward the cost of participating; in other words, students will soon be able to apply their full financial aid package, including UConn scholarships, to these programs.

Click here for a full list of UConn Study Abroad programs & contact the Experiential Global Learning Office with any questions that you may have.
SIGN UP FOR A POP-UP COURSE!

UConn debuted pop-up courses in spring of 2020 with a class on the COVID-19 pandemic, which enrolled over 4,000 students – the largest in the history of the institution. Since then, pop-ups have been offered every semester. Pop-up classes are taught online in a multidisciplinary and integrated fashion by faculty from various schools and colleges. The classes focus on important contemporary topics and give students core knowledge on a subject with opportunities to continue exploration beyond the course.

This Fall's offerings...

★ Confronting Anti-Asian Racism  
UNIV 3088001 | Class # 16594 | Meeting 8/29 through 10/14

★ Climate Crisis: Take Action  
UNIV 3088002 | Class # 16595 | Meeting 8/29 through 10/14

★ U.S. Anti-Black Racism  
UNIV 3088003 | Class # 16596 | Meeting 10/17 through 12/09

★ New Topic TBD  
UNIV TBD | Class # TBD | Meeting 10/17 through 12/09

All courses are one credit & online.
ATTEND A TALK BY DR. MOHINI DAULTANI!

SUNDAY, SEPT 5TH 8-9PM

Dr. Mohini Daultani is a periodontist & implantologist who has been the recipient of the international award "Top Doctors Choice Awards" by Doctors Choice Awards (DCA) 2020.

For more information, please visit: hearts4health.wixsite.com

HEAR FROM A VARIETY OF VCOM PHYSICIANS!

WEDNESDAY, SEPT 28TH 12:30PM

Gunnar Brolinson, DO
Sports & Family Medicine

Ray Morrison, DO
General Surgery

& Cyrenah Stokley, DO
Family Medicine

are excited to share with you their journeys in medicine!

Click here to register!
ATTEND A VIRTUAL PRE-MED CONFERENCE!

Join the American Medical Women’s Association local chapter at Albert Einstein College of Medicine on Sunday September 18th from 12-3PM for their VIRTUAL pre-med conference open to all students interested in applying to medical school. The conference will feature a panel with the school’s admissions committee, a panel with medical students, as well as an event on mock interviews.

If interested, kindly RSVP using the following Google Form. Dress code is business casual. Please do not hesitate to reach out with any questions or concerns at amwa.aecom@gmail.com.

APPLY TO SHADOW PHYSICIANS ABROAD!

Looking for an opportunity to shadow in Europe? Atlantis, the global leader in healthcare experiential education for college students, is currently accepting applications for their Summer 2023 programs. Fun fact: Atlantis Alumni have been admitted to 40 of the top 50 MD programs in the US.

CLICK HERE TO LEARN MORE ABOUT ATLANTIS
Health360 is currently accepting applications for the CT Area Health Education Center (AHEC) Network HEALTHForward AmeriCorps program.

**AS OF SEPTEMBER 1ST THE FOLLOWING LOCATIONS ARE STILL SEEKING APPLICANTS:**
- **Farmington** (UConn Health)
- **Norwich** (Health Education Center)
- **Shelton** (Southwestern AHEC)
- **Waterbury** (Health360)

This is a full-time 10-month commitment starting in September (as of September 1st, applicants are still being accepted). This is the perfect growth year opportunity!

**Click here to read the full position description including stipend & education award information!**

Interested applicants should email their resumes to Andrew Oravecz at oravecz@health360.org.
The cornerstone of the UConn American Association of Neurological Surgeons (AANS) Medical Student Chapter is to provide mentorship and exposure in neurosurgery for medical students, undergraduate pre-medical students, and any other students with interest in neurosciences.

Virtual Zoom meetings are held on the first Wednesday of each month at 5:30PM. In these meetings, students are exposed to current research projects within different subspecialties of neurosurgery and are provided with information on how to get involved in projects.

Once you have attended a meeting and found a project that you are interested in, you will be able to contact the corresponding medical student & faculty (please include your resume/CV as well as career aspirations in your email).

Click here to learn more about UConn’s AANS chapter.

MCAT Self Prep is an MCAT Prep Course company that emphasizes a holistic and minimum-cost approach to MCAT preparation by utilizing a broad range of the best free and low-cost resources for earning top MCAT scores.

Each month, MCAT Self prep shares their very best recommendations on the latest resources, trending articles, and exclusive deals and discounts. This month’s recommendations include a 99th Percentile MCAT Study Plan Spreadsheet & 5 Key Elements of a Good Study Plan.
FOR STUDENTS UNDERREPRESENTED IN MEDICINE

LOOK AT LARNER

An In-Person View of the UVM Larner College of Medicine

September 9 - 10, 2022

“Look at Larner” is an outreach program taking place September 9-10 at the Larner College of Medicine at the University of Vermont. It is designed for students from underrepresented backgrounds who have a strong interest in attending medical school. The program provides:

- An in-person opportunity for pre-medical students to shadow a current medical student
- A tour of the Larner campus and attendance at a special admissions forum
- Opportunity to attend faculty-led presentations on various medical specialties
- Opportunity to learn and practice clinical skills in the Clinical Simulation Laboratory
- Opportunity to attend a med school mixer and medical student Q&A panel
- Opportunity to explore the Burlington area with a host

Please note that application to the program will close on August 9. Participants will be notified of their acceptance by August 12.

Applicants are responsible for travel fees to Burlington, and will be housed with a medical student host. Meals throughout the programming schedule will also be provided.

Applicants need not be accepted students to participate in this program, and it is open to all underrepresented people in medicine who are applying to medical school and would like to take a “Look at Larner.”

Applications are now open at go.uvm.edu/lookatlarner

The University of Vermont
LARNER COLLEGE OF MEDICINE
ATTEND AN IN-PERSON PODIATRY CONFERENCE!

If you are interested in providing healthcare and exploring a career in surgery, wound care, sport medicine, and diabetic foot care, join us for a conversation with Dr. Eboni Vincent, a highly trained foot and ankle surgeon and a star on the TLC television show "My Feet Are Killing Me."

Saturday, October 1, 2022
10:00am-3:00pm (EST)

Attendees will have the opportunity to participate in a suturing, skin grafting, and casting workshop.

LUNCH, PARKING AND PRIZES AVAILABLE - SPACE IS LIMITED

148 N. 8TH STREET  PHILADELPHIA, PA 19107
MUST BE REGISTERED TO PARTICIPATE

Call 215-777-5751  Questions???
Register   podiatry.temple.edu

CLICK HERE TO RSVP!
Dr. Dortche graduated from UConn in 2015 as both a Honors & Rowe Scholar with a degree in Physiology and Neurobiology. During her time at Storrs, she was involved with Community Outreach and danced for PRLACC and AACC during UConn’s annual LipSync competitions. Notably, she was the president of MAPS (Minority Association of Pre-Medical Students) and helped to revitalize the organization. More recently, she earned her MD from the Perelman School of Medicine and her MPH from the Columbia Mailman School of Public Health. This past July Dr. Dortche became a first-year resident in the Urology Residency Program at Cleveland Clinic in Ohio.

"By the end of all my training when I’ll finally be an attending, I’ll be 35 and it’s like—allright, it’s long, I get it, but I’ll be 35 and doing what I love. Either way time is gonna pass, so you might as well do what you want."

To hear more from Dr. Dortche and other alum, visit our website!
Drop-by appointments are only ten (10) minutes long but you are always welcome to schedule an appointment with one of our advisors!

**When can I drop by the office (without an appointment)?**

For Fall 2022, our drop-in advising hours will be every **Thursday** from 1:00-3:00PM.

**What kind of stuff can I ask questions about?**

Anything! AP/ECE credit, retaking courses, application basics, MCAT scores, etc. *Think of these sessions as a way to quickly point you in the right direction & save you an email!*

Drop-in appointments are only ten (10) minutes long but you are always welcome to schedule an appointment with one of our advisors!
That's it for now!

Stay tuned for our next newsletter...

Until then, stay in the loop with us by following us on Instagram @UConn_Premed_Predental!

GOOD LUCK THIS SEMESTER!

DON'T FORGET TO DO THE BONE DANCE AGAIN & AGAIN UNTIL YOU GET IT RIGHT...

That's it for now!