

**UCONN PRE-MEDICAL & PRE-DENTAL
ADVISING OFFICE BIWEEKLY NEWSLETTER**
Thursday, August 11, 2022



*August slipped away
into a moment in time...*

We hope you can enjoy every last bit of
summer sun before we head back to campus!

2023 CYCLE APPLICANT CORNER

Q: I had my coaching session earlier this summer but I still don't have all my letters in. Will I still get a personalized cover letter?

A: Yes, you will! The August 1st deadline we had earlier this month was for your HPAP, not your HPLP. In other words, it's okay if not all of your letters are in. Be sure to give your writers a gentle nudge to get those letters in as soon as they can though if you haven't already!

As long as you pressed "submit" on your HPAP on/before August 1st, you *will* receive a personalized cover letter. Your HPLP should be completed ASAP but there is no firm deadline approaching.

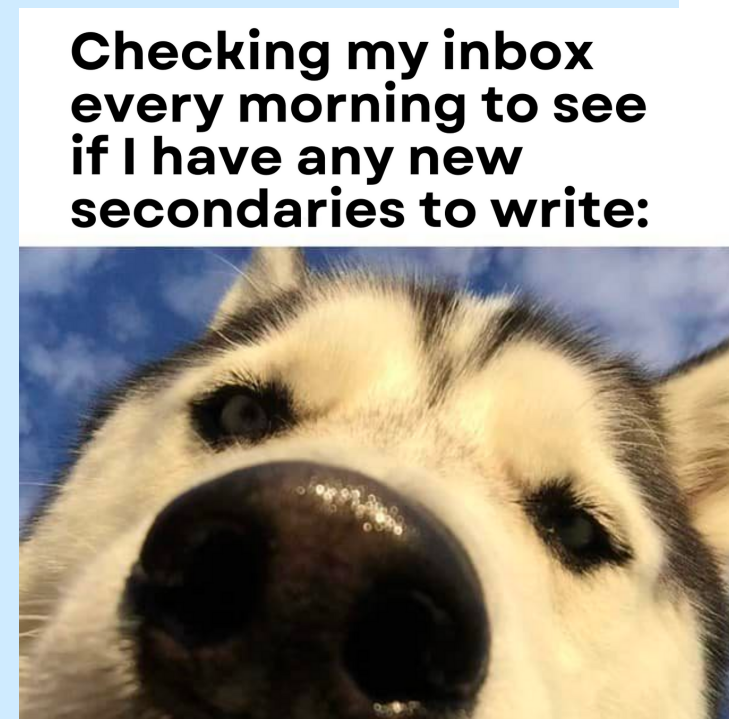
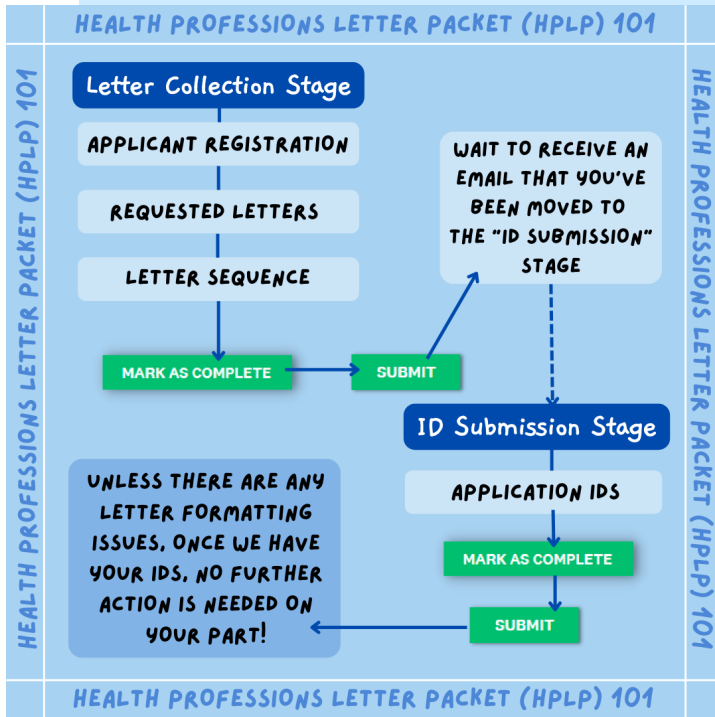
Q: All of my letters are in Quest (HPLP). When will you submit my letter packet?

A: Be sure to press "**Mark As Complete**" and "**Complete**" so that we know all of your letters are in! This will send us an automated email that your HPLP is ready for us to review.

Within 48 hours of you submitting your HPLP, you should receive an email from Quest that you have been moved to the "**ID submission stage**" which is when you'll share your application IDs with our office.



2023 CYCLE APPLICANT CORNER



WELCOME UCONN CLASS OF 2026!



Q: When do I start meeting with a pre-med advisor?

A: Plan to attend a **group advising session** as your first point of contact with us! The Fall 2022 schedule will be posted at premed.uconn.edu/events/ as well as posted on our social media and highlighted on our newsletter.

Don't worry -- it'll be hard to miss this information! :)

Q: Are AP credits accepted for prereq coursework by med/dental/PA schools?

A: AP credits are accepted on a variable basis from school to school. We strongly encourage applicants to review all of the information included on our AP Credit Policies page on our website.

NOTE: UConn School of Medicine does NOT accept AP credit for any prerequisite coursework.

Q: What about ECE courses?

A: Yes, ECE courses are collegiate-level coursework and will count to fulfill prerequisite requirements.

For more information, please visit: premed.uconn.edu/faqs/

WELCOME UCONN CLASS OF 2026!

More useful resources regarding AP credits:

- premed.uconn.edu/advanced-placement-ap-credit-policies/
- premed.uconn.edu/wp-content/uploads/sites/216/2022/08/Medical-School-Admissions-and-Advanced-Placement-Guidance-2022.08.pdf

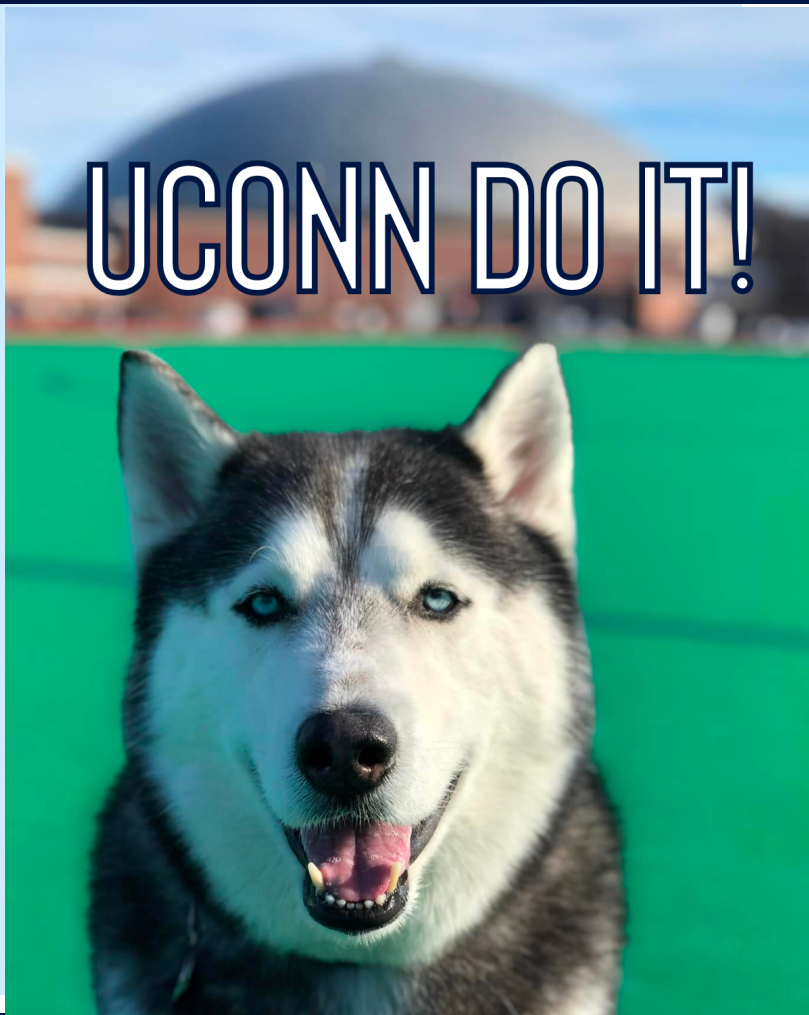
There is not a "one-size-fits all" answer for whether or not to re-take courses like Biology 1107 after receiving a 5 on the AP Bio exam (for example). Please review the above information that we have shared, and request a 1-on-1 advising appointment with one of our advisors if you are unsure and we will gladly assist you.

Q: What are the pre-req courses for med/dental/PA school?

- **Biology:** BIOL 1107 + 1108
- **Chemistry:** CHEM 1127 + 1128
- **Organic Chemistry:** CHEM 2443 + 2444 + 2445
- **Biochemistry:** MCB 2000
- **Physics:** PHYS 1401 + 1402
- **English:** 2 semesters of English classes
- **Math** requirements vary by school (typically 1-2 semesters)

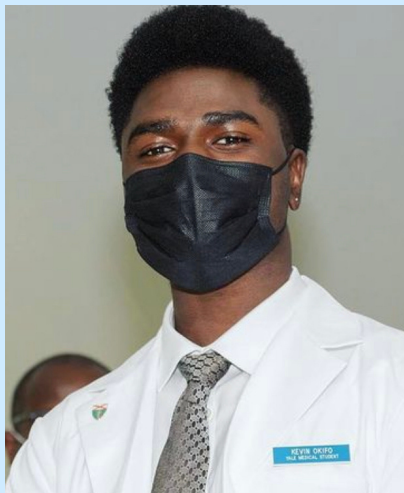
These are the 'general' pre-reqs for pre-health students. Please consult our pre-med advisors and the FULL list on our website if you have any questions.

We are happy to help!



MCAT PREP COURSE SCHOLARSHIP CONTEST

Submit a quote about your pre-med journey for a chance to win a MCAT prep course scholarship!



Any UConn student or alumnus who plans on taking the MCAT within the next year or so is eligible to apply for this contest, as the scholarship must be activated by September 20th.

**DEADLINE TO SUBMIT:
FRIDAY, AUGUST 19TH**

S.UCONN.EDU/MCATCONTEST22

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[S.UCONN.EDU/MCATCONTEST22](https://s.uconn.edu/mcatcontest22)

NEURODIVERSITY IN STEM COURSE

Incoming students in STEM fields who identify as neurodiverse are invited to join the Neurodiversity in STEM Learning Community by enrolling for the respective UNIV 1810 First Year Experience (FYE) course ([UNIV 1810 - section 078](#)).

Explore issues relevant to students in STEM of any discipline who identify as neurodivergent, including, but not limited to, students with *ADHD, autism, anxiety, dyslexia, or learning differences*.

- Learn about your strengths
- Cultivate creativity
- Build self-advocacy skills
- Develop self-awareness
- Learn how to use campus resources

Neurodiverse freshmen in STEM finding out about...



POV: You learning about accommodations and resources on campus so that you can reach your full potential in STEM:



More detailed information can be found at:
<https://neurodiversity.engr.uconn.edu/community/>

If you would like to register, please reach out to **Connie Syharat** (connie.syharat@uconn.edu) for a permission number.
A formal diagnosis is not necessary to enroll in this course.

ARE YOU A FIRST OR SECOND YEAR LGBTQ+ STUDENT LOOKING FOR A MENTOR?

The Rainbow Center's FAMILIEE Mentoring Program is gearing up for the 2022-2023 Academic Year! The application to be matched is

<https://docs.google.com/forms/d/e/1FAIpQLScsvpsnIEWSU1vLTPqzwvpFv1GGbOajtDNHmyBjPbDqo2zvUQ/viewform>



UPCOMING WEBINAR

DR. UMAIR SHAH

Dr. Shah is the Secretary of Health at Washington State Department of Health. He is the first Asian-American physician to be in this leadership role.

THURSDAY 8/18
7-8PM EST

HEARTS4HEALTH.WIXSITE.COM



FOR UNDERGRAD STUDENTS WHO ARE INTERESTED IN EXPLORING THE DO ROUTE:

**INTRODUCING
THE NEW**

PRE-SOMA MEMBERSHIP



**CHECK IT OUT
AND JOIN TODAY**



WHAT IS PRE-SOMA?

- The Student Osteopathic Medical Association (SOMA) is the nation's largest network of Osteopathic medical students and is the student branch of the American Osteopathic Association (AOA)
- Pre-SOMA is a branch of SOMA dedicated to guiding pre-medical students and introducing them to Osteopathic medicine
- Pre-SOMA creates a community for pre-medical students before applying to medical school

WHAT ARE THE BENEFITS?

Pre-SOMA's goal is to provide you with tools, resources, and experiences to help you become the best, most well-rounded medical school applicant you can be.

- Connections and mentorship with osteopathic medical students and physicians
- National conferences, workshops, and events
- Collaboration with other students in your region
- Bigger scholarships than ever before
- Addition of an annual research symposium
- Discounts on MCAT prep materials
- Medical school application assistance
- Leadership opportunities

**Cost: \$25 PER
YEAR**

STUDENTDO.ORG/PRE-SOMA

Virtual Physician Experience with VCOM!

Hear from current physicians about their journey to practicing medicine!



Two dates - choose one or both. More physicians will join us in September!

**August 25th @ 5:00
EST/ 4:00 CST**

**Dr. Brian Winston, DO:
Family Medicine**

**Dr. Langley, DO:
Internal Medicine**

**Dr. Jonathan Schneider, DO:
Orthopedic Surgery**

**Dr. David Stephen, DO:
Pathology**

**Dr. Mikey Brisson, DO:
Family Medicine**

**September 28th @ 12:30 PM
EST/ 11:30 AM CST**

**Dr. Ray Morrison, DO:
General Surgery**

**Dr. Gunnar Brolinson, DO:
Sports Medicine/ Family Medicine**

**Dr. Cyrenah Stokley, DO:
Family Medicine**

[CLICK HERE TO REGISTER OR COPY
AND PASTE THE LINK BELOW](https://forms.office.com/r/MndeZFprS9)

<https://forms.office.com/r/MndeZFprS9>

We look forward to seeing you!



An In-Person View of the UVM Larner College of Medicine September 9 - 10, 2022

“Look at Larner” is an outreach program taking place September 9-10 at the Larner College of Medicine at the University of Vermont. It is designed for students from underrepresented backgrounds who have a strong interest in attending medical school. The program provides:

- An in-person opportunity for pre-medical students to shadow a current medical student
- A tour of the Larner campus and attendance at a special admissions forum
- Opportunity to attend faculty-led presentations on various medical specialties
- Opportunity to learn and practice clinical skills in the Clinical Simulation Laboratory
- Opportunity to attend a med school mixer and medical student Q&A panel
- Opportunity to explore the Burlington area with a host

Please note that application to the program will close on August 9. Participants will be notified of their acceptance by August 12.

Applicants are responsible for travel fees to Burlington, and will be housed with a medical student host. Meals throughout the programming schedule will also be provided.

Applicants need not be accepted students to participate in this program, and it is open to all underrepresented people in medicine who are applying to medical school and would like to take a “Look at Larner.”

Look at Larner Coordinators



Applications are
now open at
go.uvm.edu/lookatlarner



The University of Vermont
LARNER COLLEGE OF MEDICINE

The AAMC defines Underrepresented in Medicine (URM) as racial and ethnic populations that are underrepresented in the medical profession relative to their numbers in the general population. URM groups include African-American/Caribbean-American; Mexican-American; Native-Americans (American-Indians, Alaska Natives, Native Hawaiians); Central and South Americans; and Puerto Ricans. We are expanding this definition to include sexual orientation as Transgender or Non-Binary.

Alumni Spotlight

Irelowatomiwa "Ire" Opayemi

Studying at UConn SoM in the MD Program

UConn Class of 2020

Molecular & Cell
Biology with a minor
in Psychology

At UConn, Ire was
involved with...

- Huskies4Haiti
- the Honors Program



Ire is a big advocate for mental health, advocacy, and equity. Currently, he's involved with **Medical Minds Matter** as the Vice President, as well as with the UConn chapter of **Student National Medical Association (SNMA)** as the secretary. As a future doctor, Ire hopes to help eliminate the stigma of mental health in healthcare and more specifically in minority culture.

**Check out our "Black Males in
Medicine" Alumni Chat
(4.20.2021) to hear from Ire!**

Alumni Spotlight

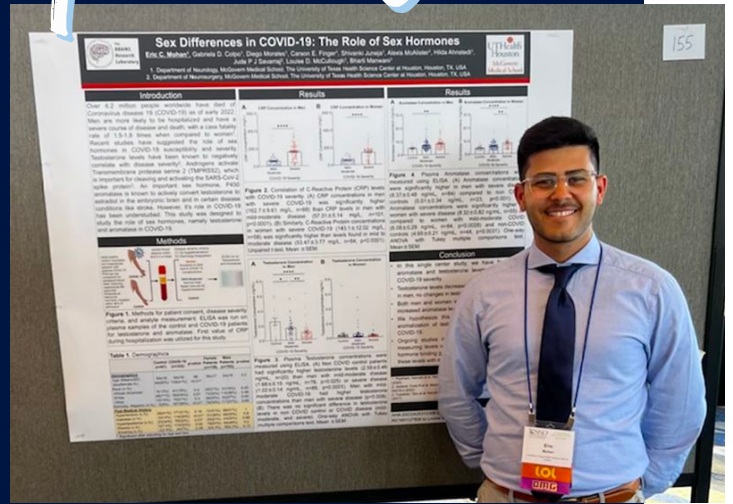
Eric Mohan

Studying at the
University of Texas
Health McGovern Medical
School in the MD Program

UConn Class of 2020
with a degree in Chemistry

"I was rejected from medical school the first time I applied, and *IT'S OK!*

I quickly learned that they were judging an application and not me as a person. I contacted some mentors and admins in the admission offices to ask what I could do better, formed a plan to address those deficiencies, and tried my hardest to accomplish them within the next application cycle. It's important to know when to apply because it is very competitive, and while some people might not want to take a few gaps years, it's important to develop and mature as a human being. After all, if you can't take care of yourself how are you going to take care of others?"



Are you an alum looking to give back?
Visit premed.uconn.edu/alumni-engagement/

That's it for now!

Stay tuned for our next newsletter...

Until then, stay in the loop with us by following us on Instagram [@UConn_Premed_Predental!](https://www.instagram.com/UConn_Premed_Predental/)

