



MEDICAL  
MINDS  
MATTER

**UConn**  
PRE-MEDICAL AND  
PRE-DENTAL ADVISING  
OFFICE

# CHAT WITH ALUMNI

VIRTUAL SPRING SERIES 2022

**Mental Health  
in  
Medicine**

Join our alumni, UConn's Medical Minds Matter chapter, and Dr. Pella to learn about caring for your mental health as a pre-med and in medical school

**Wed, March 30th 7:30pm**

[HTTPS://UCONNVTC.WEBEX.COM/MEET/PREADVIS](https://uconnvtc.webex.com/meet/preadvis)





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## Mental Health in Medicine



**Dr. Pella**  
**UConn Health**

Dr. Pella is a faculty member in the Psychiatry Department at UConn Health. He completed a Master's degree in developmental psychopathology and a doctorate in developmental psychology from the University of Reading. He works with students through various stages of medical education. These stages include admissions, as a preceptor of Delivery of Clinical Care, as the Director of VITAL 1.2, and teaching in the Psychiatry Clerkship. Dr. Pella is also a basic science researcher, focusing on implementing interventions for pediatric anxiety treatment in schools.

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**Kyle Kalotai**  
**NYITCOM**

My name is Kyle Kalotai and I am a 2nd year medical student at the New York Institute of Technology College of Osteopathic Medicine (NYITCOM). I am the current president of the emergency medicine club at NYITCOM, I am an active EMT-B, and I am wholeheartedly committed to Emergency Medicine as my future specialty. I graduated from UConn in 2019 with a Bachelors of Science in Chemistry and was heavily involved in extra curricular activities while at school.

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Rohit attended UConn for undergrad from 2016-2020, where he received his degree in biomedical engineering. He is now a first year medical student at University of Connecticut School of Medicine. In his free time, he enjoys hiking, lifting and staying active as much as possible.

**Rohit Makol**  
**UConn SOM**

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# MEDICAL MINDS MATTER

We aim to destigmatize mental health in medicine by empowering premed students to be mental health advocates!

Plans for Spring 2022:

- Big Little program
- Semester success strategies and pick times workshops
- Guest speakers: medical students, physicians, residents, etc.
- Open discussions on pre-med mental health strategies
- Self-care events
- and more!



Scan the QR Code  
to fill out the  
interest form!



✉ **Email:** [uconnmedicalmindsmatter@gmail.com](mailto:uconnmedicalmindsmatter@gmail.com)

📷 **Instagram:** @mmm\_uconn