

# 2023 Cycle Application Orientation



# Agenda

- Housekeeping
- Application services
- Application components
- UConn letter packets & process
- What happens after?

How I think I look explaining the premed process to my bartender at 3:00 am vs how I actually look.



## Two overall goals

- Inform you about the application process to health professional schools and the ways our office will support you in this process
- Enable you to gauge whether you feel ready to put your best foot forward in applying to health professional schools this cycle

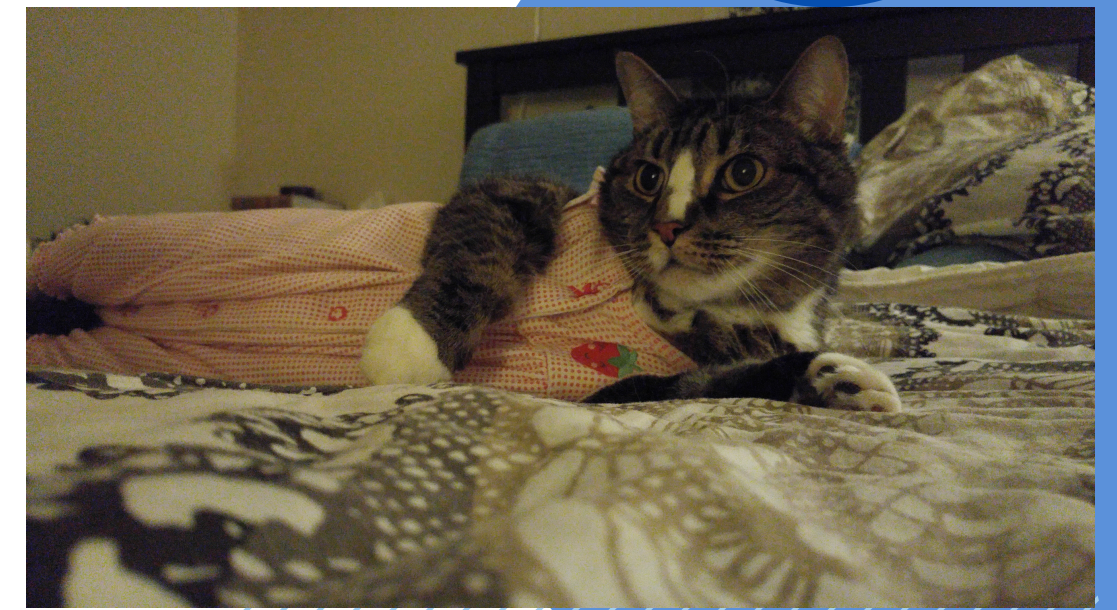
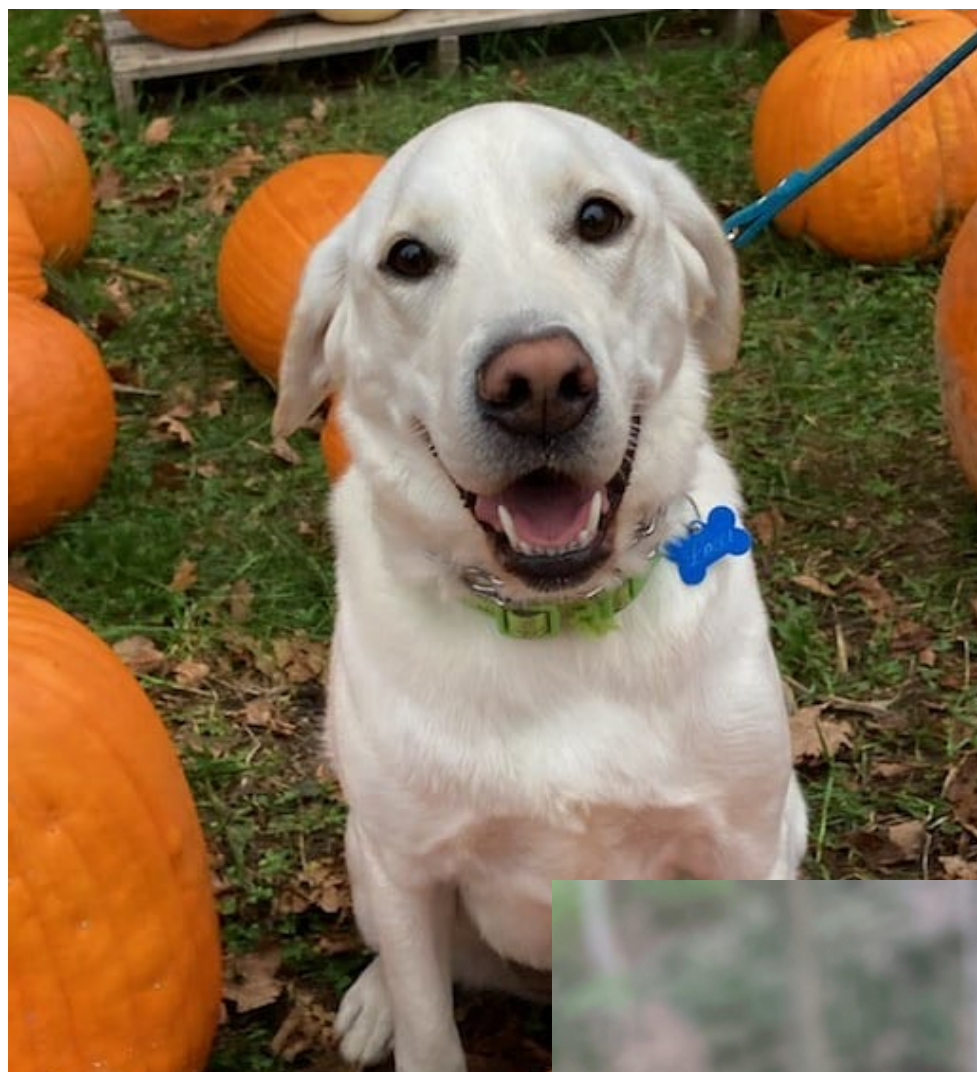


# Two overall goals



# Pet Policy

*If a pet enters the camera frame of a presenter during our orientation, we will "paws" our discussion for an introduction to that pet and admiration by all.*



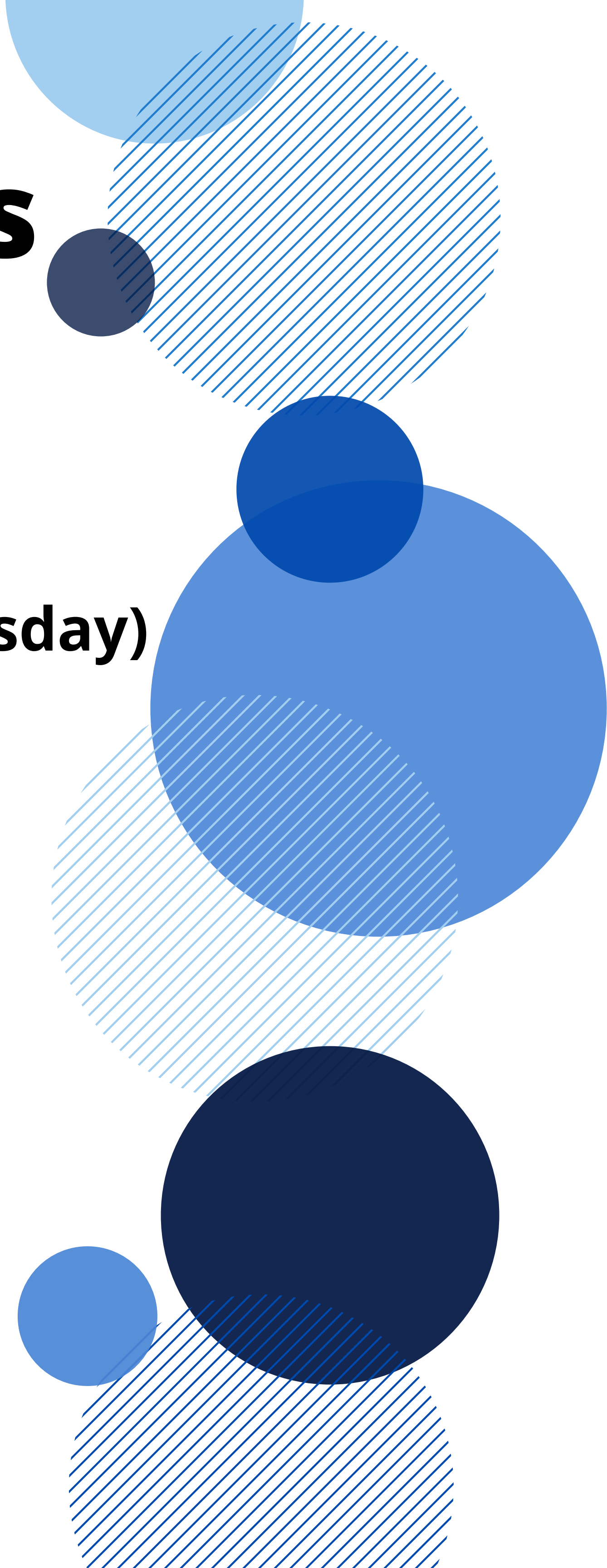
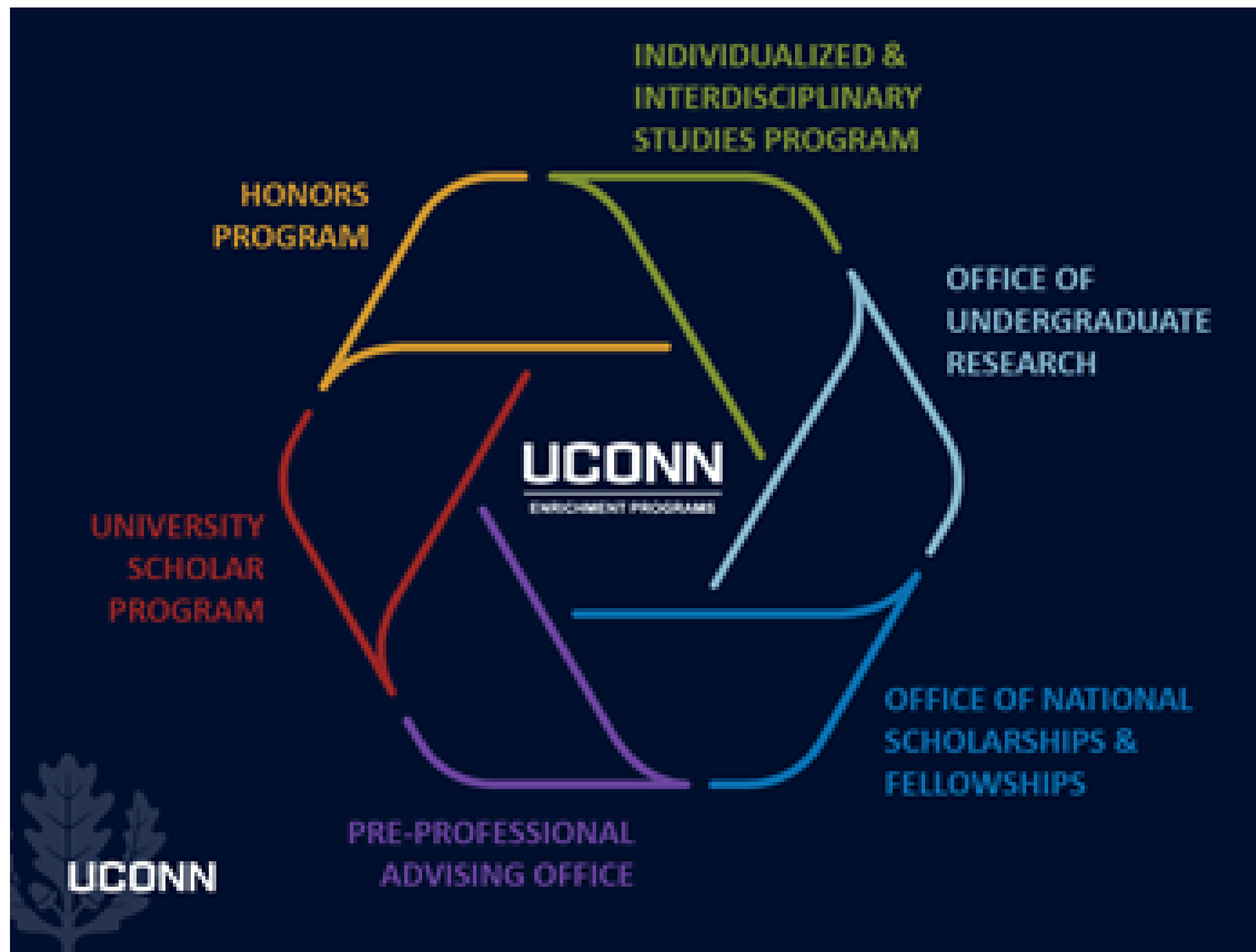
# Get to Know Us

[premed.uconn.edu](http://premed.uconn.edu)

[premed\\_pre dental@uconn.edu](mailto:premed_pre dental@uconn.edu)

Instagram: [uconn\\_pre med\\_pre dental](https://www.instagram.com/uconn_pre med_pre dental)

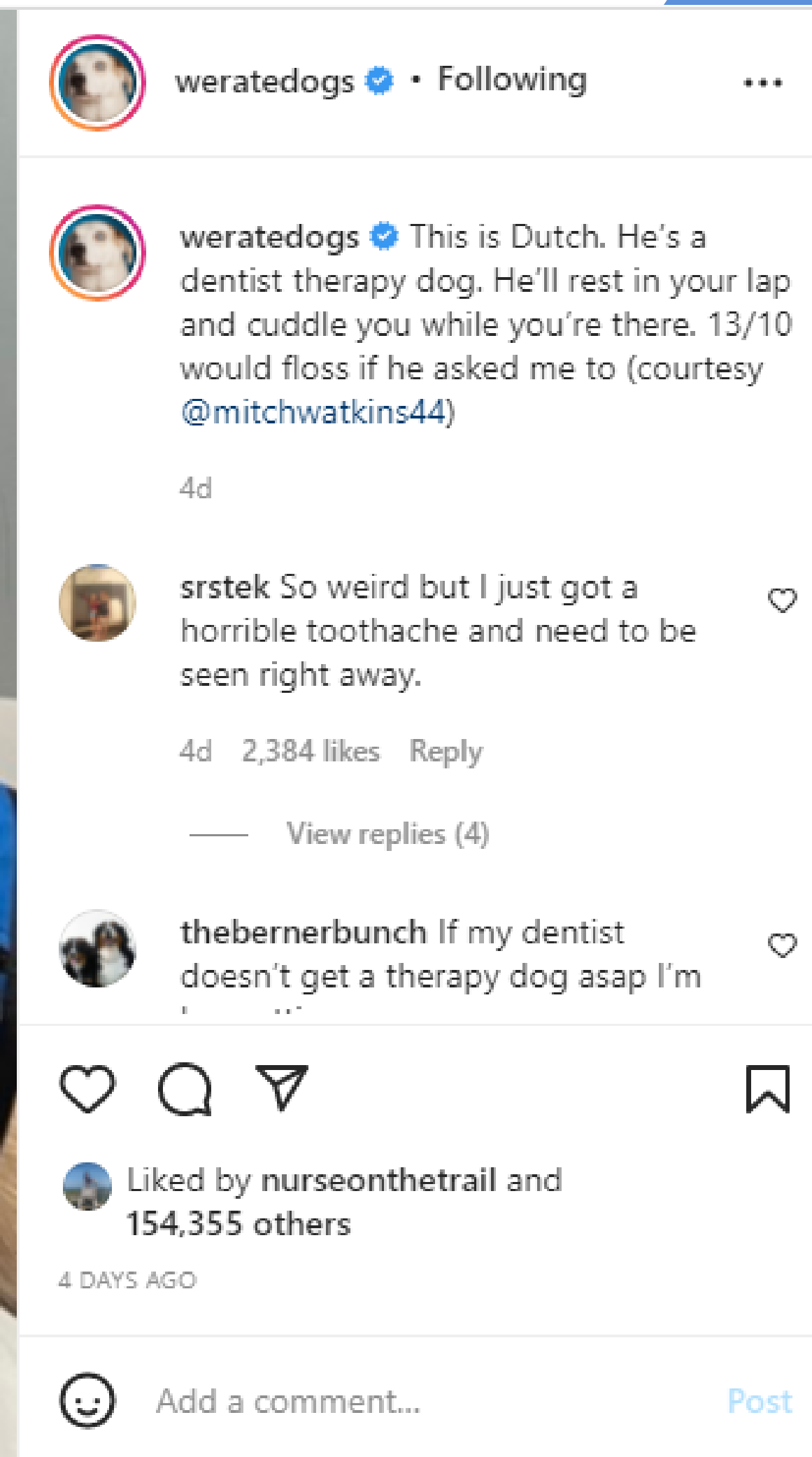
**Rowe Building, 4th floor (Monday, Tuesday, Thursday)**



# Get to Know Us

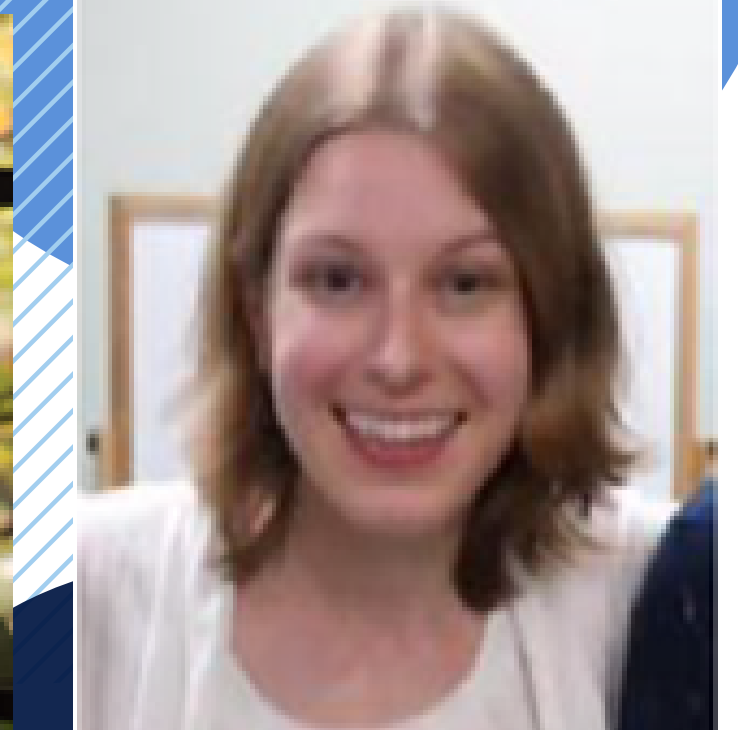
ListServ/weekly newsletter

Email [premed\\_predental@uconn.edu](mailto:premed_predental@uconn.edu) to be added  
Primary source of information for 2023 cycle!



## Advisors

- Erin Ciarimboli, PhD, Director
- Thomas Abbott, PhD (Pre-Dental)
- Emma Belliveau, BS
- Heather Nunes, MS
- Paris Pruitt, MA
- Krista Rogers, MA
- Susan Ruggiero, MS
- Keat Sanford, PhD
- [Advisor profiles](#)





## Let's Connect

- **Student Administrative Assistants**

- Emily, MCB '24
- Hannah, AHS '23



# Let's Connect

- **Health Professions Peer Ambassadors**

- Six inaugural members
- [Bios here!](#)



**Aesha  
Anthony  
Keely  
Nour  
Qristine  
Yulianny**



## Foreword

### ~Our commitment~

At the Pre-Medical and Pre-Dental Advising Office, we recognize the importance of Black and Brown lives, acknowledge systems of oppression, and center diversity, equity, and inclusion in all aspects of our work.

To this end, we are committed to a sustained, holistic approach to advising that supports and celebrates the success of students from historically marginalized, underrepresented groups.

## Events page!

# Spring 2022 Events

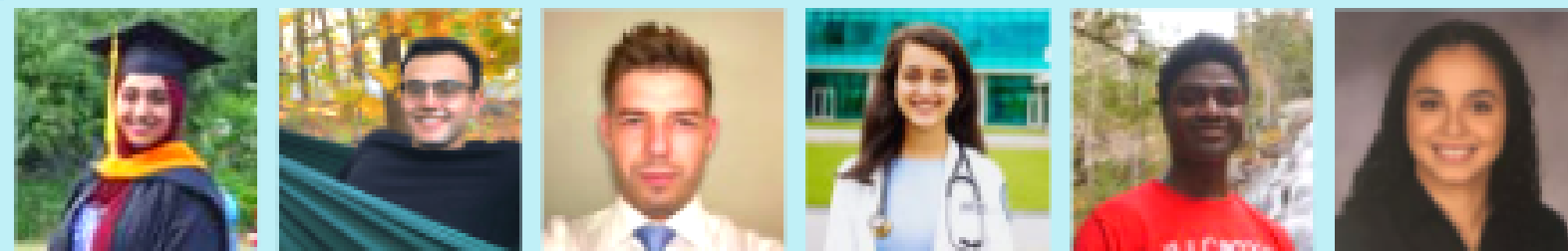
ALL EVENTS WILL TAKE  
PLACE AT:

<https://uconnvtc.webex.com/meet/preadvise>

## Navigating the Healthcare Admissions Interview Wednesday, July 21st

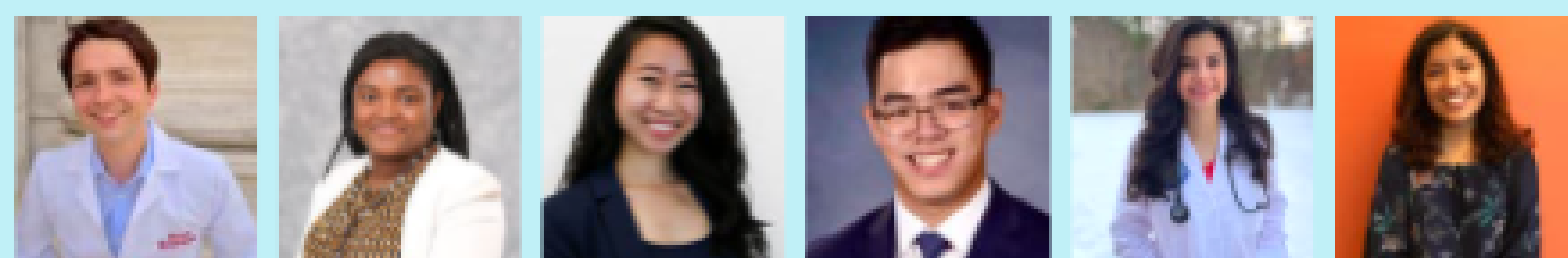
9:00AM to 10:15AM - Workshop presentation  
for current cycle applicants

10:30AM to 11:45AM - Alumni Panel 1



**Maryyam Ali** Molecular & Cell Biology, French minor '18 / University of Rochester, M.S. '20 / NYU COM '21  
**Suleyman Bozal** Molecular Biology & Biophysics '17 / Yale BSM '21 & '22  
**Mark Gibson** National University of Ireland, B.S., M.S. / UConn Post-Bacc Program '18 / UConn BSM '21  
**Nazli Moril** Molecular & Cell Biology '16 / MS+OCOM '21  
**Kevin Okifo** Biological Sciences, Physiology & Neurobiology minor '20 / Yale BSM '21  
**Klara Gordina** Physiology & Neurobiology, Molecular & Cell Biology minor '18 / Columbia University, College of Dental Medicine '21

5:30PM to 6:45PM - Alumni Panel 2



**Adrian Goebel** Molecular and Cell Biology, B.S. and M.S., Molecular Biology '17 / Harvard Medical School '21  
**Sandy Durozier** Wesleyan University B.S. / University of New Haven, M.S. / UConn Post-Bacc Program '20 / AICOM-BOML  
**Gethrindo Han** English, German and French '17 / West Connell Medicine '21  
**Michael Liu** Biological Sciences, Molecular & Cell Biology minor '21 / UConn School of Dental Medicine '21  
**Shana Moril** Molecular & Cell Biology '18 / UConn '21  
**Roselyn Torrazo-Morino** Psychology & Neuroscience, Women's, Gender, & Sexuality Studies minor '21 / Yale BSM '21

All events will take place at [uconnvtc.webex.com/meet/preadvise](https://uconnvtc.webex.com/meet/preadvise) and will be recorded.

We can't wait to see you soon!

## Group Advising Sessions

These sessions serve as an orientation to our office for first-year students or any student new to a pre-medical/dental track.

Group Advising -- Thursday, February 3rd  
from 9a.m. to 10:30a.m.

UConn Hartford Group Advising -- Tuesday,  
February 8th from 12p.m. to 1:30p.m.

Group Advising -- Monday, March 21st from  
2p.m. to 3:30p.m.

Group Advising -- Thursday, April 7th from  
12:30p.m. to 2p.m.

## Workshops

2023 Cycle Application Orientation -- Wednesday,  
January 26th from 6p.m. to 7:30p.m.

Letters of Recommendation; Whom and How to  
Ask -- Thursday, January 27th from 4p.m. to 5p.m.

Chat with Alumni: Osteopathic (DO) Journey --  
Wednesday, February 23rd from 7:30p.m. to  
8:30p.m.

Chat with Alumni: Choosing Schools to Apply to --  
Wednesday, March 9th from 7:30p.m. to 8:30p.m.

Personal Statement Workshop -- Tuesday, March  
22nd from 3:30p.m. to 4:30p.m.

Chat with Alumni: Mental Health in Medicine --  
Wednesday, March 30th from 7:30p.m. to 8:30p.m.



# Application Services

## MD schools (allopathic medicine)

- **AAMC**: Association of American Medical Colleges (also administers the MCAT)
- **AMCAS**: American Medical College

### Application Service

- [2022 Cycle AMCAS Applicant Guide](#)
- 2023 Guide will be available in April 2022

# Application Services

## MD schools (allopathic medicine)

### 2022 cycle dates:

- 5/3/21 primary app opened
- 5/27/21 submission button available
- 6/25/21 first day verified apps sent to individual schools
- *Schools typically begin to notify applicants of acceptances on 10/15.*

# Application Services

## MD schools (allopathic medicine)

### 2022 cycle fees:

- AMCAS application fee (one school included): \$170
- Each additional school: \$42
- AMCAS Fee Assistance Program (opens the end of January)

- Removed the U.S. citizenship and certain visa status eligibility requirements, and will instead require a U.S. address.
- Removed the requirement for parental financial information for applicants age 26 and over on the day the application is submitted.

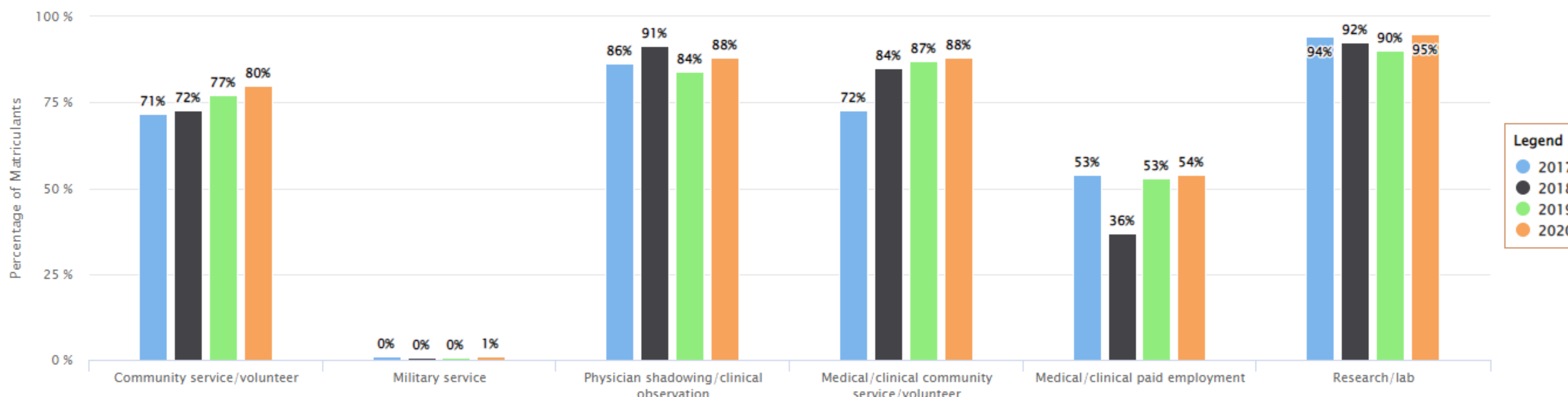
# Application Services

- Medical School Admission Requirements (MSAR)
- MSAR Reports
- 1-year subscription: \$28
- 2-year subscription: \$36

Matriculation Data for First Year Class ?

Categories	In-state	Out-of-state	International	Total
Verified Applications	494	2959	274	3727
Interviewed	192	122	4	318
Deferred	2	0	0	2
Early Assurance Program	0	0	0	0
Early Decision Program	1	1	0	2
Baccalaureate/MD	0	0	0	0
MD/PhD	0	7	1	8
Matriculated	88	21	1	110

Premedical Experiences of First Year Class





# Application Services

## DO schools (osteopathic medicine)

- **AACOM**: American Association of Colleges of Osteopathic Medicine
- **AACOMAS**: American Association of Colleges of Osteopathic Medicine Application Service
  - [AACOMAS Applicant Help Center](#)



# Application Services

## DO schools (osteopathic medicine)

### 2022 cycle dates:

- 5/4/21 primary app opened for submission
- 6/15/21 first day verified apps sent to individual schools
- *Schools typically begin to notify applicants of acceptances any time after interviews.*



# Application Services

## DO schools (osteopathic medicine)

### 2022 cycle fees:

- AACOMAS application fee (one school included): \$197
- Each additional school: \$48
- AACOMAS Fee Waiver Program



# UConn

PRE-MEDICAL AND  
PRE-DENTAL ADVISING  
OFFICE

# Application Services

**DO schools (osteopathic medicine)**

- Choose DO Explorer (free!)

**CHOOSE DO**  
**EXPLORER**

**YOUR PATH TO MEDICAL SCHOOL**



# Application Services

## Dental schools

- **ADEA**: American Dental Education Association
- **AADSAS**: Associated American Dental Schools Application Service
  - **AADSAS Applicant Help Center**



# Application Services

## Dental schools

### 2022 cycle dates:

- 5/11/21 primary app opened
- 6/1/21 submission button available
- *Schools typically begin to notify applicants of acceptances on 12/1.*



# Application Services

## Dental schools

### 2022 cycle fees:

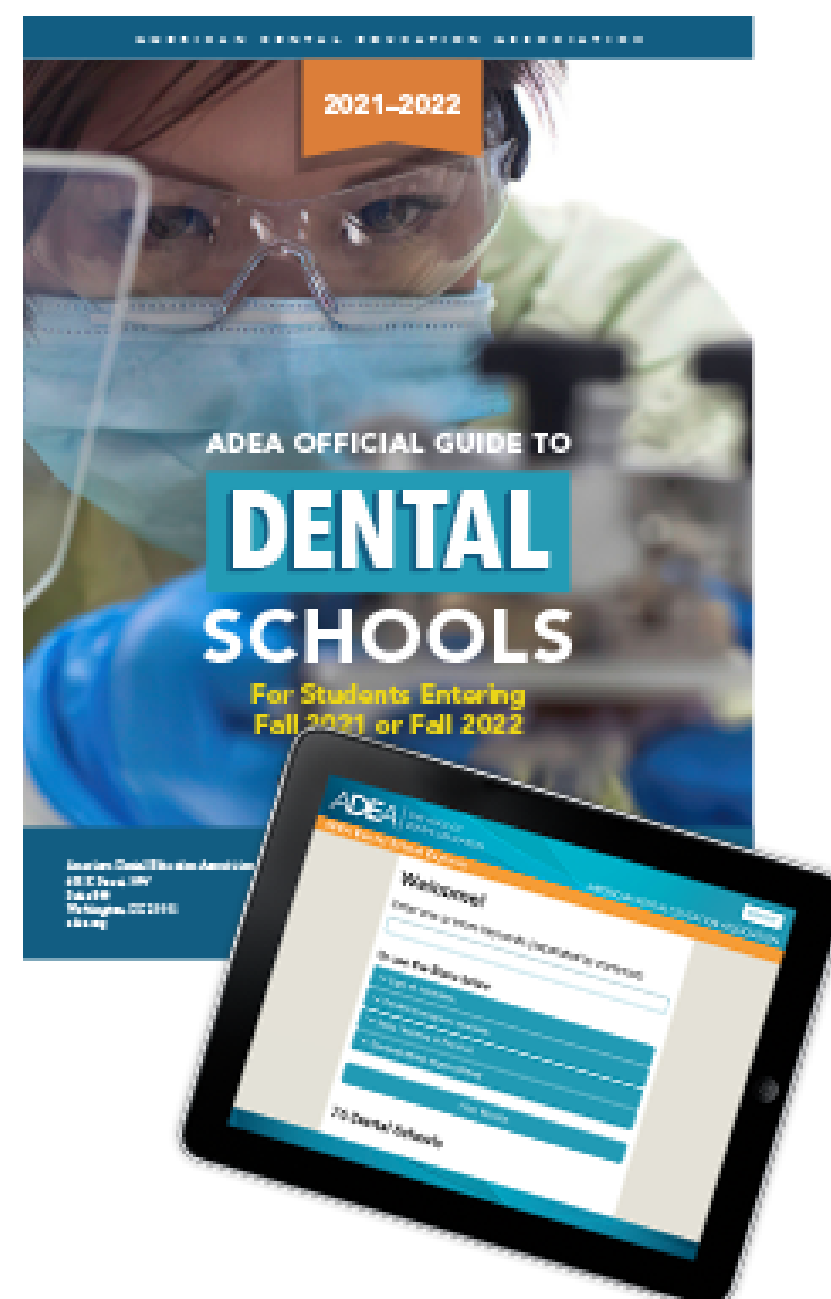
- AADSAS application fee (one school included): \$259
- Each additional school: \$112
- AADSAS Fee Assistance Program



# Application Services

## Dental schools

- ADEA Official Guide to Dental Schools & ADEA Dental School Explorer: \$35
- New guide should be out soon





# Application Services

## Texas Medical & Dental schools

- Texas Health Education Service
- TMDSAS: Texas Medical & Dental Schools

### Application Service

- Application Handbook EY 2022
- (2023 Handbook not yet available)

# Application Services

## Texas Medical & Dental schools

### 2022 cycle dates:

- 5/3/21 primary app opened
- 5/17/21 submission button available



# Application Services

## Texas Medical & Dental schools

### 2022 cycle fees:

- \$200 TMDSAS application fee (flat fee for all schools)



Texas Medical & Dental Schools  
Application Services



# Application Services

## PA schools

- **PAEA**: Physician Assistant Education Association
- **CASPA**: Central Application Service for Physician Assistants
  - **CASPA Applicant Help Center**



# Application Services

**PA schools**

**2022 cycle dates:**

- 4/29/21 primary app opened for submission



# Application Services

## PA schools

### 2022 cycle fees:

- CASPA application fee (one school included): \$179
- Each additional school: \$55
- CASPA Fee Assistance Program



**UConn**

PRE-MEDICAL AND  
PRE-DENTAL ADVISING  
OFFICE

# Application Services



PAEA Program Directory.



**PAEA**  
LEARNING FOR A LIFETIME

# Application Services

## Optometry schools

- **ASCO**: Association of Schools and Colleges of Optometry
- **OPTOMCAS**: Optometry Centralized Application Service
  - **OPTOMCAS Applicant Help Center**



# Application Services

## Optometry schools

### 2022 cycle dates:

- 6/30/21 primary app opened for submission

### 2022 cycle fees:

- OPTOMCAS application fee (one school included): \$180
- Each additional school: \$70



**UConn**

PRE-MEDICAL AND  
PRE-DENTAL ADVISING  
OFFICE

# Application Services

[Optometry Programs Admissions Directory](#)



# Application Services

## Podiatry schools

- **AACPM**: American Association of Colleges of Podiatric Medicine
- **AACPMAS**: American Association of Colleges of Podiatric Medicine Application Service
  - [AACPMAS Applicant Help Center](#)

# Application Services

## Podiatry schools

### 2022 cycle dates:

- 8/2/21 primary app opened for submission

### 2022 cycle fees:

- AACPMAS application fee (one school included): \$185
- Each additional school (at sub.): \$50
- Each additional school (after sub.): \$65

# UConn

PRE-MEDICAL AND  
PRE-DENTAL ADVISING  
OFFICE

# Application Services



## Podiatric Medical Colleges



AMERICAN ASSOCIATION OF  
COLLEGES OF  
PODIATRIC MEDICINE

# Application Services

- **AMCAS:** 202-828-0600 / [amcas@aamc.org](mailto:amcas@aamc.org)
- **AACOMAS:** 617-612-2889 / [aacomasinfo@liaisoncas.com](mailto:aacomasinfo@liaisoncas.com)
- **AADSAS:** 617-612-2045 / [aadsasinfo@aadsasweb.org](mailto:aadsasinfo@aadsasweb.org)
- **TMDSAS:** 512-499-4785 / [info@tmdsas.com](mailto:info@tmdsas.com)
- **CASPA:** 617-612-2080 / [caspainfo@caspaonline.org](mailto:caspainfo@caspaonline.org)
- **OPTOMCAS:** 617-612-2888 [optomcasinfo@optomcas.org](mailto:optomcasinfo@optomcas.org)
- **AACPMAS:** 617-612-2900 / [aacpmasinfo@aacpmas.org](mailto:aacpmasinfo@aacpmas.org)

# Mental break & FAQ



such diagnos

WOW

so bedside maner

turn and cof

make better



# Application Components

1. Primary application
2. Secondary application
3. Test scores
4. Letters of recommendation





# Application Components

- A school does not typically touch any part of your application until all 4 components are received.
- Our submission of your letter packet is completely independent of your submission of the primary and secondary applications as well as test scores.



# Application Components

## Holistic admissions

*“Holistic review is an admissions process that considers each applicant individually by balancing their **academic metrics** with **experiences** and **attributes**.” (AAMC)*

*“Holistic review—a flexible, individualized applicant assessment tool—provides admissions committees a balanced means of considering candidates’ **personal experiences**, **attributes** and **academic credentials**, along with **qualities** and **characteristics** that would prove valuable in both dental school and the oral health profession.” (ADEA)*



# Application Components

## AAMC Applicants and Matriculants Data

Table A-23: MCAT and GPA Grid for Applicants and Acceptees to U.S. MD-Granting Medical Schools, 2019-2020 through 2021-2022 (aggregated)



The table below displays the acceptance rates at different MCAT and GPA levels for applicants and accepted applicants from 2019-2020 through 2021-2022. The frequencies are combined totals of three years. Please email [datarequest@aamc.org](mailto:datarequest@aamc.org) if you need further assistance or have additional inquiries.

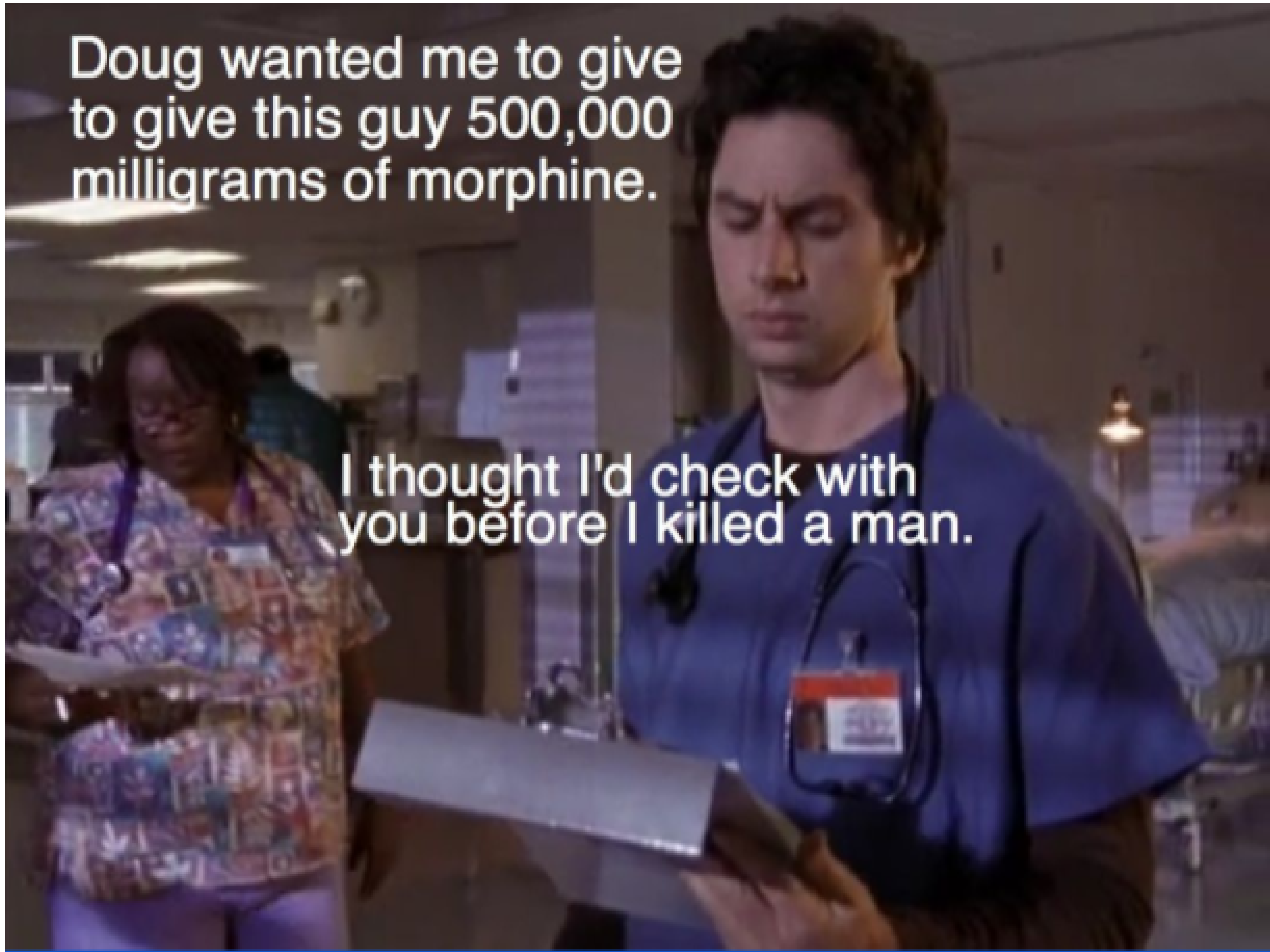
Acceptance Rate for Applicants		Total MCAT Scores									All Applicants	
		Less than 486	486-489	490-493	494-497	498-501	502-505	506-509	510-513	514-517		Greater than 517
<b>Total GPA</b>												
<b>Greater than 3.79</b>	Acceptees	2	7	44	297	1,002	2,466	5,092	7,630	7,790	8,819	33,149
	Applicants	169	327	793	1,741	3,541	6,127	9,251	11,044	10,046	10,473	53,512
	Acceptance rate %	1.2	2.1	5.5	17.1	28.3	40.2	55.0	69.1	77.5	84.2	61.9
<b>3.60-3.79</b>	Acceptees	5	5	60	299	938	1,917	3,433	4,924	3,984	2,573	18,138
	Applicants	460	650	1,334	2,605	4,414	6,437	8,228	8,426	5,784	3,463	41,801
	Acceptance rate %	1.1	0.8	4.5	11.5	21.3	29.8	41.7	58.4	68.9	74.3	43.4
<b>3.40-3.59</b>	Acceptees	9	10	39	260	701	1,244	1,963	2,386	1,647	872	9,131
	Applicants	689	855	1,574	2,702	3,989	5,084	5,842	5,026	2,875	1,357	29,993
	Acceptance rate %	1.3	1.2	2.5	9.6	17.6	24.5	33.6	47.5	57.3	64.3	30.4
<b>3.20-3.39</b>	Acceptees	3	9	31	150	411	700	882	957	628	280	4,051
	Applicants	823	898	1,468	2,057	2,790	3,154	2,993	2,418	1,259	509	18,369
	Acceptance rate %	0.4	1.0	2.1	7.3	14.7	22.2	29.5	39.6	49.9	55.0	22.1
<b>3.00-3.19</b>	Acceptees	3	4	16	95	248	348	405	352	203	121	1,795
	Applicants	903	743	985	1,416	1,623	1,684	1,542	1,095	479	230	10,700
	Acceptance rate %	0.3	0.5	1.6	6.7	15.3	20.7	26.3	32.1	42.4	52.6	16.8
<b>2.80-2.99</b>	Acceptees	3	5	9	25	86	137	137	106	56	35	599
	Applicants	686	528	607	679	765	777	601	367	173	75	5,258
	Acceptance rate %	0.4	0.9	1.5	3.7	11.2	17.6	22.8	28.9	32.4	46.7	11.4
<b>2.60-2.79</b>	Acceptees	0	4	3	14	38	45	49	35	18	7	213
	Applicants	523	325	350	346	383	273	210	146	59	25	2,640
	Acceptance rate %	0.0	1.2	0.9	4.0	9.9	16.5	23.3	24.0	30.5	28.0	8.1

# Application Components

- The Core Competencies for Entering Medical Students
- Real Stories Demonstrating Core Competencies



# Application Components



# Application Components

## 1. Primary application

- “Common app” for each type of school

### **The AMCAS Application**

- Identifying Information
- Schools Attended
- Biographic Information
- Course Work
- Work/Activities
- Letters of Evaluation
- Medical Schools
- Essay(s)
- Standardized Tests

# Application Components

## Course Work

### Add Course X

**i** Please be sure to enter all course(s) in the correct academic year, academic term, and year in school to avoid delays in application processing time.

**Reminder:** The AMCAS year begins with summer and ends with spring. Courses taken in the summer should be entered with the next academic year, even if your institution considers them in the previous academic year. For example, if you took a course in the first summer session of 2016, you should enter it as the 2016–2017 academic year, even if your school considers it in the 2015–2016 academic year.

**Academic Year \***  
Select Year

**Academic Term \***  
Select Academic Term

**Year in School \***  
Select Year In School

**Course Number**  **Course Name \***

**Course Classification \***  
Please review additional information about Course Classification in the AMCAS Applicant Guide.  
Select Course Classification

**i** Although an asterisk does not appear next to Transcript Grade and Credit Hours indicating these fields are required, you must complete these fields if the information appears on your official transcript.

In certain cases, it may be appropriate to leave these fields blank. Please review the coursework section of the AMCAS Applicant Guide for more information. Failure to include required grades and credit hours may result in application processing delays, missed

Applicants should use a personal copy of their **official** transcript to complete this section.

# Application Components

## Work/Activities

Add Work/Activities

Experience Type \*

Select Experience Type

Experience Name \*

Indicate the total number of hours that you spent completing (or expect to complete) this work experience or activity during the date range that you indicate. If this is a repeated experience, enter the total number of hours for each date range you provide.

Start Date \*      End Date \*      Total Hours \*

Select Month      Select Month      [ ]

Select Years      Select Years

Repeated \*

Yes

No

Organization Name

Country

Select Country

City

Contact Title \*

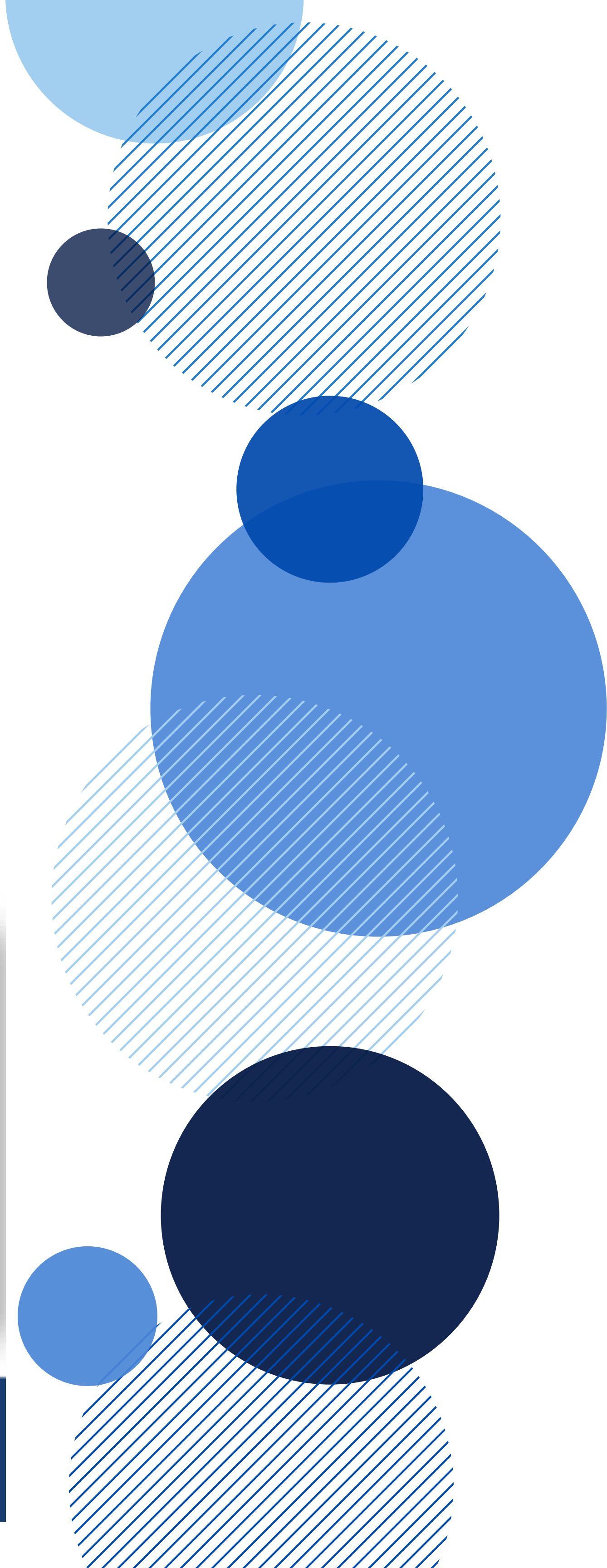
- Maximum of 15 entries  
Applicants can enter 3 additional date ranges for repeated activities
- Maximum of 3 "Most Meaningful"

Most Meaningful Experience Summary \*

This is your opportunity to summarize why you have selected this experience as one of your most meaningful. In your response, you might consider the transformative nature of the experience, the impact you made while engaging in the experience and the personal growth you experienced as a result of your participation.

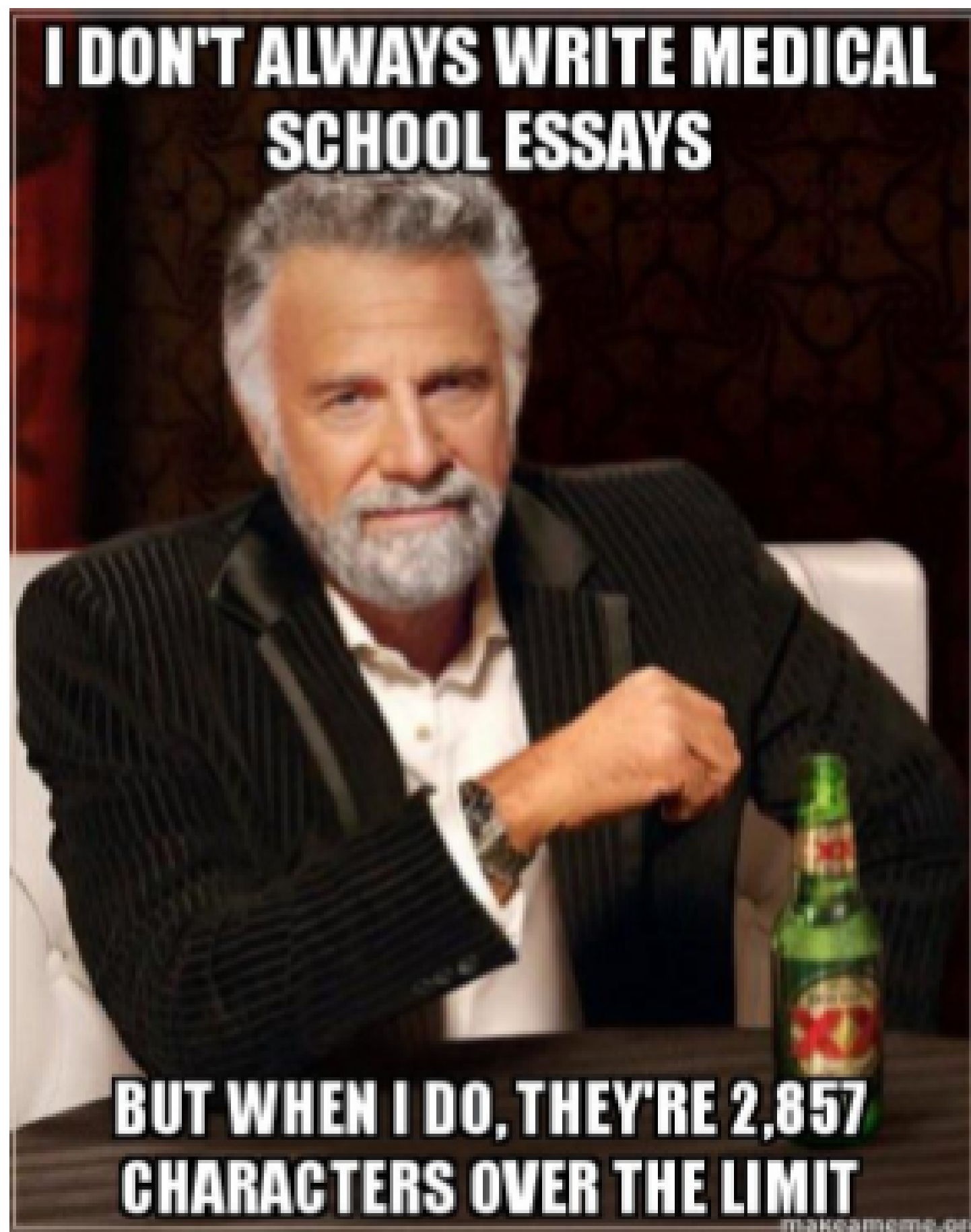
1025 characters left / 1025

Cancel      Save & Add Another      Save





# Application Components



## Personal Comments Essay

Some questions you may want to consider while drafting this essay are:

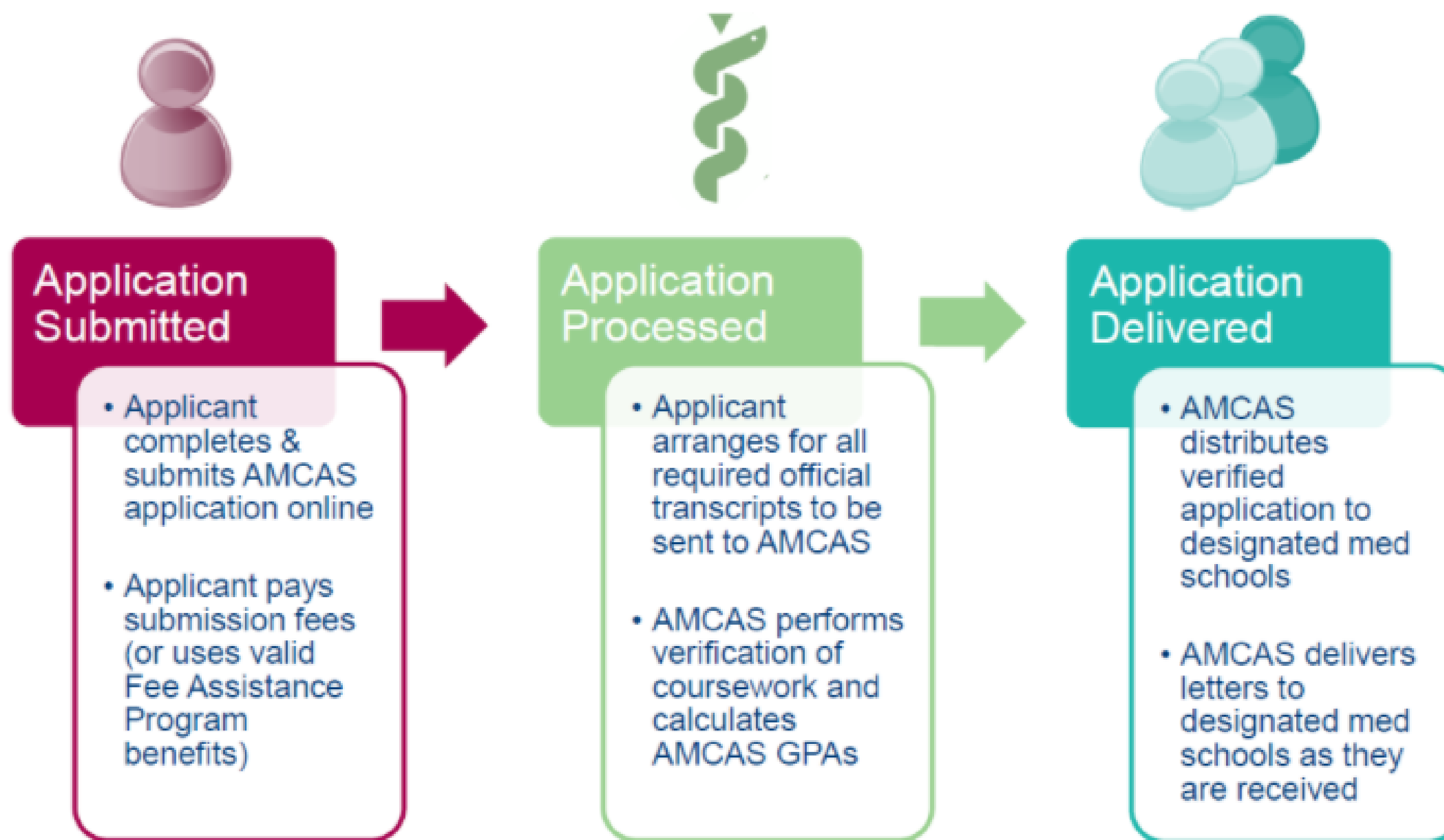
- Why have you selected the field of medicine?
- What motivates you to learn more about medicine?
- What do you want medical schools to know about you that hasn't been disclosed in another section of the application?

In addition, you may wish to include information such as:

- Special hardships, challenges or obstacles that may have influenced your educational pursuits
- Commentary on significant fluctuations in your academic record which are not explained elsewhere in your application

# Application Components

## How does AMCAS work?



### 2022 AMCAS Application

The 2022 AMCAS application is now open. If you wish to start medical school in Fall 2022, please complete and submit the 2022 AMCAS application.

As of **January 25** AMCAS is:

Marking transcripts as "Received" that were delivered on or before:

- Paper (mailed) – **January 25**
- Parchment – **January 24**
- National Student Clearinghouse – **January 25**

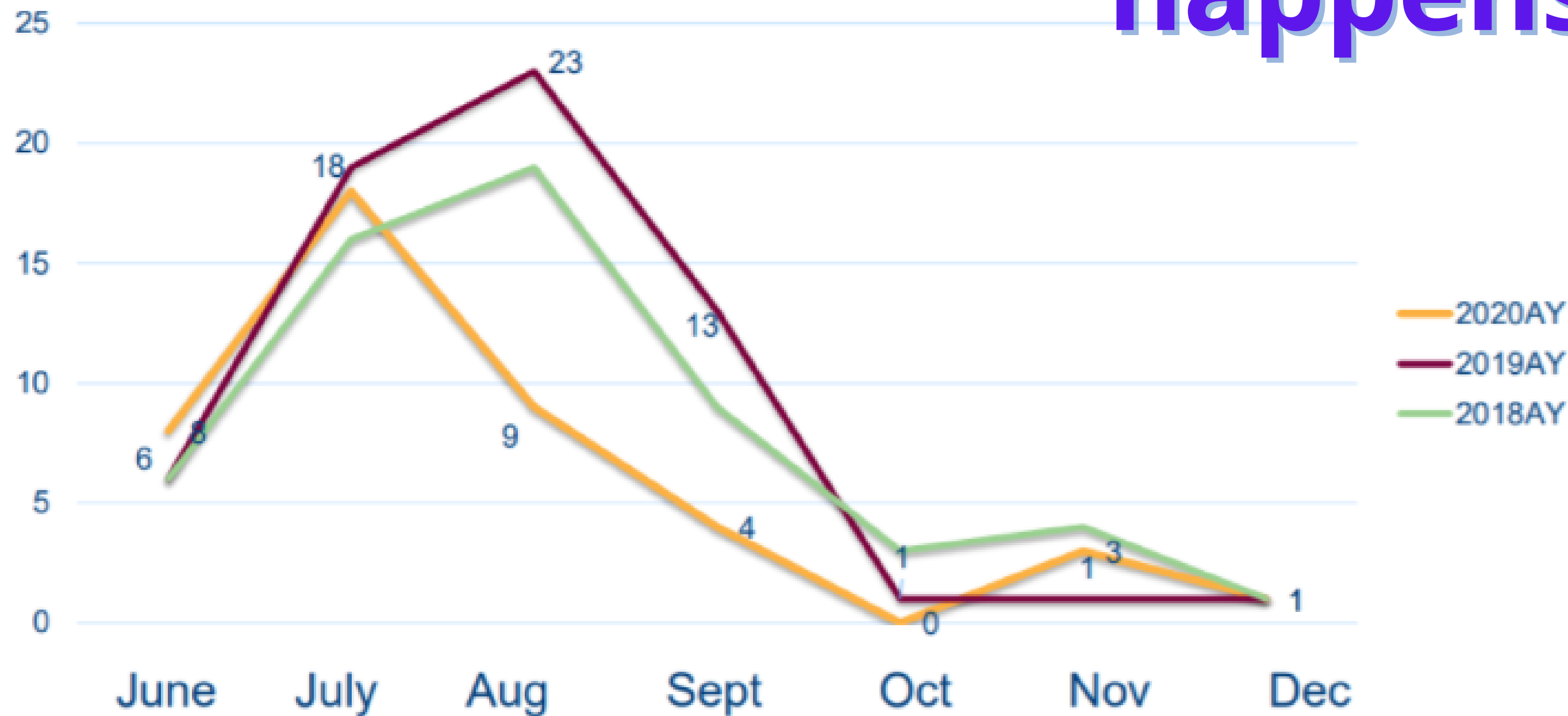
Processing applications that reached "Ready for Review" on **January 25**.

Processing Academic Change Requests submitted on **January 24**.

# Application Components

## AMCAS Verification

Average number of business days to complete verification



**Pre-dents: Verification  
happens FAST!**

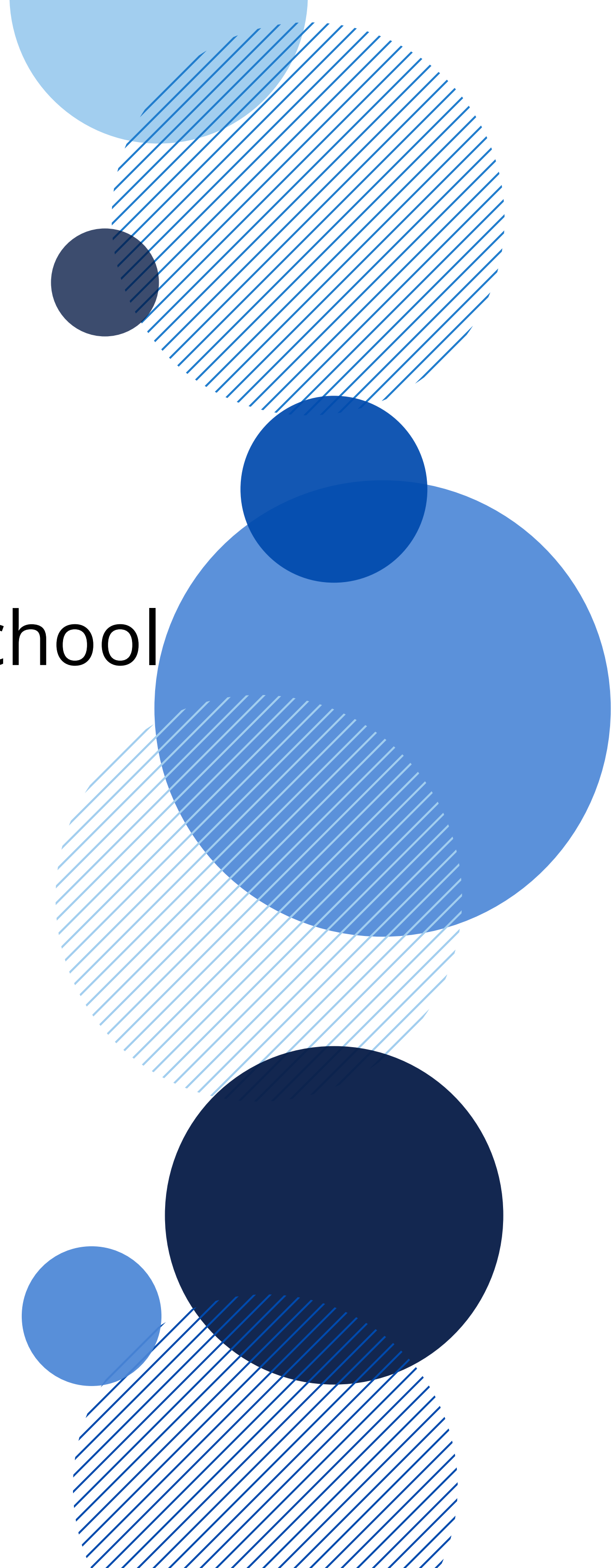


# Application Components

## 2. Secondary application

- “Supplementals” for each individual school
- CASPer exam
- Secondary essay prompts database

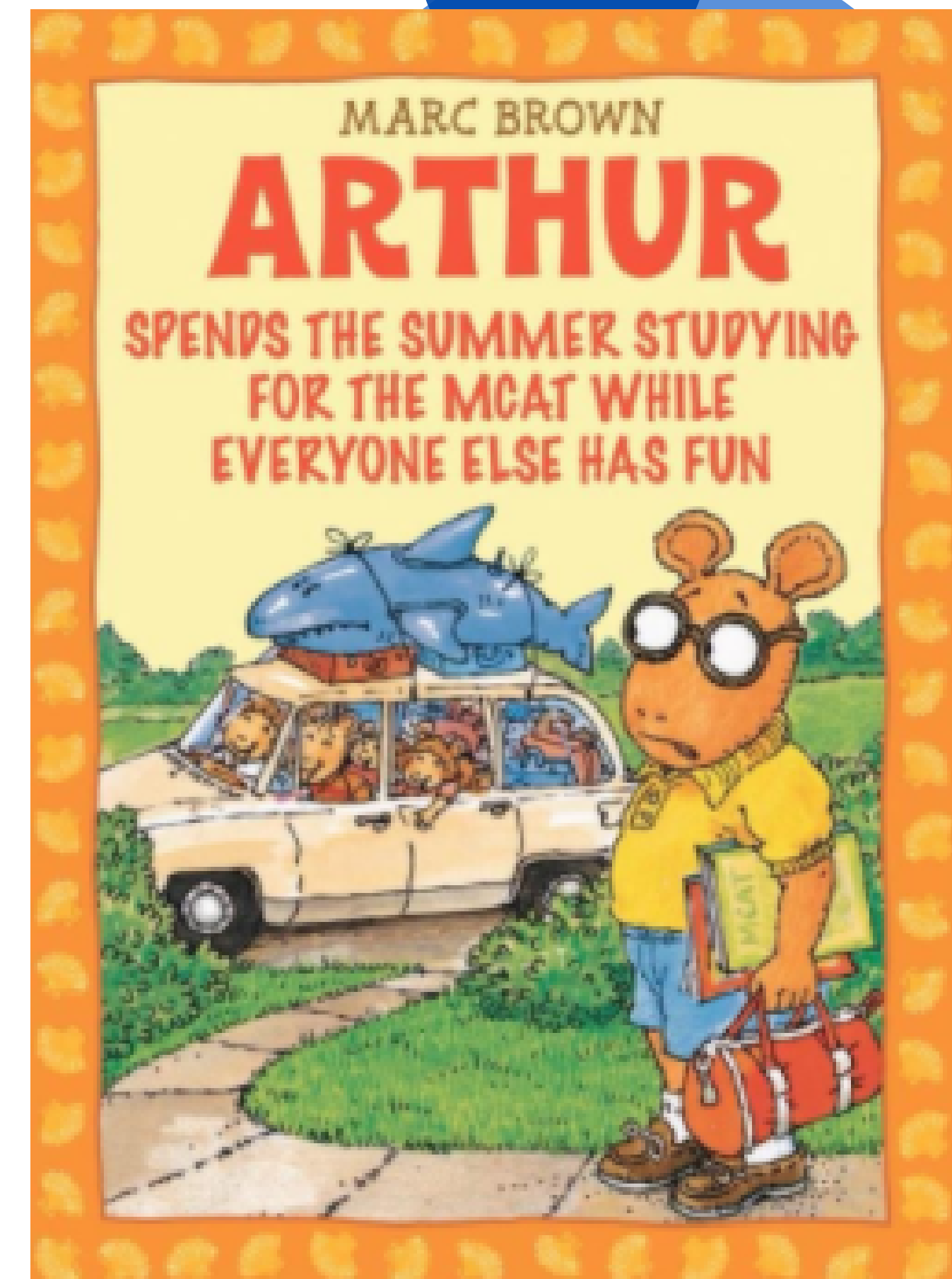
**BRACE YOURSELVES**



# Application Components

## 3. Test scores: MCAT

- 7 hours, 30 minutes
- The MCAT Essentials for Testing Year 2022
- Testing accommodations
- How to Create a Study Plan for the MCAT Exam



# Application Components

## 3. Test scores: MCAT

- Registration for July-September dates opens on 2/8 at noon.
- Rescheduling and cancellation fees will resume this testing year.

# Application Components

## 3. Test scores: MCAT

- We **strongly recommend** that you take the MCAT *no later than mid/late July*.
- You can submit your primary application before you've taken the **MCAT!**
  - Kick off verification process
  - Only need to list one school

# Application Components

## 3. Test scores: MCAT

- You can take the MCAT...
  - up to 3 times in a single testing year
  - up to 4 times in 2 consecutive years
  - up to 7 times in a lifetime
- You can reschedule 48 hours after testing



# Application Components



## 2022 Schedule for the Medical College Admission Test® (MCAT®)\*



**JAN**

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

**FEB**

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

**MAR**

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

**APR**

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

**MAY**

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

**JUN**

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
						4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

**JUL**

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

**AUG**

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
						3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

**SEP**

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
						4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

MCAT Admin	Score Release
Jan. 14	Feb. 15
Jan. 15	Feb. 15
Jan. 20	Feb. 22
Jan. 21	Feb. 22
March 12	April 12
March 25	April 26
April 8	May 10
April 9	May 10
April 29	May 31
April 30	May 31
May 13	June 14
May 14	June 14
May 19	June 21
May 27	June 28
June 4	July 6
June 17	July 19
June 18	July 19
June 24	July 26
June 25	July 26
June 30	Aug. 1
July 16	Aug. 16
July 29	Aug. 30
Aug. 5	Sept. 7
Aug. 20	Sept. 20
Aug. 26	Sept. 27
Aug. 27	Sept. 27
Sept. 1	Oct. 4
Sept. 2	Oct. 4
Sept. 9	Oct. 11
Sept. 10	Oct. 11

# Application Components

## 3. Test scores: MCAT

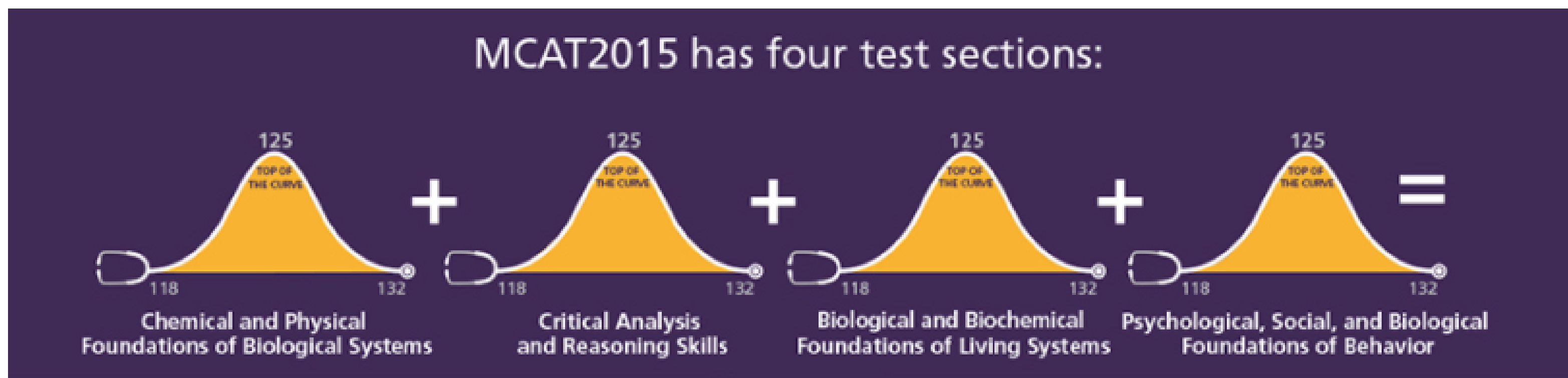
- Fees

Registration Fees*	
Standard Registration	\$325
Fee Assistance Program Registration	\$130

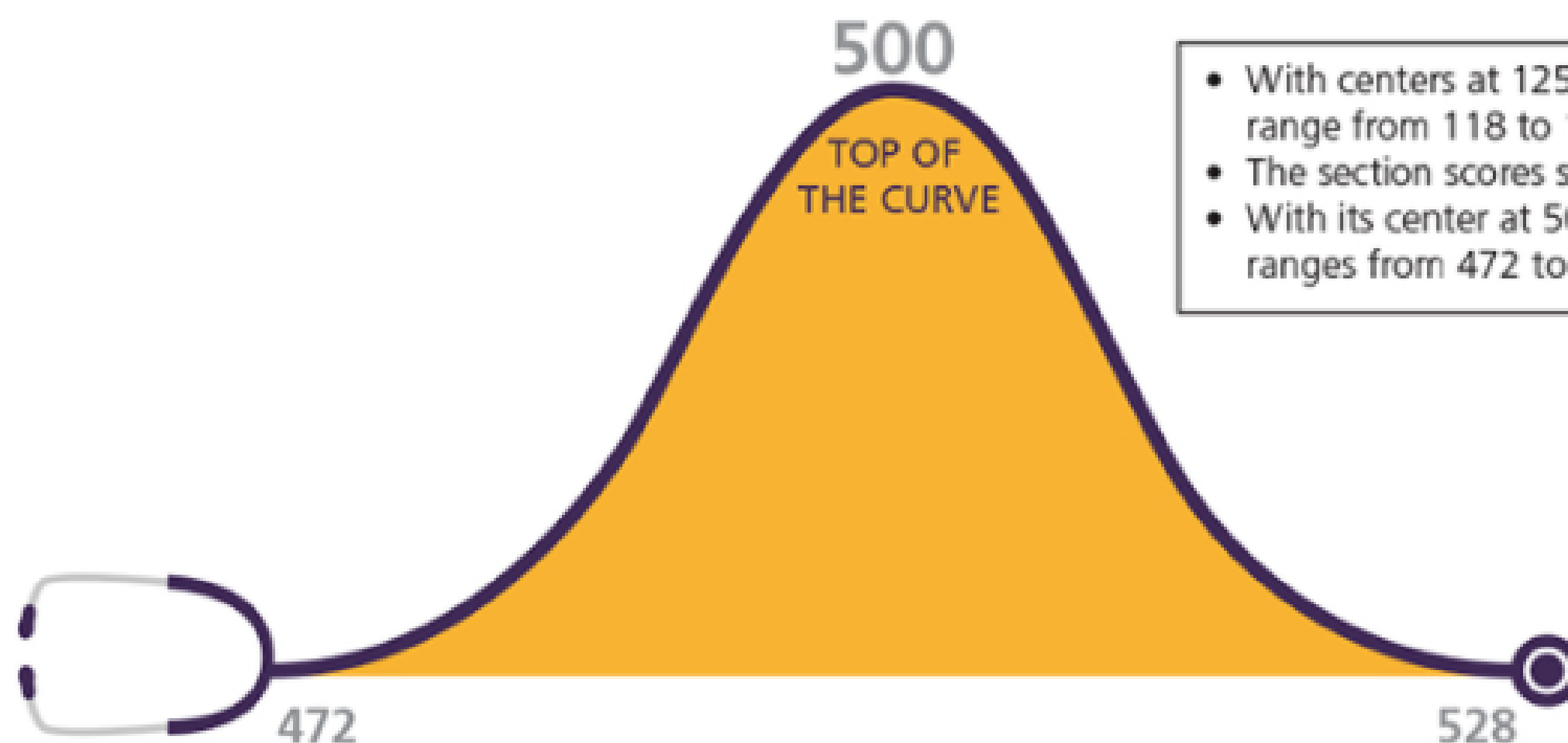


# Application Components

## 3. Test scores: MCAT



## MCAT2015 Total Score



- With centers at 125, section scores range from 118 to 132.
- The section scores sum to the total score.
- With its center at 500, the total score ranges from 472 to 528.



# Application Components

## **3. Test scores: DAT**

- 5 hours, 15 minutes
- DAT 2022 Candidate Guide (*testing accommodations*)
- You can retake the DAT up to 3 times
- You must wait 90 days between sittings
- NEW TOPICS

# Application Components

## 3. Test scores: DAT

- Partial fee waivers available

FEE TYPE	DESCRIPTION	FEE AMOUNT
DAT Fee	This fee includes administration and official score reporting to all dental hygiene schools and programs selected at the time of application.	\$510
Score Report Fee (optional)	This fee covers score report requests made after the time of application. There is no additional charge for score report requests received at the time of application.	\$50 per report
Fee for Candidates of Non-accredited Dental Schools	Candidates who are students or graduates of dental schools not accredited by CODA must pay this processing fee.	\$300
Score Audit Fee (optional)	For a period of 30 days after a testing appointment, as an optional service, the ADAT Program is willing to audit a candidate's ADAT results to confirm their accuracy.	\$65
Rescheduling Fee	Candidates can reschedule testing appointments for a fee if notice is received at least one full business day (24 hours) before the appointment and within the authorized eligibility period.	\$25
Eligibility Extension Fee	Candidate can extend their eligibility period for a fee. The extension is for 45 days within the designated testing window and is available once per application.	\$125

# Application Components

## 3. Test scores: OAT

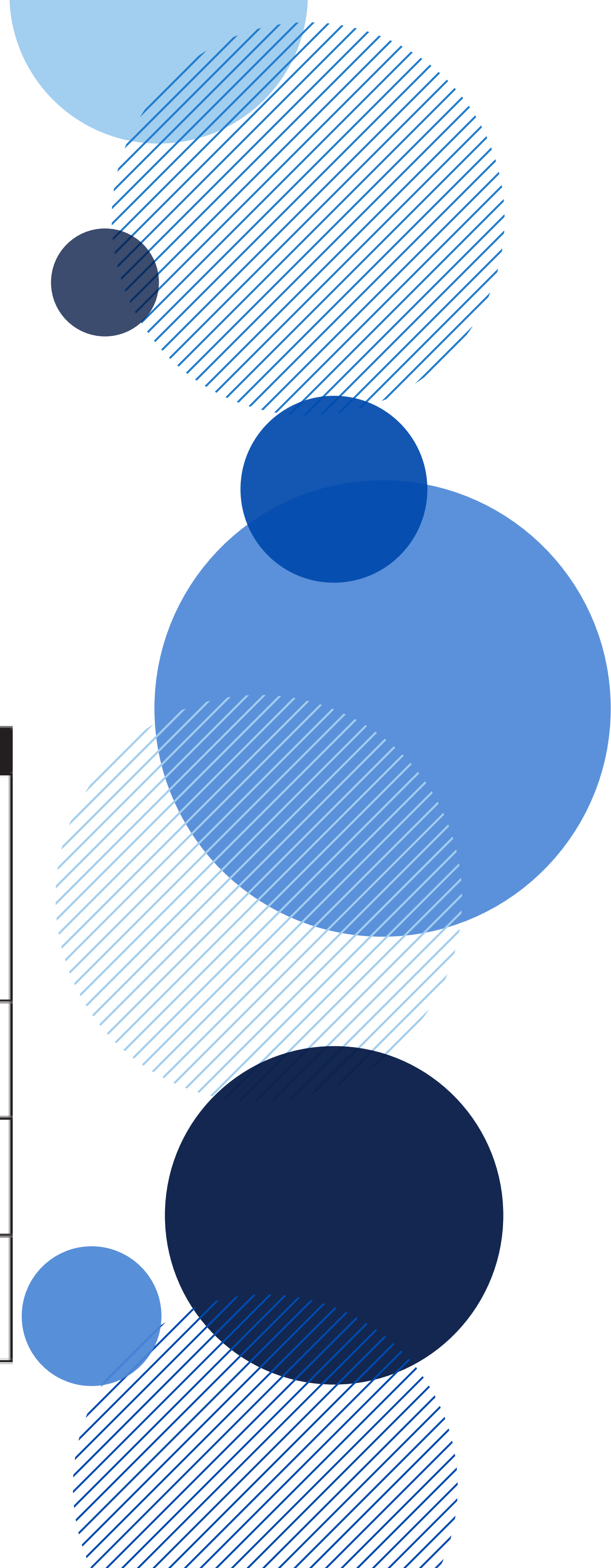
- 5 hours, 5 minutes
- OAT 2022 Candidate Guide (*testing accommodations*)
- You can retake the OAT up to 3 times
- You must wait 90 days between sittings

# Application Components

## 3. Test scores: OAT

- Partial fee waivers available

FEE TYPE	DESCRIPTION	FEE AMOUNT
OAT Fee	This fee includes administration and official score reporting to all optometry schools selected at the time of application; an unofficial score report issued at the testing center (no other report will be sent); and score reporting to the candidate's pre-dental advisor (if selected on the application).	\$505
Score Report Fee (optional)	This fee covers score report requests made after the time of application. There is no additional charge for score report requests received at the time of application.	\$50 per report
Score Audit Fee (optional)	For a period of 30 days after a testing appointment, as an optional service, the OAT Program is willing to audit a candidate's OAT results to confirm their accuracy.	\$65
Eligibility Extension Fee	Candidates can extend their eligibility period for a fee. The extension is for 45 days within the designated testing window and is available once per application.	\$125



# Application Components

## 4. Letters of recommendation

- **TOMORROW, 1/27 4-5 pm: Letters of Recommendation: Who and How to Ask (with OUR)**
- Our website
- Guidelines for writing a letter of evaluation for an applicant



# Application Components

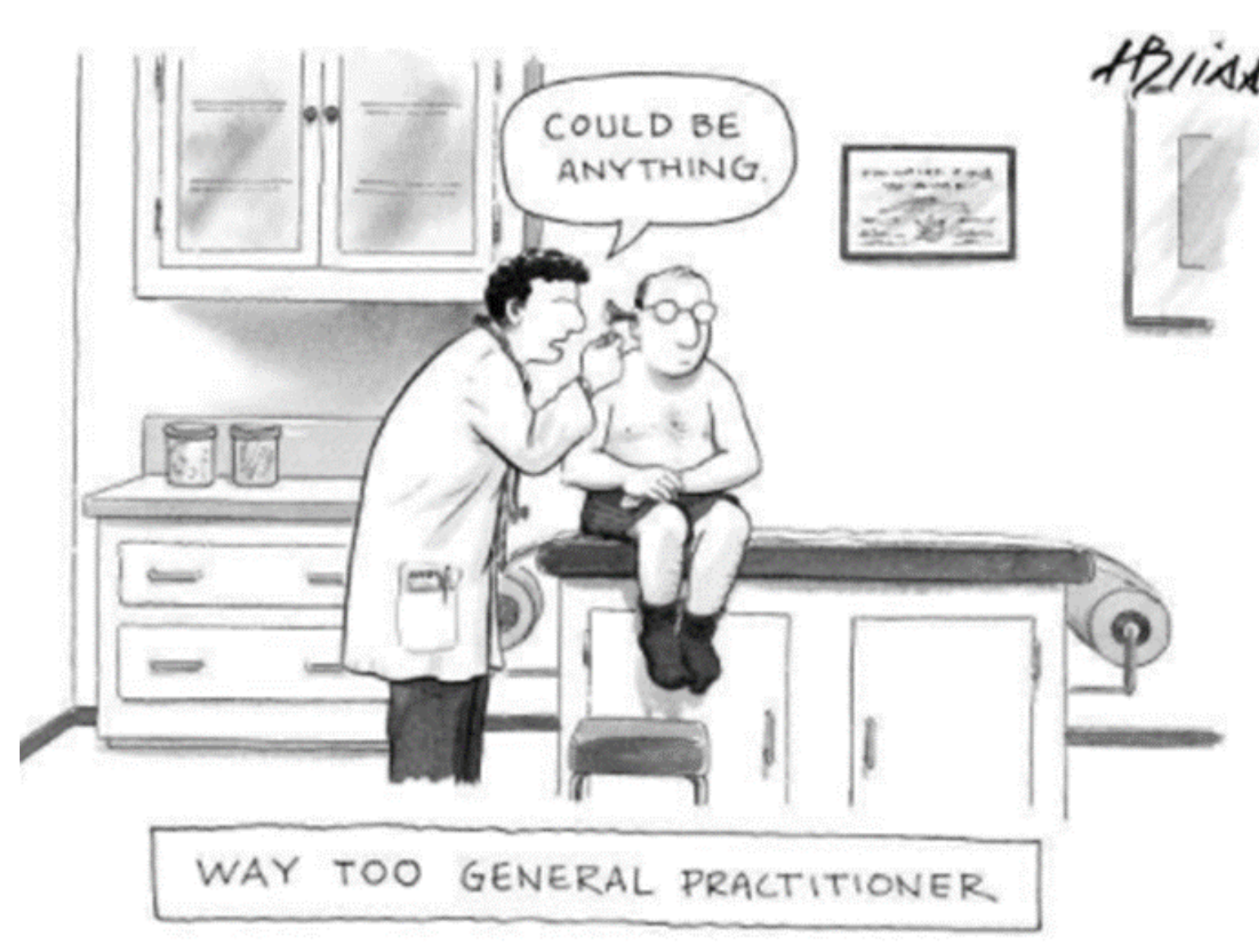
## 4. Letters of recommendation

- We recommend:
  - 2 science faculty LOR  
*(MCB/PNB/EEB, CHEM, PHYS)*
  - 1 non-science faculty LOR
  - 1 clinician LOR *(some DO schools require a DO LOR)*
  - 1 research PI LOR
  - 1-2 character references

# Application Components

## 4. Letters of recommendation

- *ASK PEOPLE WHO KNOW YOU WELL*
- Never assume someone will write
- Be prepared to share resume and personal statement draft with letter writers



# Application Components

## 4. Letters of recommendation

- Remember to send your individual LOR writers a thank you message. It takes several hours to draft an excellent letter and some of them write dozens of LOR! Also, keep them updated throughout the application cycle.

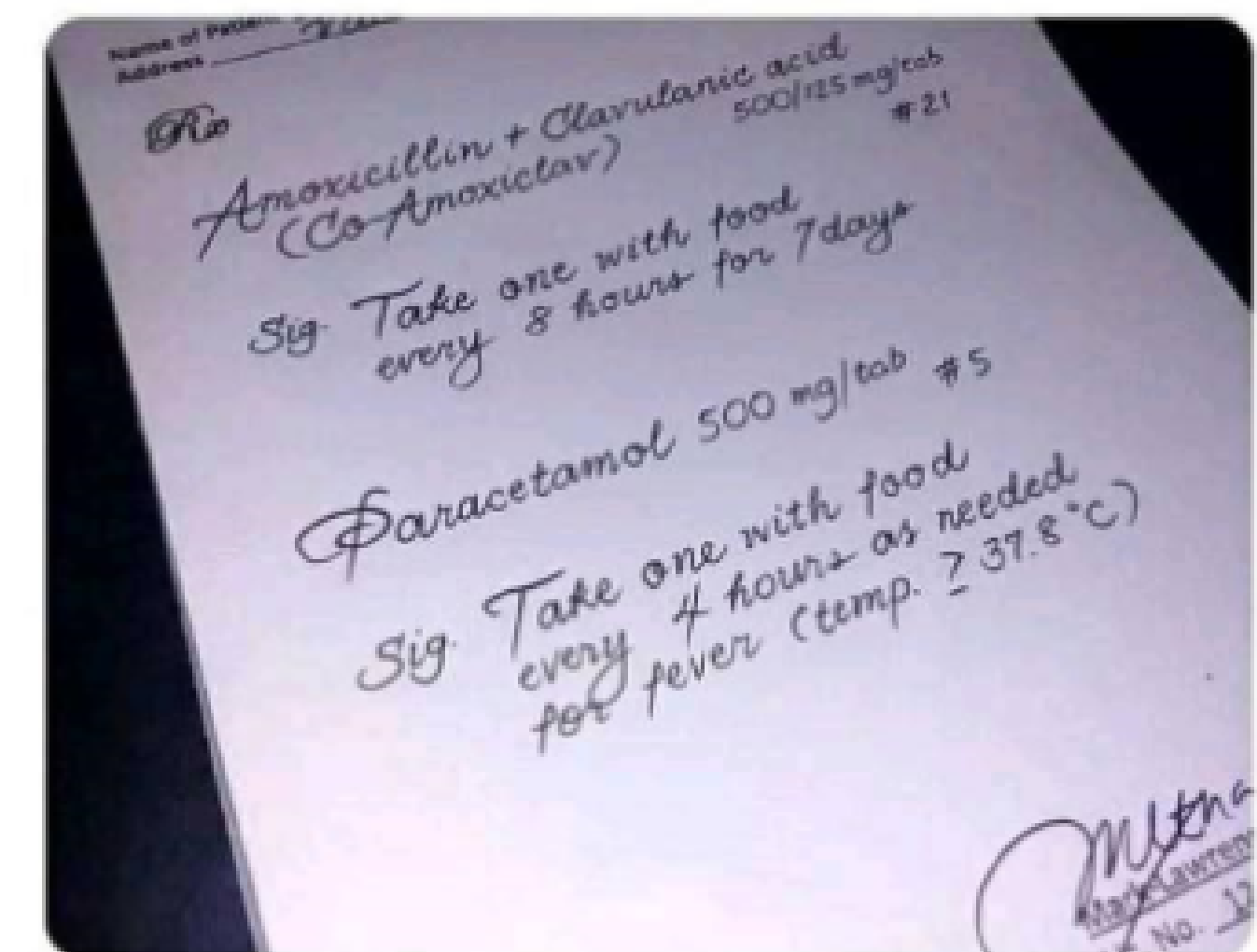


# Application Components

## 4. Letters of recommendation

- Formatting:
  - Date
  - Letterhead (professional or personal)
  - Hand signature (electronic hand signature OK)

This one is a shame to the medical profession . Such unprofessional handwriting.



# Application Components

- **A note about official transcripts:**
  - Only the UConn Registrar can release official transcripts
  - UConn uses the **Parchment e-transcript service** (request in Student Admin)
  - Wait until spring grades are posted before requesting



# Mental break & FAQ



# UConn Letter Packets & Process

- For the 2023 cycle, our office will offer a **Letter Packet**, which includes an **individualized, non-evaluative cover letter**.

## UConn Letter Packets & Process

- *“**Letter Packet:** A packet or set of letters assembled and distributed by your institution, often by the institution’s career center. A Letter Packet may include a cover sheet from your prehealth committee or advisor; however, in contrast to a Committee Letter, a Letter Packet does not include an evaluative letter from your prehealth committee or advisor.” (AAMC)*



# UConn Letter Packets & Process

- Evaluation requests

## Letters of Evaluation

Add Letter of Evaluation/Recommendation

**i** Many medical schools determine whether or not an applicant has met their letter of evaluation/recommendation requirements by the type of letters they receive in support of an application. For example, a medical school may require a committee letter OR three individual letters in support of your application.

Please review the AMCAS Applicant Guide for more information about Letters of Evaluation.

Please identify the type of letter you wish to enter. If you are uncertain as to the type of letters provided by your school/institution, please ask your pre-health advisor or career center prior to answering this question.

Committee Letter:

A committee is a letter authored by a pre-health committee or pre-health advisor and intended to represent your institution's evaluation of you. A committee letter may or may not include additional letters written in support of your application. A Committee Letter is sometimes called a committee letter.

Letter Packet:

A packet or set of letters authored by your institution, often by the institution's career center.

Individual Letter:

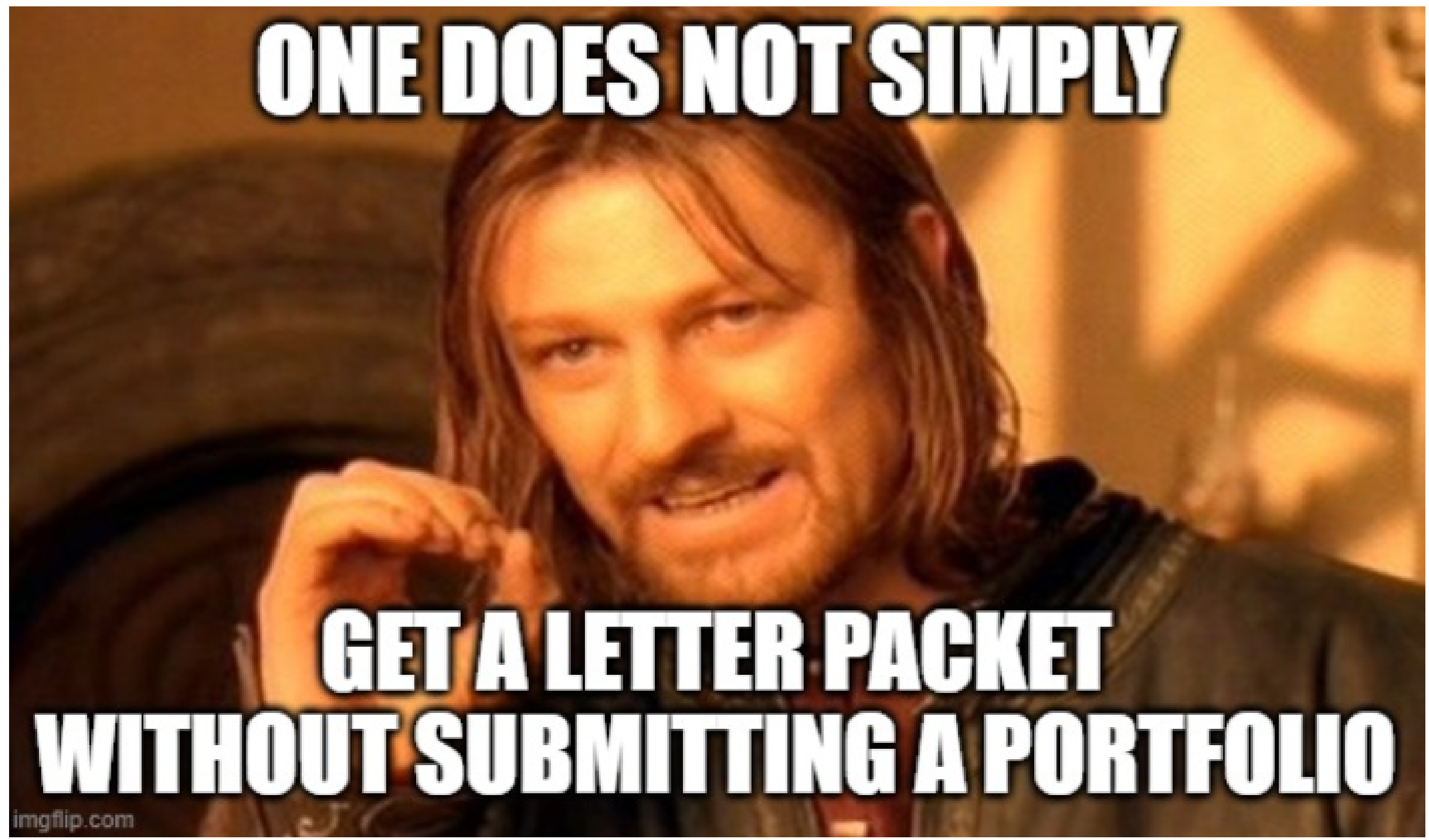
An individual letter refers only to a letter authored by, and representing, a single letter writer. If you have already included an individual letter within either a committee letter or letter packet, you do not need to add a separate entry for the individual letter.

Letter Title

Please enter a title for this letter

Applicants can  
submit their  
application  
**before** AMCAS  
receives their  
letters.

# UConn Letter Packets & Process



## UConn Letter Packets & Process

- **To receive a Letter Packet, applicants must...**



- Submit a Health Professions Applicant Portfolio



- Participate in a 45-minute Applicant Coaching Session



- Collect their individual LOR through our office

# UConn Letter Packets & Process

## Letter Packet Process



Submit your  
Applicant Portfolio



Discuss it in a  
Coaching Session



Request & collect  
individual letters



Provide your  
Application ID(s)



Advising Office  
compiles &  
submits your  
Letter Packet

# UConn Letter Packets & Process

- **Timeline:**

- **January 31:** Applicant Portfolio & Letter Packet apps will open in the UConn Quest Portal
- **February 1:** Applicant Coaching Sessions will begin to be scheduled
- Scheduled on a rolling basis

# UConn Letter Packets & Process

- Timeline:

- **May 1: [PRE-DENTS]** Tooth be told, we **STRONGLY** encourage you to submit your Applicant Portfolios by this date.



# UConn Letter Packets & Process

- **Timeline:**

- **August 1:** Deadline to submit Applicant Portfolio to receive an individualized cover letter from our office
- **October 1:** Deadline to submit Applicant Portfolio to receive a Letter Packet from our office for the 2023 cycle

# UConn Letter Packets & Process



Me: "I can definitely finish all my homework tomorrow before class, I've got plenty of time."





# UConn Letter Packets & Process

**Both applications are in the  
Quest Portal at [quest.uconn.edu](https://quest.uconn.edu)**

1. Health Professions Applicant Portfolio
2. Health Professions Letter Packet

*Direct links to each application will be posted to our website once they are live on January 31.*









# UConn Letter Packets & Process

## 1. Health Professions Applicant Portfolio

- Submit this application when you have completed all required tasks.
  - You will input your availability for an Applicant Coaching Session.
  - Our office will reach out to you with a scheduled date and time.

# UConn Letter Packets & Process

## 1. Health Professions Applicant Portfolio

<input checked="" type="checkbox"/>	 Student Registration Completed on: Jan 25 2022 01:22 PM (EST)	>
<input type="checkbox"/>	 Competency Self-Assessment	>
<input type="checkbox"/>	 Competency-Based Reflection	>
<input type="checkbox"/>	 Questions	>
<input type="checkbox"/>	 Exams (optional)	>
<input type="checkbox"/>	 Resume	>
<input type="checkbox"/>	 UConn Transcript (Unofficial)	>
<input type="checkbox"/>	 Additional Unofficial Transcript(s) (Optional) (optional)	>

# UConn Letter Packets & Process

## 2. Health Professions Letter Packet

- Submit this application when **ALL** of your individual LOR are received.
  - This prompts us to begin compiling your Letter Packet.
  - At this point, we will reach out to inform you of any individual LOR formatting concerns and to prompt you to enter your Application ID(s).

# UConn Letter Packets & Process

## 2. Health Professions Letter Packet

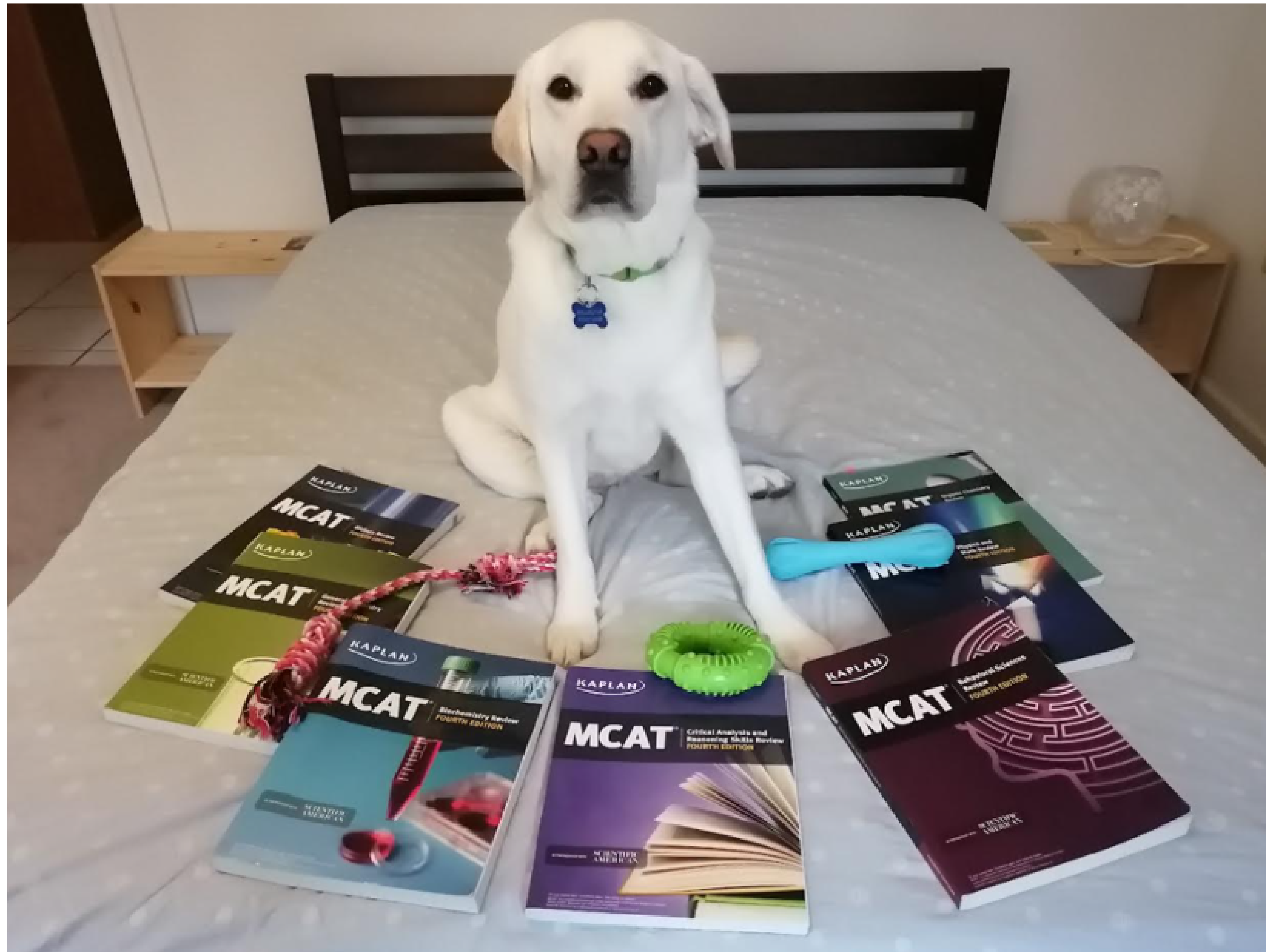
University of Connecticut - Quest Portal

Dear Krista,

Heather Nunes has invited you to provide a recommendation on their behalf for the following program: Health Professions Letter Packet - 2023 Cycle.



# Mental break & FAQ



# What Happens After?



# What Happens After?

- Interview invites come anywhere from late summer through February.
- Two major resources for interview prep





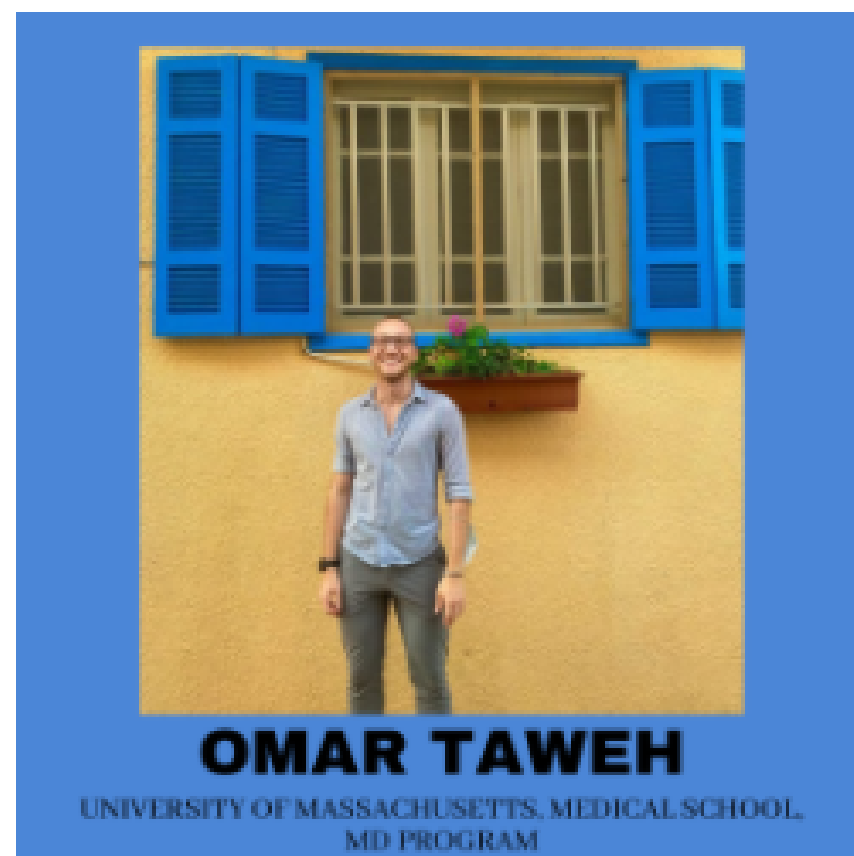
# What Happens After?

- Center for Career Development (CCD)
  - 45-minute mock interviews
  - Personal statement review (also: W Center)
  - Navigating the Healthcare Admissions Interview & Alumni Panels (joint workshop TBD in the summer)
  - Husky Mentor Network for alumni networking

# What Happens After?

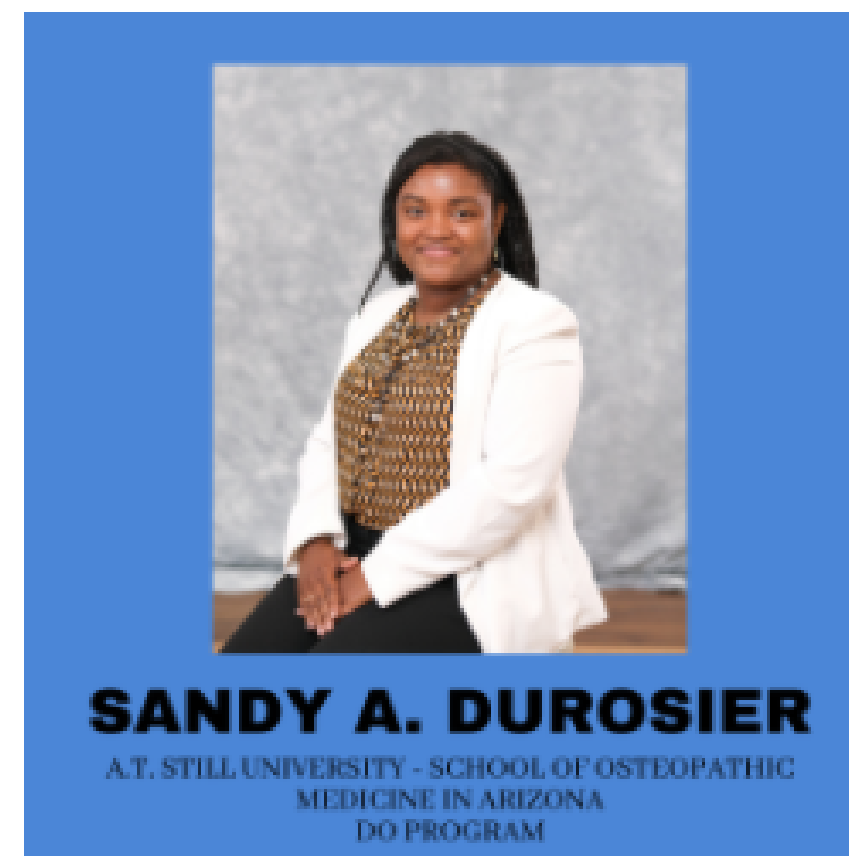
- Interview Pairing Program!
- Alumni spotlights

## Allopathic (MD)



[Click here to view all MD alumni spotlights](#)

## Osteopathic (DO)



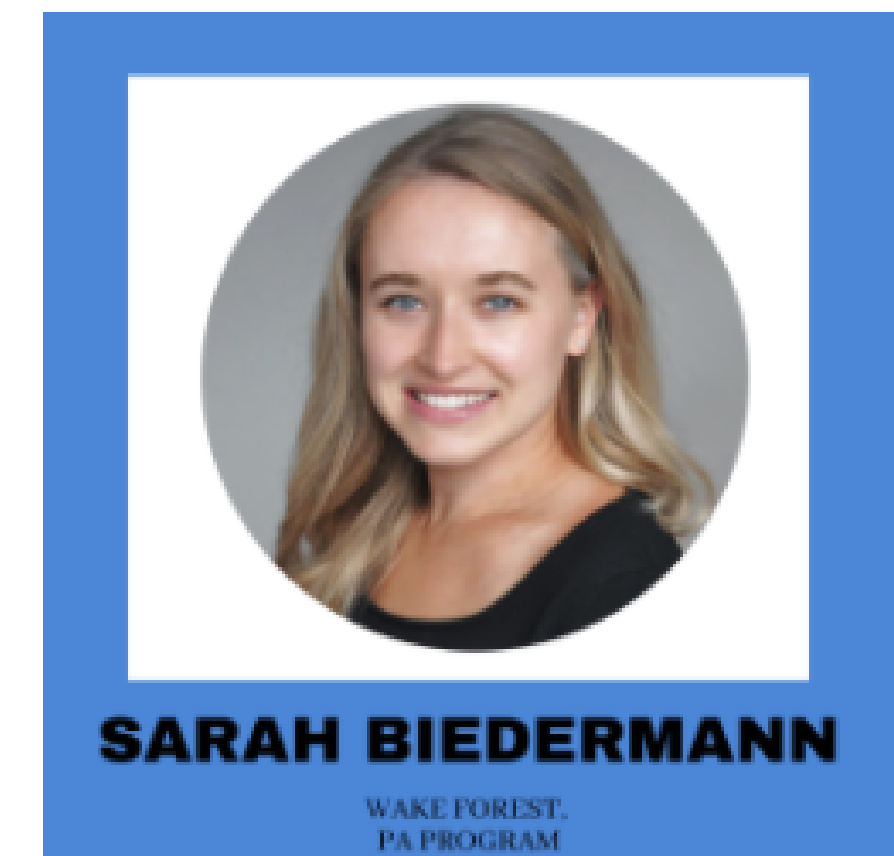
[Click here to view all DO alumni spotlights](#)

## Dental



[Click here to view all Dental alumni spotlights](#)

## PA + Podiatry



[Click here to view all Physician Assistant and Podiatry alumni spotlights](#)

# What Happens After?

- Familiarize yourself with your application service's "traffic rules"
- AMCAS:
  - Application and Acceptance Protocols for Applicants
  - Choose Your Medical School tool
    - *(opens in February)*

When a Medical student forgets his headphones home



## What Happens After?

- Use caution when sending updates/letters of interest to schools: not all want them.
- We are here to counsel you on ways to improve your application and/or growth year plans.

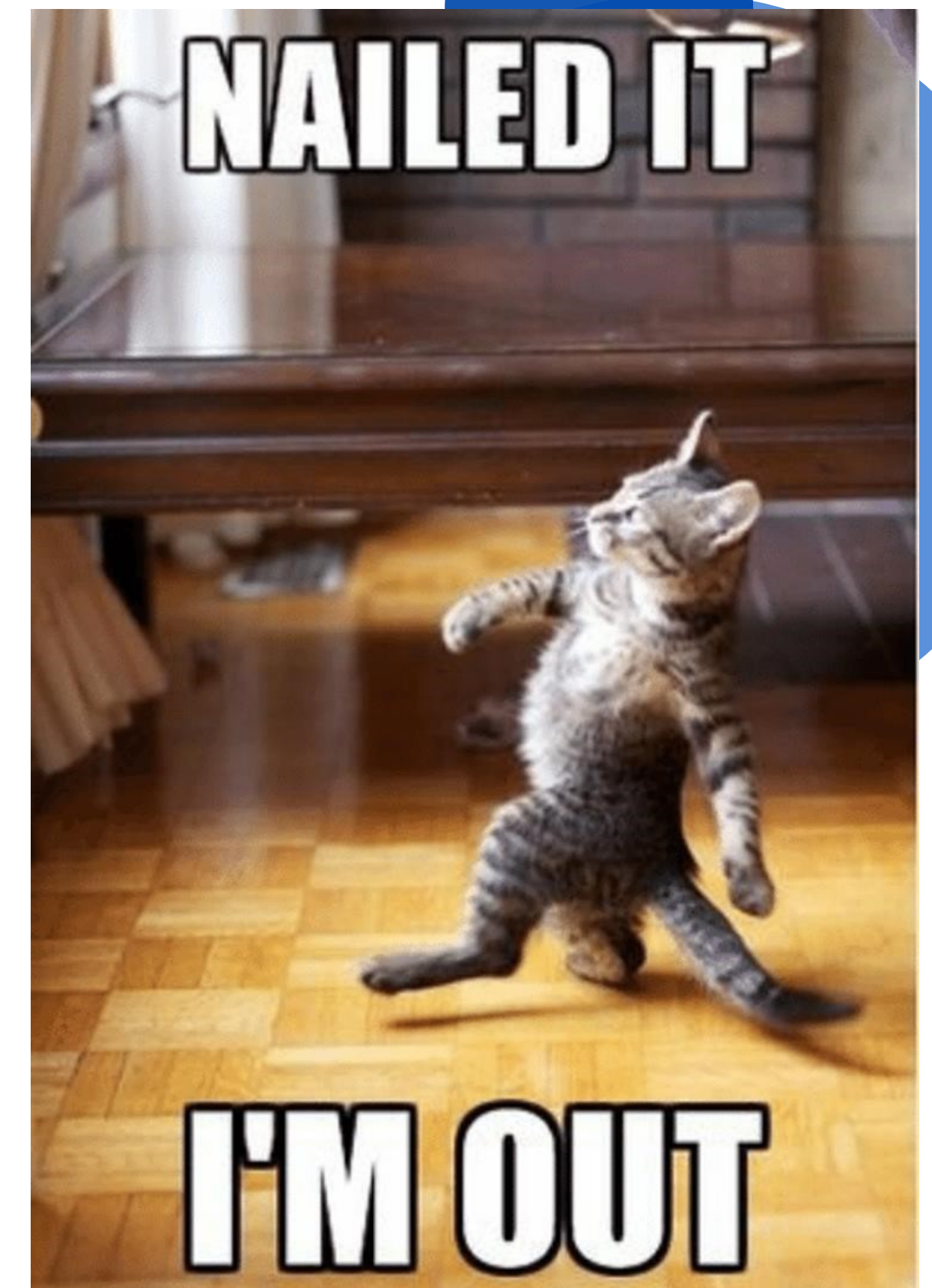


# What Happens After?

- **During the 2022 cycle, our office worked with 263 unique applicants:**
  - 210 applicants to AMCAS
  - 82 applicants to AACOMAS
  - 27 applicants to AADSAS
  - 5 applicants to TMDSAS
  - 1 applicant to OPTOMCAS
  - 2 applicants to AACPMAS
  - 5+ applicants to international schools

# What Happens After?

- What we've heard from 2022 cycle applicants so far (interviews are still happening):
  - 125 MD and DO acceptances
  - 42 Dental acceptances
- 2020 & 2021 cycles national and UConn data: <https://premed.uconn.edu/data/>



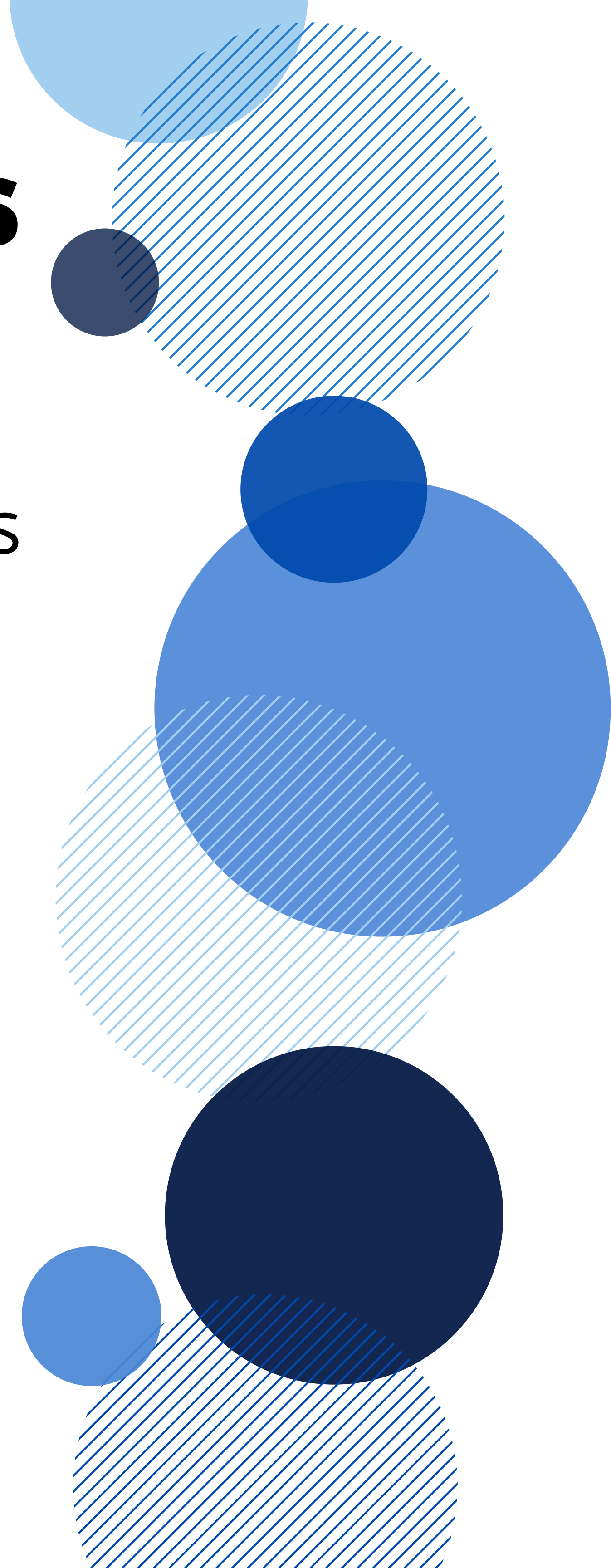
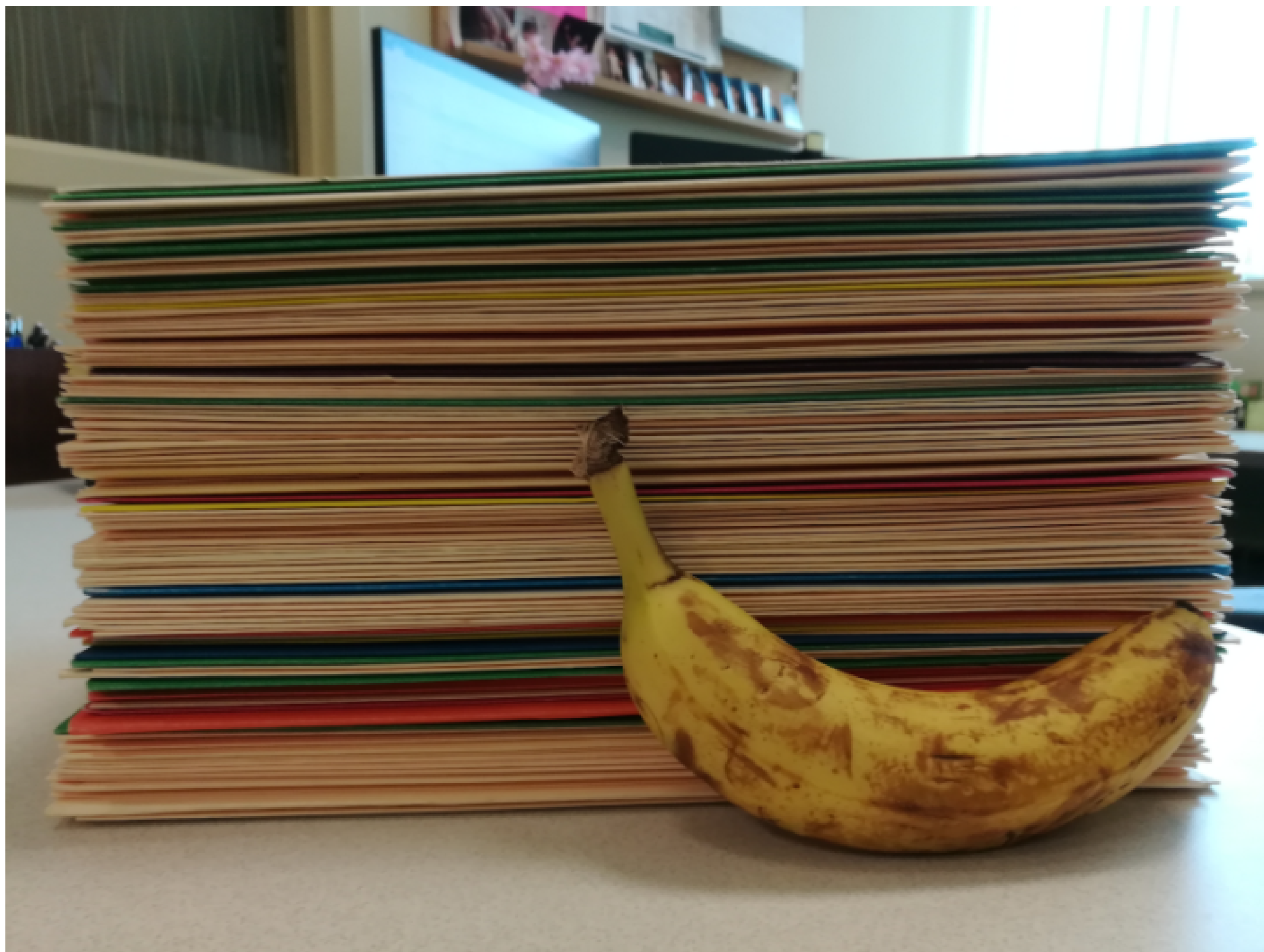
## What Happens After?

- If at any point in the application cycle you decide to defer your application until the 2024 cycle, **please contact our office as soon as you arrive at that decision.**



## What Happens After?

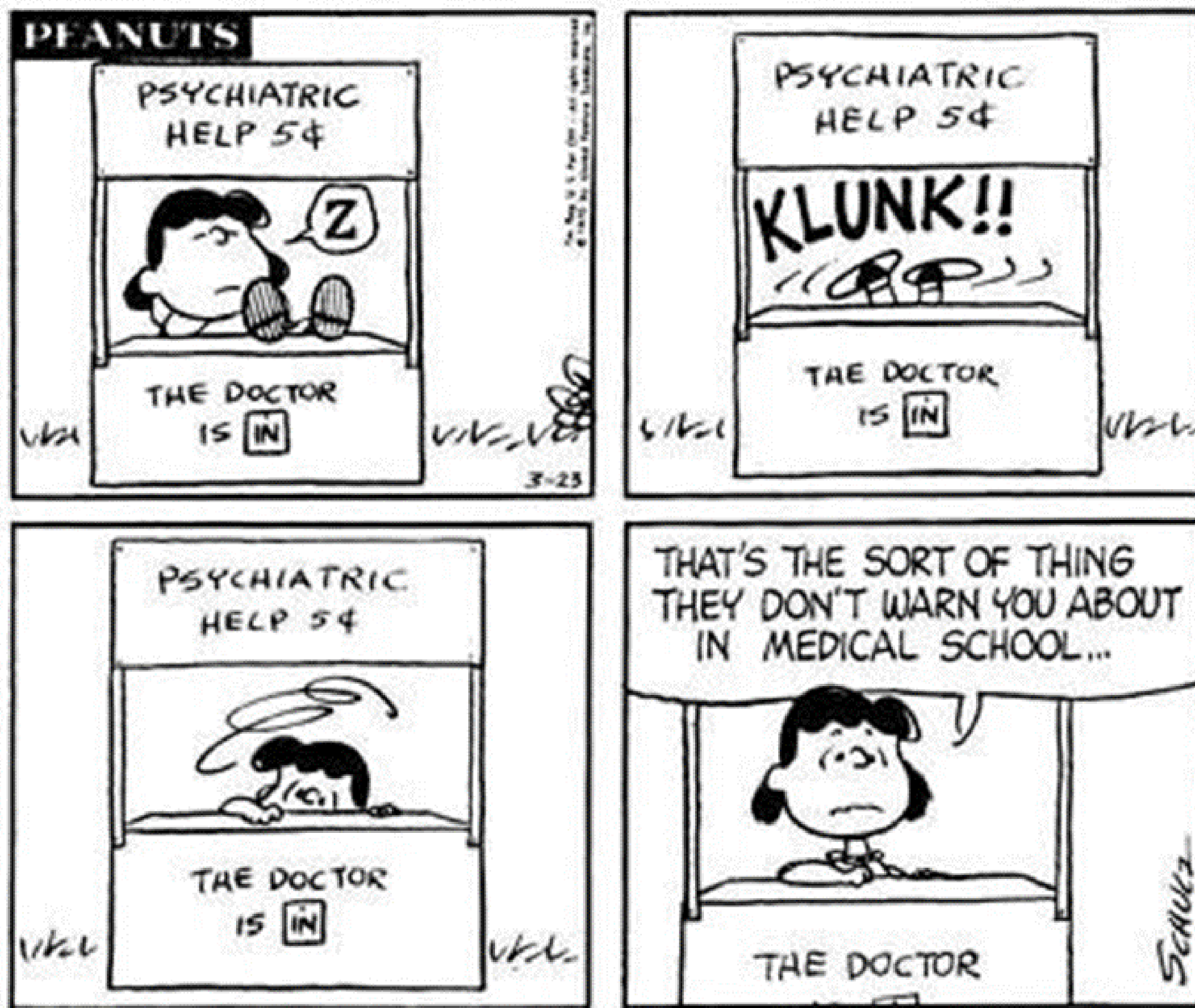
- Whoever can guess what these folders represent wins a lifetime supply of stress balls from our office!





# IMPORTANT

- TAKE CARE OF YOURSELF THROUGH THIS PROCESS



# UConn

PRE-MEDICAL AND  
PRE-DENTAL ADVISING  
OFFICE

# Thank you!

