Conflicts

• No financial conflicts of interest
• Voting Delegate, American Medical Association
Healthcare ≠ Public Health

• Preventive care is often cheaper than reactive care
• Doctor’s visits estimated to contribute to only 10% of health

• Personal determinants of health:
  • Dietary habits and nutrition
  • Activity level and socialization
  • Other harmful habits
  • Healthcare access
  • Health literacy
  • Personal beliefs

• Social & Systemic Determinants of Health:
  • Health equity
  • Data accuracy
  • Community
  • Education
  • Income inequality
Social & Systemic Determinants of Health
Public Policy is Public Health Policy

• Population health requires coordination and data
• Increasing focus on community health as a whole
• Most public policy affects living standards or health in some way
• Health equity is as important as other types of equity
• Equity becoming incorporated into corporate mission statements
• Advocacy, policy, community organizing, volunteerism, leadership
A Public Health Focused Career

• There are many avenues to get involved
• Focus primarily on a public health career
• Follow your interests or talents with a public health focus
• Subscribe to a public health newsletter to stay up-to-date
• Seek opportunities in public health departments or organizations
• Based on your skillset, build a public health-focused portfolio
Putting the Pieces Together

• Better public health is not just better healthcare
• Systemic inequities responsible for many health inequities
• We need public health warriors in most disciplines
• Think about your own community’s needs
• Research a couple interesting roles and build a portfolio
• Internships or volunteerism in public health departments, professional organizations, NGOs, or charitable foundations
• Stick with it and make it a healthy habit
Thank You

Ray Lorenzoni, MD
Delegate, Resident & Fellow Section, American Medical Association
Fellow, Pediatric Cardiology Advanced Imaging, Children’s Hospital Los Angeles