WELCOME BACK!

We're excited to report that our office will offer both virtual and in-person advising appointments during Fall 2021. Krista, Erin, and Keat will have rotating hours in-office (4th floor of Rowe) on Monday, Tuesday, and Thursday, and all advisors will have online availability.

To schedule an appointment:
- Attend a Fall 2021 group advising session or view one in a previous semester. Register for our live October session [here](#).
- After attending a group advising session, schedule an appointment for Pre-Dental (Dr. Abbott) via Nexus or for Pre-Medical (all advisors) by completing the Appointment Request Form on our website. More information can be found by visiting the “Make an Appointment” section of our website.
WE'RE OPEN
In-person Office Hours
WE'VE MISSED YOU! STOP BY, INTRODUCE YOURSELF TO KRISTA, ERIN, AND KEAT, AND GRAB A STRESS BALL.

ROWE
4th Floor

JOIN US EVERY THURSDAY IN THE MONTH OF OCTOBER FROM 1P.M. TO 3P.M. FOR WALK-IN ADVISING HOURS

https://uconn-cmr.webex.com/meet/pcp13001
UConn Pre-Medical/Pre-Dental Advising Office

VIRTUAL DROP-IN HOURS
Monday-Thursday @ 4pm-5pm
Come by and get your answers to all Medical and Dental School questions answered by your trusted advisor Paris Pruitt
UConn Pre-Medical/Pre-Dental Advising Office

VIRTUAL DROP-IN HOURS FOR FIRST GENERATION AND MINORITY STUDENTS

Monday-Thursday @ 5pm-6pm

Come by and get your answers to all Medical and Dental School questions answered by your trusted advisor Paris Pruitt
Husky Health Foundation Workshops
Virtual Fall Series 2021

- Co-Curricular Engagement
- Understanding Your Values
- Exploring Health Professions

Tues, Sept 28 2-3pm
Tues, Oct 19 2-3pm
Tues, Nov 9 2-3pm

Husky Health Foundation Workshops
Virtual Fall Series 2021

Understanding Your Values

When your values and profession align, you are more likely to find peace, fulfillment, and happiness in your work life. How do we lean into our values to make big decisions about our future? Join us to find out!

Join Here
https://uconnvtc.webex.com/meet/preadvis

UCONN Pre-Medical and Pre-Dental Advising Office
UCONN Student Activities Leadership & Organizational Development
CO-CURRICULAR ENGAGEMENT WORKSHOP RECORDING

The recording from our Co-Curricular Engagement workshop has been posted! Head to our site for more recordings from the Pre-Medical and Pre-Dental Advising Office’s application past workshops.

Other topics of interest:
• Navigating the Healthcare Admissions Interview
• Secondary Applications
• Personal Statements
• Selecting Schools to Apply to
• Letters of Recommendation: Who and How to Ask (with UConn OUR)

Watch the recordings here!

COMING SOON

CHAT WITH ALUMNI
VIRTUAL FALL SERIES

First Generation
Wed, Oct 6th 7pm

Growth Years
Wed, Oct 27th 7pm

MD-PhD Programs
Wed, Nov 17th 7pm
Use this link to explore the various student clubs and organizations on campus! Learn ways to strengthen your skills and readiness for health professional school, engage with the campus community and build networks, and even find fulfilling employment and/or research opportunities.

Our office encourages students to explore all that the university has to offer and become involved with clubs and experiences that speak to them.

To view a comprehensive list of health-related student groups, click here.
Please note that the Pre-Medical and Pre-Dental Advising Office will no longer be accepting Applicant Portfolio submissions after Friday, October 15, 2021. All applicants seeking a cover letter and coaching session must submit their completed applicant portfolio by 11:59 p.m. (EST) on Friday, October 15, 2021.
Important MCAT Registration Info

Scheduling for January and March through June 2022 test dates will begin on October 13 or 14 at noon ET depending on your preferred test center location.

Before registering in October, be sure to:
1. Fill out the first five tabs in the MCAT Registration System before opening day (between Sept. 24 and Oct. 12).
2. Watch a brief video on the MCAT Registration System to learn more.
3. Review the 2022 MCAT testing calendars.
4. Read these top 10 tips for registration.
5. Register and attend the MCAT Registration Opening Webinar on September 30 at 3:00 p.m. ET.

For more information, go to:
or email MCATAdvisors@aamc.org
Research Connections, part of UConn’s annual Month of Discovery, is intended to expose primarily first and second year students to UConn’s rich landscape of research through meaningful interactions with faculty, staff, graduate students, peers, and other key partners. Research Connections can involve offices, departments, and initiatives from across campus, spanning any discipline or area of study.

When: Friday, October 14 from 2–4 pm at Werth

REGISTER here
Attend the Fall Frontiers Poster Exhibition during UConn's Month of Discovery

OCTOBER 20, 2021 • 5-7 PM • WILBUR CROSS NRR

FALL FRONTIERS
UNDERGRADUATE RESEARCH POSTER EXHIBITION
Welcome to the 2021 Frontiers Online Exhibition! Like most aspects of the spring semester, Frontiers looks different this year. As we cannot gather safely in person to see students present their research and creative projects, we invited students to submit posters and short video presentations for compilation in this exhibition program. Links to those materials, hosted on the Portfolium e-portfolio platform, are included in the program alongside the individual project listings.

In addition to viewing and commenting on the projects in Portfolium, we invite you to participate in seven live, online presentation sessions to hear from student researchers and ask questions about their projects and experiences. Details about the live sessions are available on pages 4-6 of this program.

We thank students, faculty mentors, and staff colleagues for their patience, support, and positivity as Frontiers moved online. We are pleased to have this opportunity to celebrate students’ ideas, questions, explorations, discoveries, and creations in a form that keeps UConn Nation safe, healthy, and connected.

- UConn Office of Undergraduate Research

About Frontiers in Undergraduate Research
The Frontiers Exhibition is a multidisciplinary forum showcasing undergraduate research, scholarship, and creative projects at the University of Connecticut. Frontiers 2021 is the twenty-fourth annual Frontiers event sponsored by the Office of Undergraduate Research (OUR) and the second held online. This year’s exhibition includes 154 undergraduate students sharing 137 research and creative projects; a student index begins on p. 44.

Students' projects span the disciplines, with some pursued by individuals and others by groups of student collaborators. The projects presented reflect the invaluable contributions of research mentors, including graduate students, postdoctoral scholars, staff, and faculty members. We hope you enjoy learning about our students' innovative projects at this year's online exhibition!

About the Office of Undergraduate Research
The Office of Undergraduate Research (OUR) is a resource for students interested in enriching their undergraduate experience through participation in research, scholarship, and creative activity. OUR provides information and advising to assist students in identifying relevant opportunities, as well as several funding programs to support students and their faculty mentors.

Many of the Frontiers presenters have received financial support for their projects; OUR awarded over $620,000 in 2019-20 in support of students' research and creative endeavors. These awards are funded by OUR with generous support from the Office of the Provost, the Office of the Vice President for Research, the deans of the schools and colleges, and donations from alumni, parents, and other friends of UConn and undergraduate research.

View the event program here
WHAT IS NAB?

NAB is a nonprofit organization that partners with local memory care centers/homes, pairs college students with Alzheimer’s residents, and works to alleviate social isolation and bring awareness to Alzheimer’s disease by building friendships.

WHAT IS OUR MISSION?

NAB strives to empower students and individuals with Alzheimer’s disease to break through the boundaries imposed by the disease and discover a new identity together.

IS RECRUITING...

- Chapter Directors
- Student Volunteers

WHAT ARE THE ROLES OF A CHAPTER DIRECTOR?

- Fostering partnership between the university and memory care facility
- Recruiting volunteers passionate about working with those with Alzheimer’s disease
- Supporting volunteers through facilitating meetings to share experiences with buddies
The Southern New England Middle School Science Bowl is a quiz bowl competition in which teams of four answer challenging science, math, earth & space science, chemistry, energy, and physics questions in a fast-paced, timed setting. The students represent some of the strongest middle school STEM students in Connecticut and Rhode Island. The top team will advance to the National Science Bowl in Washington D.C.

The UConn Middle School Science Bowl (MSSB) Student Leadership Team is seeking students who are passionate about STEM and community outreach to help organize the 2022 MSSB event!

The competition will take place on **Saturday, February 26, 2022**

Apply for a leadership position [here](#)
**Dancers**

Individuals who help raise funds and awareness for Connecticut Children’s by dancing for 18 hours at the dance marathon event in February.

A group of individuals who are tasked with enthusiastically inspiring others to get involved in HuskyTHON throughout the year, as well as exciting fellow dancers during the event itself.

**Morale Captains**

Each Director on The Management Team will have a group of Captains under them that will help with their duties, their initiatives and in shaping the future of HuskyTHON!

**Captains**

Interested in starting your own team? Go ahead! You can register as your team’s Dancer Representative, acting as the liaison between your dancers and the Management Team.

**Dancer Representatives**

Those who cannot commit to the full 18 hours, but still want to remain involved by offering their help during the event for one (or more) three-hour shifts.

**Volunteers**

A leadership development program for first-time participants. It provides a chance to go behind-the-scenes and experience the planning that goes into HuskyTHON!

**HuskyTHON Rising Leaders**

Looking for the team experience but don’t have a team to register with? Join Jonathan’s Huskies! This team welcomes all participants who do not have a specific team to register with.

**Jonathan’s Huskies**

**Register Today!**

www.huskython.org

@huskython

exec@huskython.org
PERSONALIZED NUTRITION

Info Session
Wednesday, October 20th, 7:00PM EST

Learn more and register here:
http://evite.me/BPw94wY9eq

This 30-credit, fully online MS program takes a science-based approach to studying the role of individualized, precision nutrition in optimizing human health and disease prevention. Students will complete courses in nutrigenomics, clinical nutrition, nutritional biochemistry and metabolism, and the regulation and development of nutrition products in an asynchronous, flexible online format, taught by renowned UConn faculty. This program lays a solid foundation of skills and knowledge for personalized nutrition professionals, including certified nutrition specialists (CNS), and registered dietitian nutritionists (RDN), and other health-related fields.
SKILLS WORKSHOPS WEBINAR SERIES

Held Virtually from October 5 to October 30, 2021
All Sessions 5 PM to 6:30 PM (EST)
with the exception of the Saturday sessions

The Skills Workshops Webinar Series addresses the needs of underrepresented minority and disadvantaged high school and college students by providing concrete information on the skills needed for success in their academic career. This program also offers a session for parents/caregivers and a virtual internship fair!

Webinar Schedule

- Tuesday, October 5: 5:00 – 6:30 PM
  Getting into College and Succeeding
  High School Students

- Thursday, October 7: 5:00 – 6:30 PM
  Getting into Health Professional School and Succeeding
  College Students

- Thursday, October 14: 5:00 – 6:30 PM
  Finances and Your Education
  All Students

- Saturday, October 16: 9:00 – 10:30 AM
  Session for Parents/Caregivers of High School Students
  Parents/Caregivers of High School Students

- Tuesday, October 19: 5:00 – 6:30 PM
  Getting into Graduate School and Succeeding
  College Students

- Thursday, October 21: 5:00 – 6:30 PM
  Community College Pathways
  High School and Community College Students

- Tuesday, October 26: 5:00 – 6:30 PM
  Resume, Cover Letter and Interviewing Skills
  All students

- Saturday, October 30: 9:00 – 10:30 AM
  Internships and Summer Opportunities Panel
  NEW! Virtual Internship Fair

Please note each Webinar requires separate registration.

Registration Links for All Webinars - Click Title to Register.
https://www.bscp.org/event/skills-workshops-for-college-and-high-school-students/

Harvard Medical School
Office for Diversity Inclusion & Community Partnership
Website: www.dicp.hms.harvard.edu
Twitter: www.twitter.com/hms_dicp

Biomedical Science Careers Program
Website: https://bscp.org
Twitter: www.twitter.com/bscp_now

Questions? Hollie_DeSilva@hms.harvard.edu
Free and Low-Cost MCAT Study Resources from MCAT Self Prep

Dear premeds,

MCAT Self Prep is on a mission to provide students with free and low-cost study resources. Here is some information they've sent me regarding what they have to offer:

Here at MCAT Self Prep, we are on a mission to make MCAT prep affordable for all students. We offer a Free MCAT Prep Course that has allowed many students on a budget the same structure and organization of a fancy prep course without the thousand dollar price tag (See Our 100+ 5-star Google Reviews). Several students have used the principles of this eCourse to achieve 99th+ percentile MCAT scores. Our Free eCourse offers access to all of the following and more:

- **10 Content Modules**, in which you will find our YouTube playlists which bring together the Khan Academy, AK Lecture, Udemy, and Crash Course videos. We’ve also matched up the most popular content review books (Kaplan and Princeton Review) with each video playlist. Students love having all their low-cost study resources in one place.
- **Question of the Day Videos**, which feature video explanations for hundreds of practice questions.
- **Weekly MCAT Study Tips**, which will help students avoid key pitfalls as they study for this challenging exam.
- **Facebook Study Group**, We’ve created a community for students studying on their own for the MCAT. Here, students can post and answer questions, find study buddies, and even participate in online study sessions.
- **Quizlet Diagrams and Flashcards**, We’ve created countless Quizlet diagrams and flashcards that cover the Khan Academy video content.
- **Low-cost Pro Plans**, Our pro plans start at just $9, and offer help in areas such as making a personal study plan or accessing additional practice questions.
- **Low-cost Private Tutoring**, For students wanting individualized guidance and help, we offer affordable one-on-one tutoring sessions.

To get started, we’d highly recommend watching our Free Intro Session. It will introduce you to our eCourse, and provide you with essential study tips for starting your MCAT studying. You will learn the 6 Keys to Earning a Top MCAT Score, the 5 Essential Elements of an Effective Study Plan, 12 Tips for Taking the Best MCAT Study Notes, and more! At the end of the session, you will receive an exclusive coupon code for 10% off your first order of our already affordable resources.

If you have any questions, please feel free to contact me using one of the many contact forms at MCATSelfPrep.com. We are looking forward to helping you achieve a top MCAT score.

Warm regards,
Andrew George
Founder & Head Tutor
MCAT Self Prep
We are pleased to announce an immediate opening for a part-time (24-hours) Research Assistant in the Department of Medicine at Women & Infants Hospital of Rhode Island (WIH).

The Research Assistant conducts day-to-day research activities. These activities include data collection, data entry, data checking, screening patients for eligibility, consenting participants, conducting surveys, conducting literature review, conducting data analysis, and more. Bachelor’s degree required. Must have the COVID-19 vaccine.

This position will be filled as soon as a qualified candidate is identified. Health, dental, and other benefits are included.

Interested candidates are requested to send a CV to the Research Project Coordinator: Grace DeCost, GDecost@wihri.org
Touro College of Osteopathic Medicine

10 MONTH M.S. PROGRAM

This 10-month MS program provides students who are interested in becoming osteopathic and allopathic physicians an opportunity to prepare themselves for the academic rigors of medical school by immersing them into a biomedical curriculum that includes clinical anatomy, physiology, biochemistry, immunology, neuroanatomy, and histology. Students who are interested in dentistry, pharmacy, podiatry, and PhD programs can also strengthen their foundation in these core biomedical sciences through this program.

Graduates have the opportunity to directly matriculate as first year osteopathic medical students the following year. Direct matriculation from the MS program into the DO program is based upon meeting the following requirements: a) completion of the M.S. curriculum, b) a final MS program GPA of 3.450/4.0 or higher, and c) a passing grade on the Comprehensive Examination. Typically, 25-30 students are offered direct matriculation to TouroCOM after meeting these requirements.

Applications will be accepted from November 1st through May 15th.
- All applicants must have a baccalaureate degree from an accredited college or university or have completed at least 75% of their undergraduate credits.
- Must have completed their pre-requisite coursework with no grade below 2.0 on a 4.0-point scale.
- Must have an MCAT score and three letters of recommendation. Two letters should be written by individuals who can evaluate the applicant’s science background. An official letter from the College Premedical Committee may substitute for the three letters of recommendation.
- In the Fall of 2021 the average successful applicant had an MCAT score of 497 and an overall GPA of 3.31.

More information for potential applicants can be found on the Touro College of Osteopathic Medicine website.

Directions to apply found here: https://tourocom.touro.edu/admissions--aid/ms-applicants/
RESOURCES FOR PRE-DENTAL STUDENTS

FREE Dental Admissions Test Prep

At Erudition Prep, we are offering free, very detailed PAT explanations for the ADA Sample Items. These explanations include 3D graphics and gifs that will help students understand the objects tested by the ADA. You can find more information here - https://eruditionprep.com/pat/free-pat-explanations.html. Students can create free accounts in order to view these explanations.

We also provide a full PAT course, free for UConn students. The course is unique in that it (1) provides innovative graphics and gifs for all types of PAT questions and (2) provides a way to study systematically, progressing from easier to harder PAT questions.

UConn students can contact alicia.b@eruditionprep.com if interested in taking the full PAT course. More information can be found here - https://eruditionprep.com/pat/our-course.html.
**WEEKLY ON FRIDAYS 8PM EST**

**CIRCLE OF WILLIS DISCUSSION**

**WITH GUEST SPEAKER DR. JAMES RUTKA, EDITOR IN CHIEF OF THE JOURNAL OF NEUROSURGERY**

The head of the neurosurgical department at Mayo Arizona, Dr. Bernard Bendok, holds weekly meetings aimed towards individuals interested in neurosurgery in all levels of premedical and medical education called the Circle of Willis at 5 pm AZ time.

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**WATCH THIS**

You’re invited to a casual discussion with Japanese college students, where we’ll explore some of the critical similarities and differences between American and Japanese healthcare. It is part of a Showa Women’s University fall project where students explore specific American cultural topics.

**Showa Boston Discussion Series**

**HEALTHCARE IN JAPAN & THE US**

SUNDAY, SEPTEMBER 26, 8:30 - 9:30 PM EDT

REGISTER [HERE](#)
Spotlight on Services: Audiologist

"Audiologists are trained to diagnose, manage and treat hearing or balance problems for individuals from birth through adulthood. If you or a family member suspect that you have a hearing problem or a balance problem, contact an audiologist."

https://www.audiologist.org/patients/what-is-an-audiologist
Please find the September edition of “What’s Happening @ BSCP” a monthly roundup of upcoming offerings, resources and information for the BSCP community, as well as anything you may have missed!


That's it for now!
Stay tuned for our next newsletter...
Until then, stay in the loop with us by following us on social media!

Check out our Link Tree for more: linktr.ee/uconnpremed

Follow us on Instagram! @UConn_Premed_Predental