Pet Policy

If a pet enters the camera frame of a presenter during our orientation, we will "paws" our discussion for an introduction to that pet and admiration by all.
Foreword

~Our commitment~

At the Pre-Medical and Pre-Dental Advising Office, we recognize the importance of Black and Brown lives, acknowledge systems of oppression, and center diversity, equity, and inclusion in all aspects of our work.

To this end, we are committed to a sustained, holistic approach to advising that supports and celebrates the success of students from historically marginalized, underrepresented groups.
Get to Know Us

premed.uconn.edu
premed_predental@uconn.edu
Instagram: uconn_premed_predental

Rowe Building, 4th floor (Monday, Tuesday, Thursday)
Enrichment Programs

- **Enrichment Programs Department**
  - Honors Program
  - Individualized and Interdisciplinary Studies Program
  - Office of National Scholarships and Fellowships
  - Office of Pre-Professional Advising
    - Pre-Law Advising Office
    - Pre-Medical and Pre-Dental Advising Office
  - Office of Undergraduate Research
  - University Scholar Program
Enrichment Programs

Akshayaa Chittibabu ’19

- STEM Scholar in the Honors Program
- 2016 Holster Scholar
- Individualized Major: Health, Policy, and Social Medicine
- Health Research Program participant
- 2018 Truman Scholar
- 2019 Marshall Scholar

- Plans a career in public service as a physician and policymaker
Advisors

- Erin Ciarimboli, PhD, Director
- Thomas Abbott, PhD (Pre-Dental)
- Emma Belliveau, BS
- Heather Nunes, MS
- Paris Pruitt, MA
- Krista Rogers, MA
- Susan Ruggiero, MS
- Keat Sanford, PhD

- Advisor profiles
• Group advising (attend at least once)
  ○ 9/13 (10-11:30 am)
  ○ 10/14 (4-5:30 pm)
  ○ 11/15 (12-1:30 pm)

• 1:1 advising
  ○ Making a pre-med appt (website)
  ○ Making a pre-dent appt (Dr. Abbott on Nexus)
Let's Connect

- Health Professions Peer Ambassadors
  - Six inaugural members
  - Details coming soon [here](#)!

Aesha
Anthony
Keely
Nour
Qristine
Yulianny
Let's Connect

Drop-in advising

Join our pre-medical advisor Paris Pruitt Monday through Thursday from 4 p.m. to 5 p.m. to ask any questions you may have regarding your pre-medical journey.

Join her at https://uconn-cmr.webex.com/meet/pcp13001

WE'RE OPEN!

Join us every Thursday in the month of October from 1 p.m. to 3 p.m. for walk-in advising hours.
Planning Ahead

- Emailing list/weekly newsletter
  - Email premed_predental@uconn.edu to join

- Spring MCAT review course

- Pre-Medical and Health Professions Post-Baccalaureate Program
Fall 2021 Workshops

- Husky health foundations workshops (Tu / 2-3 pm)
  - 9/28: Co-curricular engagement
  - 10/19: Competencies, motivation, leadership
  - 11/9: Exploring health professions
Fall 2021 Workshops

- **Chat with alumni (W / 7-8 pm)**
  - 10/6: First-gen college students
  - 10/27: Growth years
  - 11/17: MD/PhD
Past Workshops

Chat with Alumni
Representation Matters in Healthcare:
Black Males in Medicine

Tuesday, 4/20 6:00-7:00 pm
uconnvtc.webex.com/meet/preadvis

Ireshuwatosiwa "Ire" Opayomi (UConn '28) is a first-year student at the UConn School of Medicine (UConn Med '24). Ire has recently earned his Bachelor of Science in Molecular and Cell Biology and minor in Psychology this past May. Being a big proponent of mental health, advocacy and equity, he is the Vice President of Medical Minds Matter, Secretary of the Medical and Dental Student Government and the Secretary of the UConn Chapter of the Student National Medical Association. Through these positions, he wants to help eliminate the stigma of mental health in healthcare and more specifically in minority cultures.

John Denim

Timothy Mason (UConn '28) is currently a first-year medical student at the UConn School of Medicine. Outside of class, he is a part of an interprofessional student group focused around raising vaccine confidence in the community. He graduated from UConn in May 2020 with a B.S. in Molecular and Cell Biology. During his time at UConn he rowed for the men's crew team, coordinated the mentoring program for BIOL 1107, and participated in two of UConn's Learning Communities, SchOLARS and Public Health House. In his spare time he enjoys skating at local bike trails and rowing at the community boathouse in Hartford.

Navigating the Healthcare Admissions Interview
Wednesday, July 21st

9:00AM to 10:15AM - Workshop presentation for current cycle applicants

10:30AM to 11:45AM - Alumni Panel 1

5:30PM to 6:45PM - Alumni Panel 2

All events will take place at uconnvtc.webex.com/meet/preadvis and will be recorded.
Holistic Admissions

- “Holistic review is an admissions process that considers each applicant individually by balancing their academic metrics with experiences and attributes.” (AAMC)

- “Holistic review—a flexible, individualized applicant assessment tool—provides admissions committees a balanced means of considering candidates’ personal experiences, attributes and academic credentials, along with qualities and characteristics that would prove valuable in both dental school and the oral health profession.” (ADEA)
Your major can be anything as long as you demonstrate strength in the core entrance requirements!

- Breadth, depth, rigor
- Coursework requirements
- AP credit policies
Co-curricular engagement

- Clinical experience
  - Shadowing
  - Direct patient care
- Service
- Research, independent scholarship
- Extracurriculars for fun and interest!

- Community Outreach
- Office of Undergraduate Research
- UConntact
Successful medical school applicants are able to demonstrate skills, knowledge, and abilities in these areas. One experience can illustrate proficiency across multiple competencies.” (AAMC)

15 Core Competencies
Examples
Takeaways

~Pursue your passions~

- Health professional schools are interested in interesting people
- Explore: What do you want to get out of your undergraduate education?
- Make the most of your 3-4 years ahead!
- "Don't have such an orgo personality"
Applicant Support

- Applicant workshops (2022)
  - Application orientation
  - Selecting schools
  - Personal statements
  - Secondaries
  - Interviews
Applicant Support

- **Comprehensive applicant support process**
  - Health Professions Applicant Portfolio
  - Health Professions Letter Packet
    - Personalized cover letter
  - 45-minute Applicant Coaching Session

Letter Packet Process

1. Submit your Applicant Portfolio
2. Discuss it in a Coaching Session
3. Advising Office compiles & submits your Letter Packet

- Request & collect individual letters
- Provide your Application ID(s)
Resources

- **Pre-Med/Dent Advising Office website:**
  - premed.uconn.edu

- **General**
  - Explore Health Careers.org
  - Preparing for medical school (AAMC)
  - Preparing for medical school (AACOM)
  - Preparing for dental school (ADEA)

- **UConn**
  - Center for Career Development (CCD)
  - Center for Students with Disabilities (CSD)
  - Q Center
  - W Center
  - Academic Achievement Center
Thanks!